

# Statistics on NHS Stop Smoking Services: England, April 2012 – March 2013

Published 30 October 2013

This product may be of interest to members of the public and stakeholders to enable them to make local and national comparisons and gain an understanding of the range of services available.

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## Contents

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<b>Executive Summary</b>	<b>5</b>
<b>1 Introduction</b>	<b>8</b>
<b>2 Key Results</b>	<b>11</b>
2.1 Introduction	11
2.2 Overall results	11
2.3 Demographic characteristics	12
2.4 Use of services by pregnant women	13
List of Tables	16
<b>3 Geographical patterns</b>	<b>24</b>
3.1 Introduction	24
3.2 Strategic Health Authorities	24
3.3 Primary Care Trusts	26
References	28
List of Tables	29
<b>4. Treatment and Expenditure</b>	<b>60</b>
4.1 Introduction	60
4.2 Treatment	60
4.3 Expenditure on NHS Stop Smoking Services	62
References	64
Summary: Key results in 2012/13	65
List of Tables	66
<b>5 Impact of quarterly revisions</b>	<b>80</b>
5.1 Introduction	80
5.2 Impact on numbers of people setting a quit date and successful quitters	80
5.3 Impact on expenditure data	81
List of Tables	82
<b>6 Review of Experimental Statistics / Data Quality</b>	<b>86</b>
6.1 Introduction	86
6.2 Data quality report	86

6.3 National and Strategic Health Authority data	88
List of Tables	89
<hr/>	
<b>Appendix A: Government policy and targets</b>	<b>102</b>
<b>Appendix B: Technical Notes</b>	<b>105</b>
<b>Appendix C: Editorial Notes</b>	<b>113</b>
<b>Appendix D: Further Information</b>	<b>114</b>
<b>Appendix E: Statistical return form 2012/13</b>	<b>115</b>
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# Executive Summary

This annual report presents results from the monitoring of the NHS Stop Smoking Services in England during the period April 2012 to March 2013. Whilst this report refers to the number of people setting a quit date and the number of successful quitters, it is possible that the same individual may have made more than one quit attempt during the year. In such instances, the data providers are asked to record the details of each quit attempt for collection and analysis purposes. As the data is obtained via an aggregate, rather than a record-level collection, it is not possible to ascertain the number of individuals who do in fact make multiple quit attempts in the same year. This has been the situation consistently throughout the time series, so comparisons with previous years are on a like-for-like basis.

The NHS Stop Smoking Services offer support to help people quit smoking. This can include intensive support through group therapy or one-to-one support. The support is designed to be widely accessible within the local community and is provided by trained personnel, such as specialist smoking cessation advisors and trained nurses and pharmacists.

This report includes information on the number of people setting a quit date and the number who successfully quit at the 4 week follow-up. It also presents in depth analyses of the key measures of the service including pregnant women, breakdowns by ethnicity and type of pharmacotherapy received. The results are provided at Strategic Health Authority (SHA) and Primary Care Trust (PCT) levels.

The report presents final information for the year and also includes a review of the extent to which revisions have been made to the quarterly provisional data.

## Main findings: <sup>1</sup>

The main findings for England, during the period April 2012 to March 2013 are:

- 724,247 people set a quit date through NHS Stop Smoking Services. This is an 11% decrease (92,197) from 2011/12 when 816,444 people set a quit date. This is the first time since 2008/09 that there has been a decline in the number of people setting a quit date, although numbers are still just over three times as high than 2002/03 when 234,858 people set a quit date.

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<sup>1</sup> Data returned by Manchester PCT for 2012/13 have not been used in this report due to issues with data quality. This report was delayed from its original publication date of 15 August 2013 to allow for these issues to be resolved; however this has not been possible. Data returned for Manchester PCT for 2011/12 have been used in place of the 2012/13 submission in this report as they are the most recent and reliable data available.

- At the 4 week follow-up 373,872 people had successfully quit (based on self-report), this is a 7% decrease (27,083) on the number reported in 2011/12 when 400,955 people successfully quit. Again this is the first time since 2008/09 that there has been a decline in the number of people successfully quitting, but numbers are just over three times as high than 2002/03 when 124,082 people successfully quit.
- Just over half (52%) of those setting a quit date in 2012/13 successfully quit. This is around 3 percentage points higher than the 49% success rate seen in 2009/10 to 2011/12.
- As in previous years more women than men set a quit date (376,410 women compared with 347,837) and more women than men successfully quit (190,035 compared with 183,837), although the success rate of giving up smoking was slightly higher among men than women (53% and 50% respectively).
- Of those who set a quit date, success rates generally increased with age from 34% for those aged under 18, to 59% in those aged 60 and over.
- There has been a steady increase in the number of people from ethnic minority groups<sup>2</sup> setting a quit date through the services, from 8,252 in 2002/03 (4% of all people setting a quit date) to 60,279 in 2012/13 (8% of all those setting a quit date).
- Among the ethnic minority groups less women set a quit date than men, only 20,040 women from minority ethnic groups set a quit date in 2012/13, compared with 40,239 men. Overall women had a lower success rate than men; the success rate was also lower among women than in men from ethnic minority groups (47% and 51% respectively).
- 21,780 pregnant women set a quit date with NHS Stop Smoking Services, compared to 26,080 in 2011/12 and 6,770 in 2002/03. This is the first time since 2008/09 there has been a decrease in the number of pregnant women setting a quit date. 47% (10,222) of pregnant women setting a quit date successfully quit, this is a higher success rate than seen in 2009/10 to 2011/12 (45%) but a fall from 2005/06 when the success rate peaked at 53%.
- Among Strategic Health Authorities (SHA), East Midlands SHA reported the highest proportion of successful quitters (57%), whilst North East SHA reported the lowest proportion of successful quitters (47%).
- Among Primary Care Trusts (PCTs), Warrington PCT reported the highest proportion of successful quitters (78%), while Salford and Blackpool PCT reported the lowest success rate (36%).
- Among all clients who set a quit date, the majority (65%) received Nicotine Replacement Therapy (NRT) only. A further 25% received Varenicline (Champix) only, 1% received Bupropion only and 2% received both NRT and Varenicline. Less than 0.1% had received both NRT and Bupropion. 5% of people setting a quit date did not receive any pharmacotherapy.

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<sup>2</sup> Clients from an 'ethnic minority group' are those in the Asian, Black, Mixed and Other categories. Those whose ethnicity was unknown were excluded from the denominator of the calculation.

- Of those who used Varenicline only, 62% successfully quit, compared with 56% who received Bupropion only and 48% of those who used NRT only. Over half (56%) of those who did not receive any pharmacotherapy successfully quit <sup>3</sup>.
- Total expenditure on NHS Stop Smoking Services was £87.7 million, £0.5 million less than in 2011/12 when it was £88.2 million and almost £63.2 million more than in 2002/03 when expenditure was £24.5 million.
- The cost per quitter was £235, in 2012/13 7% higher than in 2011/12 and 19% higher than in 2002/03 when the cost per quitter was £197. These figures do not include expenditure on pharmacotherapies. Please note these are cash terms comparisons and have not been adjusted for inflation.

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<sup>3</sup> These data should not be used to assess or compare the clinical effectiveness of the various pharmacotherapies as they reflect only the results obtained through the NHS Stop Smoking Services, and are not based on clinical trials. A trained stop smoking advisor discusses and agrees the treatment option with each client.

# 1 Introduction

This statistical bulletin presents results from the NHS Stop Smoking Services in England for the period April 2012 to March 2013. The statistics presented in this bulletin supersede the provisional results previously published for quarters 1, 2 and 3 within this period and are the finalised figures for 2012/13.

The NHS Stop Smoking Services offer support to help people quit smoking. This can include intensive support through group therapy or one-to-one support. The support is designed to be widely accessible within the local community and is provided by trained personnel, such as specialist smoking cessation advisors and trained nurses and pharmacists. These services complement the use of pharmacotherapies: Nicotine Replacement Therapy (NRT), Bupropion (Zyban) and the more recently introduced Varenicline (Champix).

Stop Smoking Services (SSS) data form an essential part of the current Operating Framework Indicators and enable the Department of Health to monitor performance and identify best practice. This data also assists Strategic Health Authorities (SHAs) in monitoring Primary Care Trusts' (PCTs) performance and helps PCTs to benchmark their performance and identify which treatment settings and intervention types are consistently getting the best results. The statistics also inform members of the public who may intend to stop smoking about the local settings that are available to them and what their relative success rates are.

Data in this report is presented at National, Regional, SHA and PCT level.

From April 2013 responsibility for NHS Stop Smoking Services moved from the Department of Health to Public Health England and responsibility for commissioning these services moved from PCTs to Local Authorities (LAs). Therefore from April 2013 this data will be collected and reported at LA level rather than by PCT and SHA. The 2012/13 report covers the period from April 2012 to March 2013 when PCTs were still in existence, so the data in this report is presented by PCT. As PCT and LA boundaries are not coterminous, aggregate figures by Region are presented in all geographic tables this year and next year to aid comparability. Further information on this change can be found in page 5 of the NHS Stop Smoking Services guidance document:

<https://www.gov.uk/government/publications/stop-smoking-service-monitoring-and-guidance-update-published>

Data returned by Manchester PCT for 2012/13 have not been included in this report due to issues with data quality. The annual report was delayed from its original publication date of 15 August 2013 to allow for these issues to be resolved; however this has not been possible. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission in this report as they are the most recent and reliable data available and enable national reporting comparable with previous years. This does not affect finance data for Manchester PCT for 2012/13. The HSCIC are continuing to work with Manchester to resolve the issues with their submission.



**Chapter 2** presents key results from the NHS Stop Smoking Services in 2012/13, together with an analysis of trends in the performance of the service over recent years. In addition to this, various demographic characteristics are explored which include gender, age and ethnicity. The chapter also reports on the use of NHS Stop Smoking Services by pregnant women.

**Chapter 3** presents geographical patterns in NHS Stop Smoking Services at a sub-national level, providing analysis for Regions, SHAs and PCTs

**Chapter 4** provides some information on the various treatments used in NHS Stop Smoking Services to help people stop smoking, including successful quitters by type of pharmacotherapy received and successful quitters by intervention type. The chapter also reports on the costs associated with running the services and costs from prescriptions for pharmacotherapies used to help people to quit.

**Chapter 5** provides information on the impact of revisions on the quarterly data at England level, to aid the interpretation of the quarterly provisional data. Quarterly stop smoking data is provisional at the time of publication for each of the three quarterly reports and is subsequently revised throughout the year. All data in this annual report are final.

**Chapter 6** aims to specify and quantify aspects of data quality associated with the new data items first collected in 2008/09, which have been labelled as experimental statistics. The analyses focus on clients setting a quit date.

Time series data have now been standardised with a longer time series for the higher level data (10 years) and a shorter time series for the more detailed level (5 years). Data from previous years is available in earlier reports.

References to sources for further information are given throughout the bulletin. The Health and Social Care Information Centre (HSCIC) also publish '*Statistics on Smoking: England, 2013*' which may be of interest to those involved in NHS Stop Smoking Services and those interpreting the statistics on NHS Stop Smoking Services. This publication includes data on smoking prevalence, smoking during pregnancy, and knowledge and attitudes towards smoking and is available via the following link:

<http://www.hscic.gov.uk/pubs/smoking13>

This bulletin contains five appendices. **Appendix A** provides information on relevant government policy. **Appendix B** describes the technical aspects of the NHS Stop Smoking Services. **Appendix C** sets out the editorial notes in respect to the tables. **Appendix D** contains links to previous publications as well as provisional publication dates for future reports. **Appendix E** contains a copy of the return form used by PCTs to submit data to the HSCIC in 2012/13.

## Successful Quitters

Where 'successful quitters' are mentioned in this report, this refers to those people who successfully quit at the four-week follow-up. A client is counted as a 'self-reported 4-week quitter' if when assessed 4 weeks after the designated quit date, they declare that they have not smoked, even a single puff on a cigarette, in the past two weeks.

This information is collected on NHS Stop Smoking Services returns in line with requirements from the Department of Health (DH).

### **Carbon Monoxide (CO) Monitoring**

Clients who self-report as having quit at the 4-week follow up are required to have their Carbon Monoxide (CO) levels monitored as a validation of their quit attempt (unless the intervention was by telephone).

## 2 Key Results

### 2.1 Introduction

This chapter presents the key results from the NHS Stop Smoking Services in 2012/13, together with an analysis of trends in the performance of the service over recent years. In addition to key results, this chapter also looks at various demographic characteristics of those using the service and the use of services by pregnant women.

Data returned by Manchester PCT for 2012/13 have not been included in this report due to issues with data quality. The annual report was delayed from its original publication date of 15 August 2013 to allow for these issues to be resolved; however this has not been possible. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission in this report as they are the most recent and reliable data available and enable national reporting comparable with previous years. This does not affect finance data for Manchester PCT for 2012/13. The HSCIC are continuing to work with Manchester to resolve the issues with their submission.

### 2.2 Overall results

During the period April 2012 to March 2013, 724,247 people set a quit date through the NHS Stop Smoking Services. The number of people setting a quit date in 2012/13 was 11% (92,197) lower than

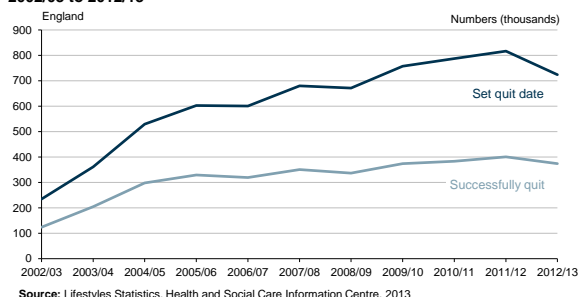
in 2011/12 when 816,444 people set a quit date. This is the first time since 2008/09 that there has been a decline in the number of people setting a quit date, although numbers are just over three times as high than 2002/03 when 234,858 people set a quit date.

Just over half (52%) of those setting a quit date in 2012/13 successfully quit (373,872). This is around 3 percentage points higher than the 49% success rate seen in 2009/10 to 2011/12. A further 26% (185,603) failed to quit, while 23% (164,772) were lost to follow up.

**In 2012/13, 373,872 people successfully quit smoking with NHS Stop Smoking Services.**

Although the success rate increased in 2012/13, the number of successful quitters was 7% (27,083) lower than in 2011/12 when 400,955 people successfully quit. Again this is the first time since 2008/09 that there has been a decline in the number of people successfully quitting, but numbers are still just over three times as high than 2002/03 when 124,082 people successfully quit. (Table 2.1, Figure 2.1)

**Figure 2.1** Number of people setting a quit date and successful quitters, 2002/03 to 2012/13

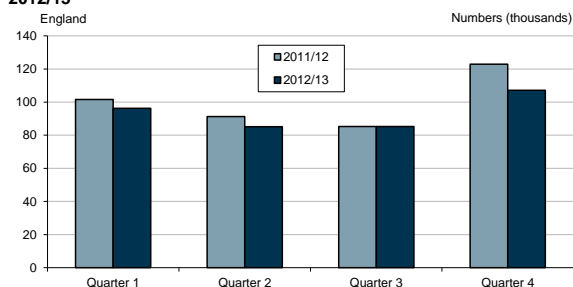


Of the 373,872 successful quitters, 71% (265,140) were confirmed as successful quitters using carbon monoxide (CO) validation.

During Quarter 4 (covering the period 1<sup>st</sup> January to 31<sup>st</sup> March 2013) more people set a quit date and successfully quit than in the previous three quarters, a pattern seen in previous years.

The number of people setting a quit date in each quarter of 2012/13 was lower than the previous year for all quarters. The number of those who successfully quit in each quarter of 2012/13 was lower than the previous year for all but one quarter (quarter 3). (Table 2.2, Figure 2.2). This is different to the pattern seen in the previous three years (2009/10 to 2011/12) when the number of setters and quitters for each quarter was higher than the equivalent quarter in the previous year

**Figure 2.2** Number of successful quitters, by quarter, 2011/12 and 2012/13



Source: Lifestyles Statistics. Health and Social Care Information Centre, 2013

There has been a decrease in the number of people setting a quit date and

successfully quitting per 100,000 of the population in 2012/13. The number of people setting a quit date has decreased from 1,923 in 2011/12 to 1,681 in 2012/13, and the number successfully quitting has decreased from 944 in 2011/12 to 868 in 2012/13. (Table 2.3)

## 2.3 Demographic characteristics

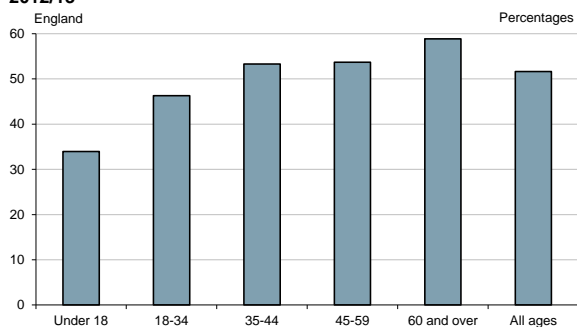
### 2.3.1 Results by gender

As in previous years, more women than men set a quit date with the services (376,410 women compared with 347,837 men). Of those setting a quit date, more women successfully quit than men (190,035 compared with 183,837), although the success rate of giving up smoking was higher among men than women (53% and 50% respectively), a pattern also seen in previous years. (Table 2.4)

### 2.3.2 Results by age group

The success rate of giving up smoking generally increased with age, from 34% for those aged under 18, to 59% of those aged 60 and over. Thirty two per cent of those under 18 were unsuccessful in their quit attempt, compared to 26% across all age groups. (Table 2.4, Figure 2.3)

**Figure 2.3 Percentage of successful quitters, by age group, 2012/13**

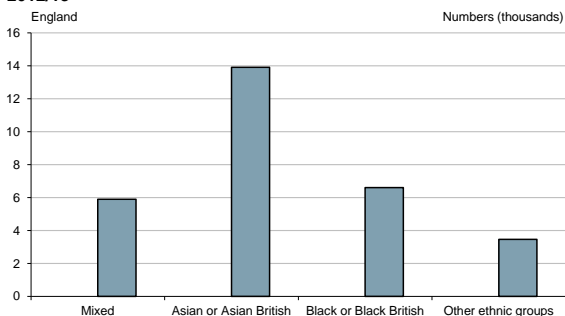


Source: Lifestyle Statistics. Health and Social Care Information Centre, 2013

### 2.3.3 Results by ethnicity

As with previous years, the majority (88%) of people setting a quit date with the services were White (635,869). Among the ethnic minority groups<sup>4</sup>, the Asian or Asian British ethnic group had the largest number of people setting a quit date (26,487) and successfully quitting (13,904). The success rate of those giving up smoking was highest among the White group and the Asian or Asian British group (52% for both groups) and lowest among the Mixed ethnic group (46%). (Table 2.5, Figure 2.4)

**Figure 2.4 Number of successful quitters, by ethnic minority group, 2012/13**



Source: Lifestyles Statistics. Health and Social Care Information Centre, 2013

Figures for the White/White British ethnic category (329,919) are not presented in the chart for reasons of scale, in order to allow for differences between the other ethnic groups to be visualised.

<sup>4</sup> Clients from 'ethnic minority groups' are those in the Asian, Black, Mixed and Other categories. Those individuals whose ethnicity was unknown were excluded from the denominator of the calculation.

Overall more women set a quit date through the services than men however, among the ethnic minority groups the opposite was reported. Only 20,040 women from minority ethnic groups set a quit date in 2012/13, compared with 40,239 men. Overall women had a lower success rate than men; the success rate was also lower among women than in men from ethnic minority groups (47% and 51% respectively).

Among the ethnic minority groups, Asian or Asian British men had the highest number of people setting a quit date with the services (26,487) and the highest number who successfully quit (13,904). Among women in the ethnic minority groups, those from mixed background had the highest number of people setting a quit date with the services (6,650) and the highest number successfully quit (2,905) (Table 2.5)

There has been a gradual increase in the number of people from ethnic minority groups setting a quit date through the services from 8,252 in 2002/03 (4% of all people setting a quit date) to 60,279 in 2012/13 (8% of all those setting a quit date). (Table 2.6)

**Over seven times as many people from minority ethnic groups set a quit date in 2012/13 compared to 2002/03**

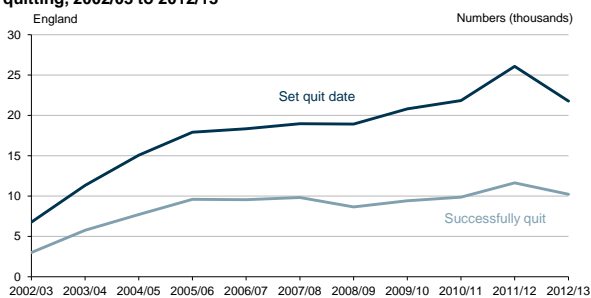
## 2.4 Use of services by pregnant women

In 2012/13, 21,780 pregnant women set a quit date with NHS Stop Smoking Services, compared to 26,080 in 2011/12

and 6,770 in 2002/03. This is the first time since 2008/09 there has been a decrease in the number of pregnant women setting a quit date.

In 2012/13, 47% (10,222) of pregnant women setting a quit date successfully quit, this is a higher success rate than seen in 2009/10 to 2011/12 (45%) but a fall from 2005/06 when the success rate peaked at 53%. (Table 2.7, Figure 2.5)

**Figure 2.5 Number of pregnant women setting a quit date and successfully quitting, 2002/03 to 2012/13**



Source: Lifestyles Statistics. Health and Social Care InformationCentre, 2013

## Summary: Key results in 2012/13

In 2012/13 724,247 people set a quit date through the NHS Stop Smoking Services and 373,872 people successfully quit.

The percentage of successful quitters was 52%, this is around 3 percentage points higher than the 49% success rate seen in 2009/10 to 2011/12.

The number of people setting a quit date was 11% (92,197) lower than in 2011/12 when 816,444 people set a quit date. This is the first time since 2008/09 that there has been a decline in the number of people setting a quit date, although numbers are still over three times as high than 2002/03 when 234,858 people set a quit date.

Overall more women set a quit date through the services than men, however, among the ethnic minority groups the opposite was reported. Only 20,040 women from minority ethnic groups set a quit date compared with 40,239 men.

21,780 pregnant women set a quit date with NHS Stop Smoking Services, compared to 26,080 in 2011/12 and 6,770 in 2002/03. This is the first year since 2008/09 that there has been a decrease in the number of women setting a quit date.

47% (10,222) of pregnant women setting a quit date successfully quit, this is a higher success rate than seen in 2009/10 to 2011/12 (45%) but a fall from 2005/06 when the success rate peaked at 53%.

## List of Tables

- 2.1 People setting a quit date and outcome, 2002/03 to 2012/13
- 2.2 People setting a quit date and successful quitters, by quarter, 2002/03 to 2012/13
- 2.3 People setting a quit date and successful quitters per 100,000 population, 2002/03 to 2012/13
- 2.4 Number setting a quit date and outcome, by gender and age group, April 2012 to March 2013
- 2.5 Number setting a quit date and successful quitters, by ethnic group and gender, April 2012 to March 2013
- 2.6 People setting a quit date, by ethnic group and gender, 2002/03 to 2012/13
- 2.7 Pregnant women setting a quit date and outcome, 2002/03 to 2012/13



**Table 2.1 People setting a quit date and outcome<sup>1</sup>, 2002/03 to 2012/13<sup>2</sup>**

England	Numbers / Percentages										
	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13 <sup>2</sup>
<b>Numbers</b>											
Number setting a quit date	234,858	361,224	529,567	602,820	600,410	680,289	671,259	757,537	787,527	816,444	724,247
<b>Outcome at 4 weeks</b>											
Number of successful quitters	124,082	204,876	298,124	329,681	319,720	350,800	337,054	373,954	383,548	400,955	373,872
Number who had not quit	56,106	82,381	120,232	144,658	150,290	180,936	180,834	198,703	215,492	217,318	185,603
Number not known/lost to follow up	54,670	73,967	111,211	128,481	130,400	148,553	153,371	184,880	188,487	198,171	164,772
<b>Carbon Monoxide (CO) validation<sup>3</sup></b>											
Number of successful quitters, confirmed by CO validation	83,163	127,493	191,251	210,415	198,052	208,742	224,278	256,713	269,293	288,612	265,140
<b>Percentages</b>											
Percentage setting a quit date	100	100	100	100	100	100	100	100	100	100	100
<b>Outcome at 4 weeks</b>											
Percentage of successful quitters	53	57	56	55	53	52	50	49	49	49	52
Percentage who had not quit	24	23	23	24	25	27	27	26	27	27	26
Percentage not known/lost to follow up	23	20	21	21	22	22	23	24	24	24	23
<b>CO validation<sup>3</sup></b>											
CO validated quitters as a percentage of clients setting a quit date	35	35	36	35	33	31	33	34	34	35	37
CO validated quitters as a percentage of successful quitters (self-report)	67	62	64	64	62	60	67	69	70	72	71

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation should be attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 2.2 People setting a quit date and successful quitters<sup>1</sup>, by quarter, 2002/03 to 2012/13<sup>2</sup>**

England	Numbers / Percentages		
	Number setting a quit date	Number of successful quitters	Percentage who successfully quit
1 April to 30 June 2002	59,810	30,752	51
1 July to 30 September 2002	49,049	24,976	51
1 October to 31 December 2002	48,511	25,382	52
1 January to 31 March 2003	77,488	42,972	55
<b>Total: April 2002 to March 2003</b>	<b>234,858</b>	<b>124,082</b>	<b>53</b>
1 April to 30 June 2003	68,620	36,573	53
1 July to 30 September 2003	67,075	35,968	54
1 October to 31 December 2003	76,400	43,615	57
1 January to 31 March 2004	149,129	88,720	59
<b>Total: April 2003 to March 2004</b>	<b>361,224</b>	<b>204,876</b>	<b>57</b>
1 April to 30 June 2004	104,420	56,192	54
1 July to 30 September 2004	103,969	56,058	54
1 October to 31 December 2004	109,781	62,121	57
1 January to 31 March 2005	211,397	123,753	59
<b>Total: April 2004 to March 2005</b>	<b>529,567</b>	<b>298,124</b>	<b>56</b>
1 April to 30 June 2005	145,538	76,495	53
1 July to 30 September 2005	126,367	65,693	52
1 October to 31 December 2005	122,034	66,690	55
1 January to 31 March 2006	208,881	120,803	58
<b>Total: April 2005 to March 2006</b>	<b>602,820</b>	<b>329,681</b>	<b>55</b>
1 April to 30 June 2006	137,803	68,901	50
1 July to 30 September 2006	117,003	59,967	51
1 October to 31 December 2006	119,986	63,659	53
1 January to 31 March 2007	225,618	127,193	56
<b>Total: April 2006 to March 2007</b>	<b>600,410</b>	<b>319,720</b>	<b>53</b>
1 April to 30 June 2007	171,192	86,781	51
1 July to 30 September 2007	179,302	89,496	50
1 October to 31 December 2007	136,771	71,517	52
1 January to 31 March 2008	193,024	103,006	53
<b>Total: April 2007 to March 2008</b>	<b>680,289</b>	<b>350,800</b>	<b>52</b>
1 April to 30 June 2008	149,395	73,361	49
1 July to 30 September 2008	143,683	70,912	49
1 October to 31 December 2008	139,620	71,846	51
1 January to 31 March 2009	238,561	120,935	51
<b>Total: April 2008 to March 2009</b>	<b>671,259</b>	<b>337,054</b>	<b>50</b>
1 April to 30 June 2009	185,852	89,358	48
1 July to 30 September 2009	167,423	79,842	48
1 October to 31 December 2009	161,056	79,962	50
1 January to 31 March 2010	243,206	124,792	51
<b>Total: April 2009 to March 2010</b>	<b>757,537</b>	<b>373,954</b>	<b>49</b>
1 April to 30 June 2010	190,418	89,415	47
1 July to 30 September 2010	177,813	85,206	48
1 October to 31 December 2010	167,591	82,041	49
1 January to 31 March 2011	251,705	126,886	50
<b>Total: April 2010 to March 2011</b>	<b>787,527</b>	<b>383,548</b>	<b>49</b>
1 April to 30 June 2011	212,308	101,555	48
1 July to 30 September 2011	189,932	91,318	48
1 October to 31 December 2011	171,382	85,216	50
1 January to 31 March 2012	242,822	122,866	51
<b>Total: April 2011 to March 2012</b>	<b>816,444</b>	<b>400,955</b>	<b>49</b>
1 April to 30 June 2012	192,294	96,274	50
1 July to 30 September 2012	167,450	85,160	51
1 October to 31 December 2012	162,775	85,262	52
1 January to 31 March 2013	201,728	107,176	53
<b>Total: April 2012 to March 2013</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>

1. A client counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

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**Table 2.3 People setting a quit date and successful quitters<sup>1,2</sup> per 100,000 population<sup>3,4</sup>, 2002/03 to 2012/13<sup>5</sup>**

England	Numbers	
	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over
2002/03	590	312
2003/04	902	511
2004/05	1,312	739
2005/06	1,494	817
2006/07	1,473	784
2007/08	1,655	854
2008/09	1,619	813
2009/10	1,812	895
2010/11	1,870	911
2011/12	1,923	944
2012/13 <sup>5</sup>	1,681	868

1. May include clients who are aged 15 and under.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. The rate of people who set a quit date and successfully quit at 4 weeks (based on self-report) per 100,000 population aged 16 and over uses estimated resident mid-year population figures based on the 2001 census published by the Office for National Statistics (ONS). The estimates that relate to all years from mid-2002 to mid-2008 inclusive were revised in May 2010 to reflect improvements to migration methodologies. The rates which relied on these estimates have been revised in this table accordingly. Further details are available at:

<http://www.ons.gov.uk/ons/rel/migration1/migration-statistics-quarterly-report/may-2010/index.html>

4. Mid-Year Population Estimates for 2012/13 are 2011 census based. Information on ONS Population data for Mid-2011 (2011 Census-based) is available at:

<http://www.ons.gov.uk/ons/rel/pop-estimate/population-estimates-for-england-and-wales/mid-2011--2011-census-based-/index.html>

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 2.4 Number setting a quit date and outcome<sup>1</sup>, by gender and age group, April 2012 to March 2013<sup>2</sup>**

England	Numbers / Percentages																	
	Total						Males						Females					
	All ages	Under 18	18-34	35-44	45-59	60 and over	All ages	Under 18	18-34	35-44	45-59	60 and over	All ages	Under 18	18-34	35-44	45-59	60 and over
<b>Numbers</b>																		
Number setting a quit date	724,247	18,246	224,747	166,025	201,335	113,894	347,837	9,463	103,577	83,427	95,595	55,775	376,410	8,783	121,170	82,598	105,740	58,119
<b>Outcome at 4 weeks</b>																		
Number of successful quitters	373,872	6,196	104,084	88,480	108,092	67,020	183,837	3,640	48,534	45,269	52,411	33,983	190,035	2,556	55,550	43,211	55,681	33,037
Number who had not quit	185,603	5,833	57,520	39,913	52,382	29,955	84,884	2,763	25,345	19,144	23,888	13,744	100,719	3,070	32,175	20,769	28,494	16,211
Number not known/lost to follow up	164,772	6,217	63,143	37,632	40,861	16,919	79,116	3,060	29,698	19,014	19,296	8,048	85,656	3,157	33,445	18,618	21,565	8,871
<b>Carbon Monoxide (CO) validation<sup>3</sup></b>																		
Number of successful quitters, confirmed by CO validation	265,140	4,127	68,681	63,358	78,872	50,102	131,465	2,556	32,856	32,387	38,090	25,576	133,675	1,571	35,825	30,971	40,782	24,526
<b>Percentages</b>																		
Percentage setting a quit date	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100
<b>Outcome at 4 weeks</b>																		
Percentage of successful quitters	52	34	46	53	54	59	53	38	47	54	55	61	50	29	46	52	53	57
Percentage who had not quit	26	32	26	24	26	26	24	29	24	23	25	25	27	35	27	25	27	28
Percentage not known/lost to follow up	23	34	28	23	20	15	23	32	29	23	20	14	23	36	28	23	20	15
<b>CO validation<sup>3</sup></b>																		
CO validated quitters as a percentage of clients setting a quit date	37	23	31	38	39	44	38	27	32	39	40	46	36	18	30	37	39	42
CO validated quitters as a percentage of successful quitters (self-report)	71	67	66	72	73	75	72	70	68	72	73	75	70	61	64	72	73	74

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation should be attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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**Table 2.5 Number setting a quit date and successful quitters<sup>1</sup>, by ethnic group<sup>2</sup> and gender, April 2012 to March 2013<sup>3</sup>**

England	Numbers / Percentages								
	Total			Males			Females		
	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit
<b>Total</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>	<b>347,837</b>	<b>183,837</b>	<b>53</b>	<b>376,410</b>	<b>190,035</b>	<b>50</b>
<b>White</b>	<b>635,869</b>	<b>329,919</b>	<b>52</b>	<b>293,495</b>	<b>156,208</b>	<b>53</b>	<b>342,374</b>	<b>173,711</b>	<b>51</b>
British	595,233	308,739	52	273,047	145,614	53	322,186	163,125	51
Irish	7,958	3,931	49	3,874	1,923	50	4,084	2,008	49
Any other white background	32,678	17,249	53	16,574	8,671	52	16,104	8,578	53
<b>Mixed</b>	<b>12,872</b>	<b>5,901</b>	<b>46</b>	<b>6,222</b>	<b>2,996</b>	<b>48</b>	<b>6,650</b>	<b>2,905</b>	<b>44</b>
White and Black Caribbean	4,738	2,147	45	2,044	985	48	2,694	1,162	43
White and Black African	1,469	698	48	822	396	48	647	302	47
White and Asian	1,726	854	49	1,012	541	53	714	313	44
Any other mixed background	4,939	2,202	45	2,344	1,074	46	2,595	1,128	43
<b>Asian or Asian British</b>	<b>26,487</b>	<b>13,904</b>	<b>52</b>	<b>21,412</b>	<b>11,316</b>	<b>53</b>	<b>5,075</b>	<b>2,588</b>	<b>51</b>
Indian	7,511	4,006	53	5,974	3,209	54	1,537	797	52
Pakistani	8,484	4,292	51	6,966	3,579	51	1,518	713	47
Bangladeshi	5,775	3,092	54	4,750	2,529	53	1,025	563	55
Any other Asian background	4,717	2,514	53	3,722	1,999	54	995	515	52
<b>Black or Black British</b>	<b>14,024</b>	<b>6,603</b>	<b>47</b>	<b>8,096</b>	<b>3,905</b>	<b>48</b>	<b>5,928</b>	<b>2,698</b>	<b>46</b>
Caribbean	6,556	3,034	46	3,163	1,475	47	3,393	1,559	46
African	5,124	2,574	50	3,684	1,889	51	1,440	685	48
Any other Black background	2,344	995	42	1,249	541	43	1,095	454	41
<b>Other ethnic groups</b>	<b>6,896</b>	<b>3,461</b>	<b>50</b>	<b>4,509</b>	<b>2,287</b>	<b>51</b>	<b>2,387</b>	<b>1,174</b>	<b>49</b>
Chinese	846	492	58	576	341	59	270	151	56
Any other ethnic group	6,050	2,969	49	3,933	1,946	49	2,117	1,023	48
<b>Not stated</b>	<b>28,099</b>	<b>14,084</b>	<b>50</b>	<b>14,103</b>	<b>7,125</b>	<b>51</b>	<b>13,996</b>	<b>6,959</b>	<b>50</b>

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. These categories are based on those used for the 2001 census. Further guidance on collecting ethnicity category data is available from:

[http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh\\_5319155](http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh_5319155)

3. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

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**Table 2.6 People setting a quit date, by ethnic group<sup>1</sup> and gender, 2002/03 to 2012/13<sup>2</sup>**

England											Numbers
	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13 <sup>2</sup>
<b>Total</b>	<b>234,858</b>	<b>361,224</b>	<b>529,567</b>	<b>602,820</b>	<b>600,410</b>	<b>680,289</b>	<b>671,259</b>	<b>757,537</b>	<b>787,527</b>	<b>816,444</b>	<b>724,247</b>
White	221,234	330,505	473,082	528,348	513,056	577,720	579,787	662,201	692,704	721,199	635,869
Mixed	1,501	2,656	4,548	6,024	7,881	8,169	8,987	10,677	12,491	14,057	12,872
Asian	3,415	5,911	9,905	12,998	14,674	15,210	19,550	23,096	24,549	26,434	26,487
Black	2,102	3,766	6,385	8,953	9,046	8,869	10,611	12,752	13,539	14,508	14,024
Other	1,234	2,563	3,174	4,373	5,434	5,486	6,080	6,633	7,315	8,030	6,896
Not known	5,372	15,823	32,473	42,124	50,319	64,835	46,244	42,178	36,929	32,216	28,099
<b>Men</b>	<b>99,895</b>	<b>155,456</b>	<b>227,532</b>	<b>261,635</b>	<b>266,311</b>	<b>307,289</b>	<b>313,920</b>	<b>363,732</b>	<b>376,135</b>	<b>386,020</b>	<b>347,837</b>
White	92,776	139,299	198,896	223,103	220,645	253,461	262,223	307,753	319,529	329,191	293,495
Mixed	572	1,165	2,026	2,593	3,604	3,865	4,345	5,273	6,064	6,606	6,222
Asian	2,607	4,557	7,769	10,175	11,535	12,101	15,685	18,562	20,097	21,316	21,412
Black	933	1,769	2,935	4,428	4,588	4,619	5,778	6,984	7,475	8,245	8,096
Other	711	1,386	1,822	2,424	3,083	3,214	3,786	4,323	4,518	5,093	4,509
Not known	2,296	7,280	14,084	18,912	22,856	30,029	22,103	20,837	18,452	15,569	14,103
<b>Women</b>	<b>134,963</b>	<b>205,768</b>	<b>302,035</b>	<b>341,185</b>	<b>334,099</b>	<b>373,000</b>	<b>357,339</b>	<b>393,805</b>	<b>411,392</b>	<b>430,424</b>	<b>376,410</b>
White	128,458	191,206	274,186	305,245	292,411	324,259	317,564	354,448	373,175	392,008	342,374
Mixed	929	1,491	2,522	3,431	4,277	4,304	4,642	5,404	6,427	7,451	6,650
Asian	808	1,354	2,136	2,823	3,139	3,109	3,865	4,534	4,452	5,118	5,075
Black	1,169	1,997	3,450	4,525	4,458	4,250	4,833	5,768	6,064	6,263	5,928
Other	523	1,177	1,352	1,949	2,351	2,272	2,294	2,310	2,797	2,937	2,387
Not known	3,076	8,543	18,389	23,212	27,463	34,806	24,141	21,341	18,477	16,647	13,996

1. These categories are based on those used for the 2001 census. Further guidance on collecting ethnicity category data is available from: [http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh\\_531915\\_5](http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh_531915_5)

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

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**Table 2.7 Pregnant women setting a quit date and outcome<sup>1</sup>, 2002/03 to 2012/13<sup>2</sup>**

<b>England</b>	<i>Numbers / Percentages</i>										
	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13 <sup>2</sup>
<b>Numbers</b>											
Number setting a quit date	6,770	11,325	15,060	17,920	18,341	18,977	18,928	20,808	21,839	26,080	21,780
<b>Outcome at 4 weeks</b>											
Number of successful quitters	2,993	5,756	7,702	9,586	9,547	9,817	8,641	9,414	9,864	11,623	10,222
Number who had not quit	2,598	3,700	4,715	5,472	5,561	5,833	6,215	6,694	7,091	8,212	6,426
Number not known/lost to follow up	1,179	1,869	2,637	2,862	3,233	3,327	4,072	4,700	4,884	6,245	5,132
<b>Carbon Monoxide (CO) validation<sup>3</sup></b>											
Number of successful quitters, confirmed by CO validation	1,699	3,196	4,617	4,739	4,997	4,934	4,597	5,419	5,918	6,853	6,093
<b>Percentages</b>											
Percentage setting a quit date	100	100	100	100	100	100	100	100	100	100	100
<b>Outcome at 4 weeks</b>											
Percentage of successful quitters	44	51	51	53	52	52	46	45	45	45	47
Percentage who had not quit	38	33	31	31	30	31	33	32	32	31	30
Percentage not known/lost to follow up	17	17	18	16	18	18	22	23	22	24	24
<b>CO validation<sup>3</sup></b>											
CO validated quitters as a percentage of clients setting a quit date	25	28	31	26	27	26	24	26	27	26	28
CO validated quitters as a percentage of successful quitters (self-report)	57	56	60	49	52	50	53	58	60	59	60

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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## 3 Geographical patterns

### 3.1 Introduction

This chapter presents NHS Stop Smoking Services (SSS) information at a sub-national level, providing analysis for Regions (previously Government Office Regions (GORs)), Strategic Health Authorities (SHAs), and Primary Care Trusts (PCTs).

From April 2013 responsibility for NHS Stop Smoking Services moved from the Department of Health to Public Health England and responsibility for commissioning these services moved from PCTs to Local Authorities (LAs). Therefore from April 2013 this data will be collected and reported at LA level rather than by PCT and SHA. The 2012/13 report covers the period from April 2012 to March 2013 when PCTs were still in existence, so the data in this report is presented by PCT. As PCT and LA boundaries are not coterminous, aggregate figures by Region are presented in all geographic tables this year and next year to aid comparability. Further information on this change can be found on page 5 of the NHS Stop Smoking Services guidance document:

<https://www.gov.uk/government/publications/stop-smoking-service-monitoring-and-guidance-update-published>

When looking at local results from the NHS Stop Smoking Services, figures should be interpreted with caution as the areas are of different population sizes and composition.

Data returned by Manchester PCT for 2012/13 have not been included in this report due to issues with data quality. The annual report was delayed from its original publication date of 15 August 2013 to allow for these issues to be resolved; however this has not been possible. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission in this report as they are the most recent and reliable data available and enable national reporting comparable with previous years. This does not affect finance data for Manchester PCT for 2012/13. The HSCIC are continuing to work with Manchester to resolve the issues with their submission.

### 3.2 Strategic Health Authorities

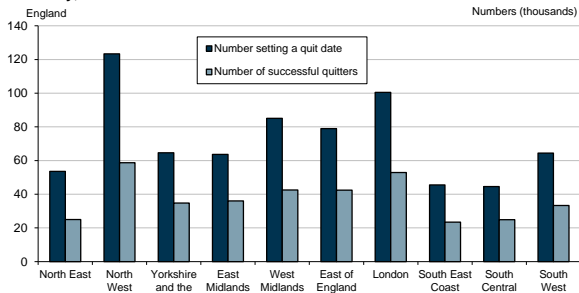
#### 3.2.1 Overall results by Strategic Health Authority

The number of people setting a quit date with the NHS Stop Smoking Services between 2011/12 and 2012/13 decreased all 10 SHAs. All 10 SHAs also reported a decrease in the number of successful quitters in 2012/13 compared to 2011/12. (Table 3.1).

In 2012/13 North West SHA had the highest reported number of people setting a quit date (123,390) and the highest reported number of successful quitters (58,713). The quit rate varied between 47% and 57% with East Midlands SHA reporting the highest percentage of successful quitters and North East SHA reporting the lowest. (Table 3.2, Figures 3.1 and 3.2)

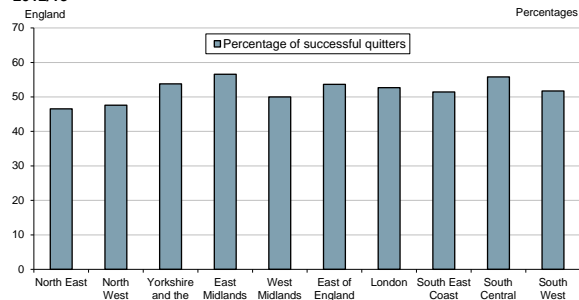


**Figure 3.1 People setting a quit date and successful quitters, by Strategic Health Authority, 2012/13**



Source: Lifestyles Statistics. Health and Social Care Information Centre, 2013

**Figure 3.2 Percentage of successful quitters, by Strategic Health Authority, 2012/13**



Source: Lifestyles Statistics. Health and Social Care Information Centre, 2013

A different pattern is seen when accounting for the size of the population in each SHA. Information on the number of those setting a quit date and the number who successfully quit per 100,000 population is given in [Table 3.3](#). North East SHA reported both the highest number of people setting a quit date and the highest number of people who successfully quit in 2012/13 (2,511 and 1,169 per 100,000 population respectively). South East Coast SHA reported the lowest number of both those setting a quit date and successful quitters (1,250 and 643 per 100,000 population respectively).

To provide further comparative analyses, the most recent information on smoking prevalence from the General Lifestyle Survey (GLF) 2011<sup>1</sup> (formerly known as the General Household Survey), population estimates and NHS Stop Smoking Services data collected by the Health and Social Care Information

Centre are used to provide estimates of the number of quitters per 100,000 smokers. This analysis is only available by Region and therefore South East cannot be split into South Central and South East Coast SHAs. Results of the analyses show that the North East Region had the highest number of quitters per 100,000 smokers (5,800), while South East had the lowest (3,600). ([Table 3.4](#))

The number of successful quitters confirmed by Carbon Monoxide (CO) validation was highest in London SHA (37,425) and lowest in South East Coast SHA (17,271). The CO validated quitters as a percentage of self-reported successful quitters varied between 53% in North West SHA and 80% in the West Midlands SHA ([Table 3.2](#)). Further information on the number of successful quitters confirmed by CO validation in each quarter of 2007/08 to 2012/13, by SHA is provided in [Table 3.5](#).

### 3.2.2 Demographic Characteristics by Strategic Health Authority

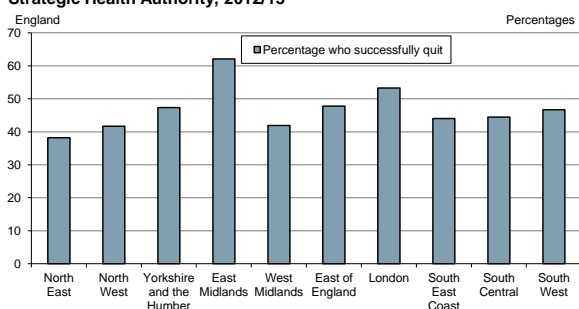
The success rate of men varied between SHAs from 48% in North East SHA to 57% in East Midlands SHA. For women, the success rate varied between 46% in North East and North West SHA and 56% in East Midlands. ([Table 3.6](#))

Additional information on the reported number of people setting a quit date and successful quitters, by age and SHA is provided in [Table 3.7](#). When analysing figures at SHA level it is important to note that SHAs vary greatly in both size and structure of population.

The success rate amongst ethnic groups ('Mixed', 'Asian', 'Black' or 'Other') varied between SHAs from 40% in North West SHA to 59% in South Central SHA (Table 3.8).

The success rate for pregnant women varied between SHAs from 38% in North East SHA to 62% in East Midlands SHA. (Table 3.9 and Figure 3.3)

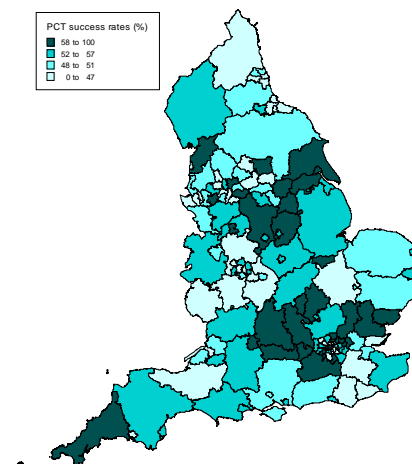
Figure 3.3 Percentage of pregnant women who successfully quit, by Strategic Health Authority, 2012/13



Source: Lifestyles Statistics, Health and Social Care Information Centre, 2013

Further information on the results of the Stop Smoking Services by gender, age and for pregnant women is provided in Tables 3.11, 3.12 and 3.13.

Figure 3.5 Success rate of those setting a quit date, by Primary Care Trust, 2012/13



Data sources: ONS Boundary Files 2011, NHS Stop Smoking Services

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### 3.3 Primary Care Trusts

Blackpool PCT reported the highest number of people setting a quit date per 100,000 population (5,060) and Portsmouth City Teaching PCT the highest number of successful quitters (1,874 per 100,000 population). Berkshire West PCT reported the lowest number of people setting a quit date per 100,000 population (623) and Sutton and Merton PCT the lowest number of successful quitters (349 per 100,000 population). (Table 3.10)

Quit rates ranged between 36% in Salford and Blackpool PCT and 78% in Warrington PCT. In total, four PCTs reported quit rates of 70% or more (Peterborough, Havering, Waltham Forest and Warrington PCT). (Table 3.10 and Figure 3.5)

## Summary: Key results in 2012/13

The numbers of people setting a quit date and successfully quitting varied across the Strategic Health Authorities (SHAs). North East SHA reported the highest number of people setting a quit date and successfully quitting per 100,000 population, whilst South East Coast SHA reported the lowest.

Quit rates varied among the Primary Care Trusts (PCTs). The lowest quit rate were reported by Salford and Blackpool PCT (36%) and the highest by Warrington PCT (78%). Four PCTs reported quit rates of 70% or more (Peterborough, Havering, Waltham Forest and Warrington PCT).

Blackpool PCT reported the highest number of people setting a quit date and Portsmouth City Teaching PCT the highest number of successful quitters per 100,000 population. Berkshire West PCT reported the lowest number of people setting a quit date and Sutton and Merton PCT the lowest number of successful quitters per 100,000 population.

## References

1. General Lifestyle Survey, Smoking and Drinking among adults, 2011. Office for National Statistics 2013. Available at:

<http://www.ons.gov.uk/ons/rel/ghs/general-lifestyle-survey/2011/index.html>

## List of Tables

- 3.1 People setting a quit date and successful quitters, by Region and Strategic Health Authority, 2007/08 to 2012/13
- 3.2 People setting a quit date and outcome, by Region and Strategic Health Authority, April 2012 to March 2013
- 3.3 People setting a quit date and successful quitters, per 100,000 population, by Region and Strategic Health Authority, 2007/08 to 2012/13
- 3.4 People successfully quit and estimated quitters per 100,000 smokers by Region, April 2012 to March 2013
- 3.5 Number of successful quitters confirmed by CO validation, by Strategic Health Authority, Quarter 1 2007/08 to Quarter 4 2012/13
- 3.6 Number setting a quit date and outcome, by gender and Strategic Health Authority, April 2012 to March 2013
- 3.7 Number setting a quit date and outcome, by age group and Strategic Health Authority, April 2012 to March 2013
- 3.8 People setting a quit date and successful quitters, by ethnic group, Region and Strategic Health Authority, April 2012 to March 2013
- 3.9 Pregnant women setting a quit date and successful quitters, by Region and Strategic Health Authority, April 2012 to March 2013
- 3.10 People setting a quit date and successful quitters, per 100,000 population, by Strategic Health Authority and Primary Care Trust, April 2012 to March 2013
- 3.11 Number setting a quit date and outcome, by gender, Primary Care Trust and Strategic Health Authority, April 2012 to March 2013
- 3.12 Number setting a quit date and outcome, by age group, Primary Care Trust and Strategic Health Authority, April 2012 to March 2013

### 3.13 Pregnant women setting a quit date and outcome, by Primary Care Trust and Strategic Health Authority, April 2012 to March 2013

**Table 3.1 People setting a quit date and successful quitters<sup>1</sup>, by Region and Strategic Health Authority, 2007/08 to 2012/13<sup>2</sup>**

England				2007/08			2008/09			2009/10			2010/11			2011/12			Numbers / Percentages		
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	2012/13 <sup>3</sup>		
																			Number setting a quit date	Number of successful quitters	Percentage who successfully quit
<b>England</b>				<b>680,289</b>	<b>350,800</b>	<b>52</b>	<b>671,259</b>	<b>337,054</b>	<b>50</b>	<b>757,537</b>	<b>373,954</b>	<b>49</b>	<b>787,527</b>	<b>383,548</b>	<b>49</b>	<b>816,444</b>	<b>400,955</b>	<b>49</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>
Q30	A	E18000001	North East	53,094	24,441	46	48,210	22,325	46	56,263	25,485	45	58,660	26,038	44	63,300	28,309	45	53,598	24,954	47
Q31	B	E18000002	North West	126,961	59,275	47	113,705	52,444	46	125,923	57,876	46	137,543	60,813	44	140,721	63,952	45	123,390	58,713	48
Q32	D	E18000003	Yorkshire and the Humber	66,545	35,440	53	69,511	36,514	53	75,117	39,594	53	73,795	39,041	53	73,374	39,098	53	64,626	34,754	54
Q33	E	E18000004	East Midlands	51,704	29,142	56	56,006	31,565	56	64,780	35,187	54	69,303	36,639	53	72,416	37,534	52	63,654	36,017	57
Q34	F	E18000005	West Midlands	83,846	40,167	48	75,791	36,619	48	85,105	39,899	47	90,488	40,988	45	98,711	45,389	46	85,099	42,537	50
Q35	G	E18000006	East of England	64,523	36,378	56	65,215	34,583	53	79,400	39,750	50	83,952	42,694	51	86,510	43,715	51	78,994	42,385	54
Q36	H	E18000007	London	93,481	48,825	52	98,636	46,445	47	107,481	49,512	46	108,504	50,864	47	108,536	53,592	49	100,487	52,940	53
-	J	-	South East	78,173	43,994	56	84,186	44,212	53	97,395	52,001	53	99,351	52,122	52	101,793	53,140	52	90,007	48,252	54
Q37	-	E18000008	South East Coast	37,928	21,940	58	40,945	21,242	52	47,706	25,304	53	48,926	24,556	50	50,814	25,888	51	45,495	23,416	51
Q38	-	E18000009	South Central	40,245	22,054	55	43,241	22,970	53	49,689	26,697	54	50,425	27,566	55	50,979	27,252	53	44,512	24,836	56
Q39	K	E18000010	South West	61,962	33,138	53	59,999	32,347	54	66,073	34,650	52	65,931	34,349	52	71,083	36,226	51	64,392	33,320	52

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 3.2 People setting a quit date and outcome<sup>1</sup>, by Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup>**

England	Numbers / Percentages											
	England	North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South East Coast	South Central	South West
SHA Code	Q30	Q31	Q32	Q33	Q34	Q35	Q36	-	Q37	Q38	Q39	
Region Code	A	B	D	E	F	G	H	J	-	-	K	
ONS Alpha numeric code	E18000001	E18000002	E18000003	E18000004	E18000005	E18000006	E18000007	-	E18000008	E18000009	E18000010	
<b>Numbers</b>												
Number setting a quit date	<b>724,247</b>	53,598	123,390	64,626	63,654	85,099	78,994	100,487	90,007	45,495	44,512	64,392
<b>Outcome at 4 weeks</b>												
Number of successful quitters	<b>373,872</b>	24,954	58,713	34,754	36,017	42,537	42,385	52,940	48,252	23,416	24,836	33,320
Number who had not quit	<b>185,603</b>	11,509	42,679	12,356	15,036	18,303	23,534	20,650	22,964	11,946	11,018	18,572
Number not known/lost to follow up	<b>164,772</b>	17,135	21,998	17,516	12,601	24,259	13,075	26,897	18,791	10,133	8,658	12,500
<b>Carbon Monoxide (CO) validation<sup>3</sup></b>												
Number of successful quitters, confirmed by CO validation	<b>265,140</b>	19,638	31,237	27,005	23,304	34,002	30,688	37,425	35,884	17,271	18,613	25,957
<b>Percentages</b>												
Percentage setting a quit date	<b>100</b>	100	100	100	100	100	100	100	100	100	100	100
<b>Outcome at 4 weeks</b>												
Percentage of successful quitters	<b>52</b>	47	48	54	57	50	54	53	54	51	56	52
Percentage who had not quit	<b>26</b>	21	35	19	24	22	30	21	26	26	25	29
Percentage not known/lost to follow up	<b>23</b>	32	18	27	20	29	17	27	21	22	19	19
<b>CO validation<sup>3</sup></b>												
CO validated quitters as a percentage of clients setting a quit date	<b>37</b>	37	25	42	37	40	39	37	40	38	42	40
CO validated quitters as a percentage of successful quitters (self-report)	<b>71</b>	79	53	78	65	80	72	71	74	74	75	78

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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**Table 3.3 People setting a quit date and successful quitters<sup>1,2</sup>, per 100,000 population<sup>3,4</sup>, by Region and Strategic Health Authority, 2007/08 to 2012/13<sup>5</sup>**

England				2007/08		2008/09		2009/10		2010/11		2011/12		2012/13 <sup>5</sup>		Numbers	
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over	Number setting a quit date per 100,000 of population aged 16 and over	Number of successful quitters per 100,000 of population aged 16 and over
<b>England</b>				<b>1,655</b>	<b>854</b>	<b>1,619</b>	<b>813</b>	<b>1,812</b>	<b>895</b>	<b>1,870</b>	<b>911</b>	<b>1,923</b>	<b>944</b>	<b>1,681</b>	<b>868</b>		
Q30	A	E18000001	North East	2,548	1,173	2,300	1,065	2,667	1,208	2,760	1,225	2,946	1,318	2,511	1,169		
Q31	B	E18000002	North West	2,296	1,072	2,047	944	2,259	1,038	2,456	1,086	2,496	1,134	2,153	1,024		
Q32	D	E18000003	Yorkshire and the Humber	1,597	850	1,652	868	1,769	932	1,721	911	1,695	903	1,506	810		
Q33	E	E18000004	East Midlands	1,459	822	1,564	882	1,793	974	1,906	1,008	1,977	1,025	1,721	974		
Q34	F	E18000005	West Midlands	1,948	933	1,751	846	1,953	916	2,067	936	2,244	1,032	1,885	942		
Q35	G	E18000006	East of England	1,429	806	1,427	757	1,714	858	1,796	913	1,828	924	1,662	892		
Q36	H	E18000007	London	1,532	800	1,605	756	1,735	799	1,735	813	1,724	851	1,528	805		
-	J	-	South East	1,177	662	1,254	659	1,436	767	1,453	762	1,472	769	1,284	688		
Q37	-	E18000008	South East Coast	1,105	639	1,182	613	1,364	724	1,388	697	1,426	726	1,250	643		
Q38	-	E18000009	South Central	1,253	687	1,332	707	1,513	813	1,521	832	1,522	814	1,321	737		
Q39	K	E18000010	South West	1,475	789	1,409	760	1,541	808	1,530	797	1,635	833	1,473	762		

1. May include clients who are aged 15 and under.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. The rate of people who set a quit date and successfully quit at 4 weeks (based on self-report) per 100,000 population aged 16 and over uses estimated resident mid-year population figures based on the 2001 census published by the Office for National Statistics (ONS). The estimates that relate to all years from mid-2002 to mid-2008 inclusive were revised in May 2010 to reflect improvements to migration methodologies. The rates which relied on these estimates have been revised in this table accordingly. Further details are available at:

<http://www.ons.gov.uk/ons/rel/migration1/migration-statistics-quarterly-report/may-2010/index.html>

4. Mid-Year Population Estimates for 2012/13 are 2011 census based. Information on ONS Population data for Mid-2011 (2011 Census-based) is available at:

<http://www.ons.gov.uk/ons/rel/pop-estimate/population-estimates-for-england-and-wales/mid-2011--2011-census-based-index.html>

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

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**Table 3.4 People successfully quit<sup>1,2</sup> and estimated quitters per 100,000 smokers<sup>3,4</sup>, by Region, April 2012 to March 2013<sup>5</sup>**

<b>England</b>		<b>Numbers</b>	
Region Code	Region Name	Number successfully quit	Estimated quitters per 100,000 smokers <sup>6</sup>
<b>England</b>		<b>373,872</b>	<b>4,600</b>
A	North East	24,954	5,800
B	North West	58,713	4,900
D	Yorkshire and the Humber	34,754	3,900
E	East Midlands	36,017	5,100
F	West Midlands	42,537	4,700
G	East of England	42,385	4,700
H	London	52,940	5,000
J	South East	48,252	3,600
K	South West	33,320	4,200

1. May include clients who are aged 15 and under.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. The estimated quitters per 100,000 smokers aged 16 and over uses estimated resident mid-2011 population figures based on the 2011 census published by the Office for National Statistics (ONS) and the estimated prevalence of current smokers from the General Lifestyle Survey 2011.

4. Information on ONS Population data for Mid-2011 (2011 Census-based) is available at:

<http://www.ons.gov.uk/ons/rel/pop-estimate/population-estimates-for-england-and-wales/mid-2011--2011-census-based-/index.html>

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

6. Estimates have been rounded to the nearest 100.

**Sources:**

Health and Social Care Information Centre, Lifestyles Statistics.

General Lifestyle Survey 2011. The Office for National Statistics.

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**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup>**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>107,176</b>	<b>77,219</b>	<b>72</b>	<b>2012/13</b>	<b>4</b>
Q30	A	E18000001	North East	7,465	5,921	79	2012/13	4
Q31	B	E18000002	North West	16,373	8,981	55	2012/13	4
Q32	D	E18000003	Yorkshire and Humber	9,920	7,654	77	2012/13	4
Q33	E	E18000004	East Midlands	10,054	6,702	67	2012/13	4
Q34	F	E18000005	West Midlands	11,917	9,558	80	2012/13	4
Q35	G	E18000006	East of England	12,742	9,414	74	2012/13	4
Q36	H	E18000007	London	15,506	11,294	73	2012/13	4
-	J	-	South East	13,519	10,125	75	2012/13	4
Q37	-	E18000008	South East Coast	6,607	4,990	76	2012/13	4
Q38	-	E18000009	South Central	6,912	5,135	74	2012/13	4
Q39	K	E18000010	South West	9,680	7,570	78	2012/13	4
<b>England</b>				<b>85,262</b>	<b>59,803</b>	<b>70</b>	<b>2012/13</b>	<b>3</b>
Q30	A	E18000001	North East	5,383	4,171	77	2012/13	3
Q31	B	E18000002	North West	12,880	6,551	51	2012/13	3
Q32	D	E18000003	Yorkshire and Humber	7,752	5,983	77	2012/13	3
Q33	E	E18000004	East Midlands	7,981	5,167	65	2012/13	3
Q34	F	E18000005	West Midlands	10,123	8,054	80	2012/13	3
Q35	G	E18000006	East of England	9,813	7,124	73	2012/13	3
Q36	H	E18000007	London	12,415	8,589	69	2012/13	3
-	J	-	South East	11,208	8,188	73	2012/13	3
Q37	-	E18000008	South East Coast	5,439	3,946	73	2012/13	3
Q38	-	E18000009	South Central	5,769	4,242	74	2012/13	3
Q39	K	E18000010	South West	7,707	5,976	78	2012/13	3
<b>England</b>				<b>85,160</b>	<b>60,309</b>	<b>71</b>	<b>2011/12</b>	<b>2</b>
Q30	A	E18000001	North East	5,551	4,407	79	2012/13	2
Q31	B	E18000002	North West	13,764	7,332	53	2012/13	2
Q32	D	E18000003	Yorkshire and Humber	7,809	6,198	79	2012/13	2
Q33	E	E18000004	East of England	8,256	5,195	63	2012/13	2
Q34	F	E18000005	West Midlands	10,082	8,134	81	2012/13	2
Q35	G	E18000006	East England	9,328	6,672	72	2012/13	2
Q36	H	E18000007	London	11,947	8,292	69	2012/13	2
-	J	-	South East	11,235	8,471	75	2012/13	2
Q37	-	-	South East Coast	5,357	3,896	73	2012/13	2
Q38	-	E18000009	South Central	5,878	4,575	78	2012/13	2
Q39	K	E18000010	South West	7,188	5,608	78	2012/13	2
<b>England</b>				<b>96,274</b>	<b>67,809</b>	<b>70</b>	<b>2011/12</b>	<b>1</b>
Q30	A	E18000001	North East	6,555	5,139	78	2012/13	1
Q31	B	E18000002	North West	15,696	8,373	53	2012/13	1
Q32	D	E18000003	Yorkshire and Humber	9,273	7,170	77	2012/13	1
Q33	E	E18000004	East Midlands	9,726	6,240	64	2012/13	1
Q34	F	E18000005	West Midlands	10,415	8,256	79	2012/13	1
Q35	G	E18000006	East of England	10,502	7,478	71	2012/13	1
Q36	H	E18000007	London	13,072	9,250	71	2012/13	1
-	J	-	South East	12,290	9,100	74	2012/13	1
Q37	-	E18000008	South East Coast	6,013	4,439	74	2012/13	1
Q38	-	E18000009	South Central	6,277	4,661	74	2012/13	1
Q39	K	E18000010	South West	8,745	6,803	78	2012/13	1

**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup> - Continued**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>122,866</b>	<b>90,421</b>	<b>74</b>	<b>2011/12</b>	<b>4</b>
Q30	A	E18000001	North East	9,175	7,272	79	2011/12	4
Q31	B	E18000002	North West	19,616	11,295	58	2011/12	4
Q32	D	E18000003	Yorkshire and Humber	11,652	9,211	79	2011/12	4
Q33	E	E18000004	East Midlands	10,471	7,479	71	2011/12	4
Q34	F	E18000005	West Midlands	14,154	11,624	82	2011/12	4
Q35	G	E18000006	East of England	13,266	9,888	75	2011/12	4
Q36	H	E18000007	London	16,774	12,171	73	2011/12	4
-	J	-	South East	15,708	11,832	75	2011/12	4
Q37	-	E18000008	South East Coast	7,796	5,755	74	2011/12	4
Q38	-	E18000009	South Central	7,912	6,077	77	2011/12	4
Q39	K	E18000010	South West	12,050	9,649	80	2011/12	4
<b>England</b>				<b>85,216</b>	<b>60,643</b>	<b>71</b>	<b>2011/12</b>	<b>3</b>
Q30	A	E18000001	North East	6,134	4,781	78	2011/12	3
Q31	B	E18000002	North West	13,247	6,997	53	2011/12	3
Q32	D	E18000003	Yorkshire and Humber	8,663	6,779	78	2011/12	3
Q33	E	E18000004	East Midlands	8,120	5,425	67	2011/12	3
Q34	F	E18000005	West Midlands	9,561	7,850	82	2011/12	3
Q35	G	E18000006	East of England	9,200	6,715	73	2011/12	3
Q36	H	E18000007	London	11,269	7,874	70	2011/12	3
-	J	-	South East	11,646	8,608	74	2011/12	3
Q37	-	E18000008	South East Coast	5,605	4,083	73	2011/12	3
Q38	-	E18000009	South Central	6,041	4,525	75	2011/12	3
Q39	K	E18000010	South West	7,376	5,614	76	2011/12	3
<b>England</b>				<b>91,318</b>	<b>64,967</b>	<b>71</b>	<b>2011/12</b>	<b>2</b>
Q30	A	E18000001	North East	6,272	4,796	76	2011/12	2
Q31	B	E18000002	North West	14,776	8,006	54	2011/12	2
Q32	D	E18000003	Yorkshire and Humber	8,786	7,008	80	2011/12	2
Q33	E	E18000004	East Midlands	9,013	5,907	66	2011/12	2
Q34	F	E18000005	West Midlands	10,278	8,480	83	2011/12	2
Q35	G	E18000006	East of England	9,865	7,093	72	2011/12	2
Q36	H	E18000007	London	12,292	8,533	69	2011/12	2
-	J	-	South East	12,350	9,126	74	2011/12	2
Q37	-	E18000008	South East Coast	6,120	4,392	72	2011/12	2
Q38	-	E18000009	South Central	6,230	4,734	76	2011/12	2
Q39	K	E18000010	South West	7,686	6,018	78	2011/12	2
<b>England</b>				<b>101,555</b>	<b>72,581</b>	<b>71</b>	<b>2011/12</b>	<b>1</b>
Q30	A	E18000001	North East	6,728	5,261	78	2011/12	1
Q31	B	E18000002	North West	16,313	8,758	54	2011/12	1
Q32	D	E18000003	Yorkshire and Humber	9,997	7,899	79	2011/12	1
Q33	E	E18000004	East Midlands	9,930	6,796	68	2011/12	1
Q34	F	E18000005	West Midlands	11,396	9,268	81	2011/12	1
Q35	G	E18000006	East of England	11,384	8,126	71	2011/12	1
Q36	H	E18000007	London	13,257	9,040	68	2011/12	1
-	J	-	South East	13,436	10,167	76	2011/12	1
Q37	-	E18000008	South East Coast	6,367	4,733	74	2011/12	1
Q38	-	E18000009	South Central	7,069	5,434	77	2011/12	1
Q39	K	E18000010	South West	9,114	7,266	80	2011/12	1

**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup> - Continued**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>126,886</b>	<b>92,200</b>	<b>73</b>	<b>2010/11</b>	<b>4</b>
Q30	A	E18000001	North East	9,648	7,548	78	2010/11	4
Q31	B	E18000002	North West	20,006	10,731	54	2010/11	4
Q32	D	E18000003	Yorkshire and Humber	12,728	10,024	79	2010/11	4
Q33	E	E18000004	East Midlands	11,655	8,174	70	2010/11	4
Q34	F	E18000005	West Midlands	13,671	11,199	82	2010/11	4
Q35	G	E18000006	East of England	14,953	10,641	71	2010/11	4
Q36	H	E18000007	London	15,807	11,248	71	2010/11	4
-	J	-	South East	17,122	13,233	77	2010/11	4
Q37	-	E18000008	South East Coast	7,803	5,867	75	2010/11	4
Q38	-	E18000009	South Central	9,319	7,366	79	2010/11	4
Q39	K	E18000010	South West	11,296	9,402	83	2010/11	4
<b>England</b>				<b>82,041</b>	<b>55,946</b>	<b>68</b>	<b>2010/11</b>	<b>3</b>
Q30	A	E18000001	North East	5,060	3,907	77	2010/11	3
Q31	B	E18000002	North West	12,762	6,117	48	2010/11	3
Q32	D	E18000003	Yorkshire and Humber	8,213	6,301	77	2010/11	3
Q33	E	E18000004	East Midlands	8,330	5,438	65	2010/11	3
Q34	F	E18000005	West Midlands	8,485	6,546	77	2010/11	3
Q35	G	E18000006	East of England	9,216	6,248	68	2010/11	3
Q36	H	E18000007	London	11,090	7,496	68	2010/11	3
-	J	-	South East	11,173	7,797	70	2010/11	3
Q37	-	E18000008	South East Coast	5,274	3,393	64	2010/11	3
Q38	-	E18000009	South Central	5,899	4,404	75	2010/11	3
Q39	K	E18000010	South West	7,712	6,096	79	2010/11	3
<b>England</b>				<b>85,206</b>	<b>58,871</b>	<b>69</b>	<b>2010/11</b>	<b>2</b>
Q30	A	E18000001	North East	5,629	3,950	70	2010/11	2
Q31	B	E18000002	North West	14,187	6,974	49	2010/11	2
Q32	D	E18000003	Yorkshire and Humber	9,024	7,172	79	2010/11	2
Q33	E	E18000004	East Midlands	8,179	5,661	69	2010/11	2
Q34	F	E18000005	West Midlands	9,021	7,180	80	2010/11	2
Q35	G	E18000006	East of England	9,089	6,081	67	2010/11	2
Q36	H	E18000007	London	11,139	7,661	69	2010/11	2
-	J	-	South East	11,612	8,455	73	2010/11	2
Q37	-	E18000008	South East Coast	5,598	3,963	71	2010/11	2
Q38	-	E18000009	South Central	6,014	4,492	75	2010/11	2
Q39	K	E18000010	South West	7,326	5,737	78	2010/11	2
<b>England</b>				<b>89,415</b>	<b>62,276</b>	<b>70</b>	<b>2010/11</b>	<b>1</b>
Q30	A	E18000001	North East	5,701	4,189	73	2010/11	1
Q31	B	E18000002	North West	13,858	6,714	48	2010/11	1
Q32	D	E18000003	Yorkshire and Humber	9,076	7,054	78	2010/11	1
Q33	E	E18000004	East Midlands	8,475	6,088	72	2010/11	1
Q34	F	E18000005	West Midlands	9,811	7,765	79	2010/11	1
Q35	G	E18000006	East of England	9,436	6,461	68	2010/11	1
Q36	H	E18000007	London	12,828	8,800	69	2010/11	1
-	J	-	South East	12,215	8,919	73	2010/11	1
Q37	-	E18000008	South East Coast	5,881	4,191	71	2010/11	1
Q38	-	E18000009	South Central	6,334	4,728	75	2010/11	1
Q39	K	E18000010	South West	8,015	6,286	78	2010/11	1

**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup> - Continued**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>124,792</b>	<b>87,052</b>	<b>70</b>	<b>2009/10</b>	<b>4</b>
Q30	A	E18000001	North East	8,920	7,190	81	2009/10	4
Q31	B	E18000002	North West	19,713	9,784	50	2009/10	4
Q32	D	E18000003	Yorkshire and Humber	12,979	10,149	78	2009/10	4
Q33	E	E18000004	East Midlands	11,367	8,164	72	2009/10	4
Q34	F	E18000005	West Midlands	13,597	10,496	77	2009/10	4
Q35	G	E18000006	East of England	13,343	9,080	68	2009/10	4
Q36	H	E18000007	London	16,810	11,996	71	2009/10	4
-	J	-	South East	16,842	12,277	73	2009/10	4
Q37	-	E18000008	South East Coast	8,094	5,954	74	2009/10	4
Q38	-	E18000009	South Central	8,748	6,323	72	2009/10	4
Q39	K	E18000010	South West	11,221	7,916	71	2009/10	4
<b>England</b>				<b>79,962</b>	<b>54,411</b>	<b>68</b>	<b>2009/10</b>	<b>3</b>
Q30	A	E18000001	North East	5,305	4,315	81	2009/10	3
Q31	B	E18000002	North West	12,277	5,978	49	2009/10	3
Q32	D	E18000003	Yorkshire and Humber	8,288	5,892	71	2009/10	3
Q33	E	E18000004	East Midlands	7,748	5,632	73	2009/10	3
Q34	F	E18000005	West Midlands	8,436	6,310	75	2009/10	3
Q35	G	E18000006	East of England	8,229	5,635	68	2009/10	3
Q36	H	E18000007	London	10,450	7,109	68	2009/10	3
-	J	-	South East	11,600	8,009	69	2009/10	3
Q37	-	E18000008	South East Coast	5,647	4,020	71	2009/10	3
Q38	-	E18000009	South Central	5,953	3,989	67	2009/10	3
Q39	K	E18000010	South West	7,629	5,531	72	2009/10	3
<b>England</b>				<b>79,842</b>	<b>54,852</b>	<b>69</b>	<b>2009/10</b>	<b>2</b>
Q30	A	E18000001	North East	5,386	4,164	77	2009/10	2
Q31	B	E18000002	North West	12,525	6,208	50	2009/10	2
Q32	D	E18000003	Yorkshire and Humber	8,521	6,093	72	2009/10	2
Q33	E	E18000004	East Midlands	7,387	5,516	75	2009/10	2
Q34	F	E18000005	West Midlands	8,468	6,389	75	2009/10	2
Q35	G	E18000006	East of England	8,374	5,707	68	2009/10	2
Q36	H	E18000007	London	10,532	7,110	68	2009/10	2
-	J	-	South East	11,400	8,352	73	2009/10	2
Q37	-	E18000008	South East Coast	5,576	4,050	73	2009/10	2
Q38	-	E18000009	South Central	5,824	4,302	74	2009/10	2
Q39	K	E18000010	South West	7,249	5,313	73	2009/10	2
<b>England</b>				<b>89,358</b>	<b>60,398</b>	<b>68</b>	<b>2009/10</b>	<b>1</b>
Q30	A	E18000001	North East	5,874	4,615	79	2009/10	1
Q31	B	E18000002	North West	13,361	6,132	46	2009/10	1
Q32	D	E18000003	Yorkshire and Humber	9,806	7,083	72	2009/10	1
Q33	E	E18000004	East Midlands	8,685	5,830	67	2009/10	1
Q34	F	E18000005	West Midlands	9,398	7,096	76	2009/10	1
Q35	G	E18000006	East of England	9,804	6,690	68	2009/10	1
Q36	H	E18000007	London	11,720	7,877	67	2009/10	1
-	J	-	South East	12,159	9,035	74	2009/10	1
Q37	-	E18000008	South East Coast	5,987	4,442	74	2009/10	1
Q38	-	E18000009	South Central	6,172	4,593	74	2009/10	1
Q39	K	E18000010	South West	8,551	6,040	71	2009/10	1

**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup> - Continued**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>120,935</b>	<b>81,468</b>	<b>67</b>	<b>2008/09</b>	<b>4</b>
Q30	A	E18000001	North East	8,449	6,804	81	2008/09	4
Q31	B	E18000002	North West	18,543	9,092	49	2008/09	4
Q32	D	E18000003	Yorkshire and Humber	12,550	9,202	73	2008/09	4
Q33	E	E18000004	East Midlands	12,183	8,059	66	2008/09	4
Q34	F	E18000005	West Midlands	13,137	9,532	73	2008/09	4
Q35	G	E18000006	East of England	12,186	8,615	71	2008/09	4
Q36	H	E18000007	London	16,589	10,938	66	2008/09	4
-	J	-	South East	15,527	11,362	73	2008/09	4
Q37	-	E18000008	South East Coast	7,601	5,459	72	2008/09	4
Q38	-	E18000009	South Central	7,926	5,903	74	2008/09	4
Q39	K	E18000010	South West	11,771	7,864	67	2008/09	4
<b>England</b>				<b>71,846</b>	<b>47,056</b>	<b>65</b>	<b>2008/09</b>	<b>3</b>
Q30	A	E18000001	North East	4,534	3,680	81	2008/09	3
Q31	B	E18000002	North West	10,865	4,646	43	2008/09	3
Q32	D	E18000003	Yorkshire and Humber	7,682	5,393	70	2008/09	3
Q33	E	E18000004	East Midlands	7,109	4,299	60	2008/09	3
Q34	F	E18000005	West Midlands	7,707	5,550	72	2008/09	3
Q35	G	E18000006	East of England	6,983	4,744	68	2008/09	3
Q36	H	E18000007	London	9,900	6,933	70	2008/09	3
-	J	-	South East	9,708	6,724	69	2008/09	3
Q37	-	E18000008	South East Coast	4,525	3,259	72	2008/09	3
Q38	-	E18000009	South Central	5,183	3,465	67	2008/09	3
Q39	K	E18000010	South West	7,358	5,087	69	2008/09	3
<b>England</b>				<b>70,912</b>	<b>46,765</b>	<b>66</b>	<b>2008/09</b>	<b>2</b>
Q30	A	E18000001	North East	4,506	3,551	79	2008/09	2
Q31	B	E18000002	North West	11,293	5,288	47	2008/09	2
Q32	D	E18000003	Yorkshire and Humber	7,960	5,683	71	2008/09	2
Q33	E	E18000004	East Midlands	6,582	4,537	69	2008/09	2
Q34	F	E18000005	West Midlands	7,629	5,285	69	2008/09	2
Q35	G	E18000006	East of England	7,368	4,836	66	2008/09	2
Q36	H	E18000007	London	9,414	6,450	69	2008/09	2
-	J	-	South East	9,535	6,810	71	2008/09	2
Q37	-	E18000008	South East Coast	4,544	3,377	74	2008/09	2
Q38	-	E18000009	South Central	4,991	3,433	69	2008/09	2
Q39	K	E18000010	South West	6,625	4,325	65	2008/09	2
<b>England</b>				<b>73,361</b>	<b>48,989</b>	<b>67</b>	<b>2008/09</b>	<b>1</b>
Q30	A	E18000001	North East	4,836	3,747	77	2008/09	1
Q31	B	E18000002	North West	11,743	5,653	48	2008/09	1
Q32	D	E18000003	Yorkshire and Humber	8,322	5,869	71	2008/09	1
Q33	E	E18000004	East Midlands	5,691	4,076	72	2008/09	1
Q34	F	E18000005	West Midlands	8,146	5,744	71	2008/09	1
Q35	G	E18000006	East of England	8,046	5,184	64	2008/09	1
Q36	H	E18000007	London	10,542	7,308	69	2008/09	1
-	J	-	South East	9,442	6,774	72	2008/09	1
Q37	-	E18000008	South East Coast	4,572	3,324	73	2008/09	1
Q38	-	E18000009	South Central	4,870	3,450	71	2008/09	1
Q39	K	E18000010	South West	6,593	4,634	70	2008/09	1

**Table 3.5 Number of successful quitters<sup>1</sup> confirmed by carbon monoxide (CO) validation<sup>2</sup>, by Region and Strategic Health Authority, 2007/08 Quarter 1 to 2012/13 Quarter 4<sup>3</sup> - Continued**

England				Numbers / Percentages				
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit at 4 weeks (self-report) <sup>1</sup>	Number who had successfully quit (self-report), confirmed by CO validation	CO validated quitters as a percentage of successful quitters (self-report)	Year	Quarter
<b>England</b>				<b>103,006</b>	<b>60,671</b>	<b>59</b>	<b>2007/08</b>	<b>4</b>
Q30	A	E18000001	North East	6,995	4,847	69	2007/08	4
Q31	B	E18000002	North West	16,065	6,571	41	2007/08	4
Q32	D	E18000003	Yorkshire and Humber	9,714	6,774	70	2007/08	4
Q33	E	E18000004	East Midlands	9,367	5,650	60	2007/08	4
Q34	F	E18000005	West Midlands	11,222	8,122	72	2007/08	4
Q35	G	E18000006	East of England	10,221	5,167	51	2007/08	4
Q36	H	E18000007	London	15,946	8,815	55	2007/08	4
-	J	-	South East	12,532	8,566	68	2007/08	4
Q37	-	E18000008	South East Coast	6,148	4,435	72	2007/08	4
Q38	-	E18000009	South Central	6,384	4,131	65	2007/08	4
Q39	K	E18000010	South West	10,944	6,159	56	2007/08	4
<b>England</b>				<b>71,517</b>	<b>41,966</b>	<b>59</b>	<b>2007/08</b>	<b>3</b>
Q30	A	E18000001	North East	4,615	3,519	76	2007/08	3
Q31	B	E18000002	North West	12,389	5,305	43	2007/08	3
Q32	D	E18000003	Yorkshire and Humber	7,038	4,783	68	2007/08	3
Q33	E	E18000004	East Midlands	6,495	4,492	69	2007/08	3
Q34	F	E18000005	West Midlands	7,020	5,162	74	2007/08	3
Q35	G	E18000006	East of England	7,620	3,474	46	2007/08	3
Q36	H	E18000007	London	9,811	5,818	59	2007/08	3
-	J	-	South East	9,572	5,687	59	2007/08	3
Q37	-	E18000008	South East Coast	4,554	2,758	61	2007/08	3
Q38	-	E18000009	South Central	5,018	2,929	58	2007/08	3
Q39	K	E18000010	South West	6,957	3,726	54	2007/08	3
<b>England</b>				<b>89,496</b>	<b>53,097</b>	<b>59</b>	<b>2007/08</b>	<b>2</b>
Q30	A	E18000001	North East	6,479	4,855	75	2007/08	2
Q31	B	E18000002	North West	16,729	7,173	43	2007/08	2
Q32	D	E18000003	Yorkshire and Humber	9,689	5,882	61	2007/08	2
Q33	E	E18000004	East Midlands	6,652	5,342	80	2007/08	2
Q34	F	E18000005	West Midlands	10,362	7,360	71	2007/08	2
Q35	G	E18000006	East of England	9,172	4,395	48	2007/08	2
Q36	H	E18000007	London	11,564	6,500	56	2007/08	2
-	J	-	South East	11,020	7,213	65	2007/08	2
Q37	-	E18000008	South East Coast	5,583	3,826	69	2007/08	2
Q38	-	E18000009	South Central	5,437	3,387	62	2007/08	2
Q39	K	E18000010	South West	7,829	4,377	56	2007/08	2
<b>England</b>				<b>86,781</b>	<b>53,008</b>	<b>61</b>	<b>2007/08</b>	<b>1</b>
Q30	A	E18000001	North East	6,352	4,958	78	2007/08	1
Q31	B	E18000002	North West	14,092	6,438	46	2007/08	1
Q32	D	E18000003	Yorkshire and Humber	8,999	6,262	70	2007/08	1
Q33	E	E18000004	East Midlands	6,628	5,156	78	2007/08	1
Q34	F	E18000005	West Midlands	11,563	8,384	73	2007/08	1
Q35	G	E18000006	East of England	9,365	4,334	46	2007/08	1
Q36	H	E18000007	London	11,504	6,844	59	2007/08	1
-	J	-	South East	10,870	6,612	61	2007/08	1
Q37	-	E18000008	South East Coast	5,655	3,725	66	2007/08	1
Q38	-	E18000009	South Central	5,215	2,887	55	2007/08	1
Q39	K	E18000010	South West	7,408	4,020	54	2007/08	1

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date. The figures presented here are based on self-report of smoking status by the client at the 4 week follow-up.

2. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

3. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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Table 3.6 Number setting a quit date and outcome<sup>1</sup>, by gender, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup>

England																						Numbers / Percentages			
				Males					Females					Males				Females							
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)
<b>England</b>				<b>347,837</b>	<b>183,837</b>	<b>84,884</b>	<b>79,116</b>	<b>131,465</b>	<b>376,410</b>	<b>190,035</b>	<b>100,719</b>	<b>85,656</b>	<b>133,675</b>	<b>100</b>	<b>53</b>	<b>24</b>	<b>23</b>	<b>38</b>	<b>72</b>	<b>100</b>	<b>50</b>	<b>27</b>	<b>23</b>	<b>36</b>	<b>70</b>
Q30	A	E18000001	North East	23,554	11,255	4,871	7,428	8,893	30,044	13,699	6,638	9,707	10,745	100	48	21	32	38	79	100	46	22	32	36	78
Q31	B	E18000002	North West	55,556	27,196	18,358	10,002	14,368	67,834	31,517	24,321	11,996	16,869	100	49	33	18	26	53	100	46	36	18	25	54
Q32	D	E18000003	Yorkshire and Humber	30,172	16,797	5,379	7,996	13,109	34,454	17,957	6,977	9,520	13,896	100	56	18	27	43	78	100	52	20	28	40	77
Q33	E	E18000004	East Midlands	30,644	17,555	6,874	6,215	11,649	33,010	18,462	8,162	6,386	11,655	100	57	22	20	38	66	100	56	25	19	35	63
Q34	F	E18000005	West Midlands	41,485	21,388	8,359	11,738	17,278	43,614	21,149	9,944	12,521	16,724	100	52	20	28	42	81	100	48	23	29	38	79
Q35	G	E18000006	East England	37,873	20,909	10,616	6,348	15,324	41,121	21,476	12,918	6,727	15,364	100	55	28	17	40	73	100	52	31	16	37	72
Q36	H	E18000007	London	53,300	28,339	10,665	14,296	20,129	47,187	24,601	9,985	12,601	17,296	100	53	20	27	38	71	100	52	21	27	37	70
-	J	-	South East	43,992	23,994	11,027	8,971	17,817	46,015	24,258	11,937	9,820	18,067	100	55	25	20	41	74	100	53	26	21	39	74
Q37	-	E18000009	South East Coast	21,973	11,588	5,619	4,766	8,584	23,522	11,828	6,327	5,367	8,887	100	53	26	22	39	74	100	50	27	23	37	73
Q38	-	E18000010	South Central	22,019	12,406	5,408	4,205	9,233	22,493	12,430	5,610	4,453	9,380	100	56	25	19	42	74	100	55	25	20	42	75
Q39	K	E18000008	South West	31,261	16,404	8,735	6,122	12,898	33,131	16,916	9,837	6,378	13,059	100	52	28	20	41	79	100	51	30	19	39	77

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation should be attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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Table 3.7 Number setting a quit date and outcome<sup>1</sup>, by age group, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup>

England											Numbers / Percentages				
					Numbers					Percentages					
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number of successful quitters, confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)	
<b>England</b>					<b>18,246</b>	<b>6,196</b>	<b>5,833</b>	<b>6,217</b>	<b>4,127</b>	<b>100</b>	<b>34</b>	<b>32</b>	<b>34</b>	<b>23</b>	<b>67</b>
<b>Under 18</b>															
Q30	A	E18000001	North East	1,435	371	391	673	252	100	26	27	47	18	68	
Q31	B	E18000002	North West	3,282	1,042	1,386	854	599	100	32	42	26	18	57	
Q32	D	E18000003	Yorkshire and Humber	1,925	1,045	374	506	794	100	54	19	26	41	76	
Q33	E	E18000004	East Midlands	1,765	578	630	557	269	100	33	36	32	15	47	
Q34	F	E18000005	West Midlands	2,991	946	750	1,295	777	100	32	25	43	26	82	
Q35	G	E18000006	East England	1,570	505	616	449	279	100	32	39	29	18	55	
Q36	H	E18000007	London	2,042	790	504	748	553	100	39	25	37	27	70	
-	J	-	South East	1,762	521	621	620	327	100	30	35	35	19	63	
Q37	-	E18000008	South East Coast	998	254	387	357	163	100	25	39	36	16	64	
Q38	-	E18000009	South Central	764	267	234	263	164	100	35	31	34	21	61	
Q39	K	E18000010	South West	1,474	398	561	515	277	100	27	38	35	19	70	
<b>England</b>					<b>224,747</b>	<b>104,084</b>	<b>57,520</b>	<b>63,143</b>	<b>68,681</b>	<b>100</b>	<b>46</b>	<b>26</b>	<b>28</b>	<b>31</b>	<b>66</b>
<b>18-34</b>															
Q30	A	E18000001	North East	17,578	6,824	3,681	7,073	4,971	100	39	21	40	28	73	
Q31	B	E18000002	North West	36,404	15,631	12,724	8,049	7,590	100	43	35	22	21	49	
Q32	D	E18000003	Yorkshire and Humber	21,279	9,820	4,034	7,425	7,231	100	46	19	35	34	74	
Q33	E	E18000004	East Midlands	20,732	10,846	4,838	5,048	6,082	100	52	23	24	29	56	
Q34	F	E18000005	West Midlands	28,101	12,512	6,115	9,474	9,616	100	45	22	34	34	77	
Q35	G	E18000006	East England	23,111	11,116	7,037	4,958	7,410	100	48	30	21	32	67	
Q36	H	E18000007	London	31,287	15,445	6,381	9,461	10,209	100	49	20	30	33	66	
-	J	-	South East	27,943	13,313	7,406	7,224	9,345	100	48	27	26	33	70	
Q37	-	E18000008	South East Coast	12,924	5,709	3,529	3,686	3,898	100	44	27	29	30	68	
Q38	-	E18000009	South Central	15,019	7,604	3,877	3,538	5,447	100	51	26	24	36	72	
Q39	K	E18000010	South West	18,312	8,577	5,304	4,431	6,227	100	47	29	24	34	73	
<b>England</b>					<b>166,025</b>	<b>88,480</b>	<b>39,913</b>	<b>37,632</b>	<b>63,358</b>	<b>100</b>	<b>53</b>	<b>24</b>	<b>23</b>	<b>38</b>	<b>72</b>
<b>35-44</b>															
Q30	A	E18000001	North East	11,728	5,655	2,378	3,695	4,519	100	48	20	32	39	80	
Q31	B	E18000002	North West	27,557	13,541	9,064	4,952	7,325	100	49	33	18	27	54	
Q32	D	E18000003	Yorkshire and Humber	14,427	8,032	2,487	3,908	6,234	100	56	17	27	43	78	
Q33	E	E18000004	East Midlands	14,046	8,192	3,199	2,655	5,422	100	58	23	19	39	66	
Q34	F	E18000005	West Midlands	19,295	10,028	3,914	5,353	7,964	100	52	20	28	41	79	
Q35	G	E18000006	East England	18,462	10,244	5,147	3,071	7,485	100	55	28	17	41	73	
Q36	H	E18000007	London	24,697	13,218	4,712	6,767	9,529	100	54	19	27	39	72	
-	J	-	South East	20,918	11,633	5,005	4,280	8,643	100	56	24	20	41	74	
Q37	-	E18000008	South East Coast	10,543	5,610	2,614	2,319	4,132	100	53	25	22	39	74	
Q38	-	E18000009	South Central	10,375	6,023	2,391	1,961	4,511	100	58	23	19	43	75	
Q39	K	E18000010	South West	14,895	7,937	4,007	2,951	6,237	100	53	27	20	42	79	
<b>England</b>					<b>201,335</b>	<b>108,092</b>	<b>52,382</b>	<b>40,861</b>	<b>78,872</b>	<b>100</b>	<b>54</b>	<b>26</b>	<b>20</b>	<b>39</b>	<b>73</b>
<b>45-59</b>															
Q30	A	E18000001	North East	14,709	7,489	3,154	4,066	6,108	100	51	21	28	42	82	
Q31	B	E18000002	North West	35,509	17,462	12,377	5,670	9,636	100	49	35	16	27	55	
Q32	D	E18000003	Yorkshire and Humber	17,168	9,759	3,357	4,052	7,760	100	57	20	24	45	80	
Q33	E	E18000004	East Midlands	16,913	9,918	3,971	3,024	6,830	100	59	23	18	40	69	
Q34	F	E18000005	West Midlands	22,217	11,627	4,868	5,722	9,478	100	52	22	26	43	82	
Q35	G	E18000006	East England	22,323	12,511	6,554	3,258	9,277	100	56	29	15	42	74	
Q36	H	E18000007	London	28,589	15,332	6,166	7,091	11,122	100	54	22	25	39	73	
-	J	-	South East	25,163	14,079	6,379	4,705	10,746	100	56	25	19	43	76	
Q37	-	E18000008	South East Coast	13,174	7,142	3,412	2,620	5,431	100	54	26	20	41	76	
Q38	-	E18000009	South Central	11,989	6,937	2,967	2,085	5,315	100	58	25	17	44	77	
Q39	K	E18000010	South West	18,744	9,915	5,556	3,273	7,915	100	53	30	17	42	80	
<b>England</b>					<b>113,894</b>	<b>67,020</b>	<b>29,955</b>	<b>16,919</b>	<b>50,102</b>	<b>100</b>	<b>59</b>	<b>26</b>	<b>15</b>	<b>44</b>	<b>75</b>
<b>60+</b>															
Q30	A	E18000001	North East	8,148	4,615	1,905	1,628	3,788	100	57	23	20	46	82	
Q31	B	E18000002	North West	20,638	11,037	7,128	2,473	6,087	100	53	35	12	29	55	
Q32	D	E18000003	Yorkshire and Humber	9,827	6,098	2,104	1,625	4,986	100	62	21	17	51	82	
Q33	E	E18000004	East Midlands	10,198	6,483	2,398	1,317	4,701	100	64	24	13	46	73	
Q34	F	E18000005	West Midlands	12,495	7,424	2,656	2,415	6,167	100	59	21	19	49	83	
Q35	G	E18000006	East England	13,528	8,009	4,180	1,339	6,237	100	59	31	10	46	78	
Q36	H	E18000007	London	13,872	8,155	2,887	2,830	6,012	100	59	21	20	43	74	
-	J	-	South East	14,221	8,706	3,553	1,962	6,823	100	61	25	14	48	78	
Q37	-	E18000008	South East Coast	7,856	4,701	2,004	1,151	3,647	100	60	26	15	46	78	
Q38	-	E18000009	South Central	6,365	4,005	1,549	811	3,176	100	63	24	13	50	79	
Q39	K	E18000010	South West	10,967	6,493	3,144	1,330	5,301	100	59	29	12	48	82	

1. A client counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation should be attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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**Table 3.8 People setting a quit date and successful quitters<sup>1</sup>, by ethnic group<sup>2</sup>, Region and Strategic Health Authority, April 2012 to March 2013<sup>3</sup>**

England	Numbers / Percentages											
	England	North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South Central	South East Coast	South West
SHA Code	Q30	Q31	Q32	Q33	Q34	Q35	Q36	-	Q37	Q38	Q39	
Region Code	A	B	D	E	F	G	H	J	-	-	K	
ONS Alpha numeric code	E18000001	E18000002	E18000003	E18000004	E18000005	E18000006	E18000007	-	E18000008	E18000009	E18000010	
<b>Number setting a quit date</b>												
All persons	724,247	53,598	123,390	64,626	63,654	85,099	78,994	100,487	90,007	44,512	45,495	64,392
White	635,869	52,371	111,031	60,435	57,571	74,567	73,410	68,348	81,073	39,915	41,158	57,063
Mixed	12,872	142	2,728	670	742	1,535	899	4,315	1,311	480	831	530
Asian	26,487	345	2,870	1,601	1,666	5,564	1,517	10,763	1,844	1,278	566	317
Black	14,024	84	843	343	595	1,521	717	8,756	792	454	338	373
Other	6,896	88	849	497	363	562	382	3,239	610	398	212	306
Not known	28,099	568	5,069	1,080	2,717	1,350	2,069	5,066	4,377	1,987	2,390	5,803
<b>Number who had successfully quit at 4 week follow-up (self-report)</b>												
All persons	373,872	24,954	58,713	34,754	36,017	42,537	42,385	52,940	48,252	24,836	23,416	33,320
White	329,919	24,399	53,437	32,765	32,527	36,926	39,401	36,585	43,546	22,134	21,412	30,333
Mixed	5,901	71	1,033	352	362	679	438	2,104	619	255	364	243
Asian	13,904	159	1,195	669	853	3,379	790	5,659	1,030	770	260	170
Black	6,603	37	340	163	299	715	350	4,112	416	270	146	171
Other	3,461	41	364	210	183	276	186	1,707	356	243	113	138
Not known	14,084	247	2,344	595	1,793	562	1,220	2,773	2,285	1,164	1,121	2,265
<b>Percentage who had successfully quit at 4 week follow-up (self-report)</b>												
All persons	52	47	48	54	57	50	54	53	54	56	51	52
White	52	47	48	54	56	50	54	54	54	55	52	53
Mixed	46	50	38	53	49	44	49	49	47	53	44	46
Asian	52	46	42	42	51	61	52	53	56	60	46	54
Black	47	44	40	48	50	47	49	47	53	59	43	46
Other	50	47	43	42	50	49	49	53	58	61	53	45
Not known	50	43	46	55	66	42	59	55	52	59	47	39

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. These categories are based on those used for the 2001 census. Further guidance on collecting ethnicity category data is available from:

[http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh\\_5319155](http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh_5319155)

3. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

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**Table 3.9 Pregnant women setting a quit date and successful quitters<sup>1</sup>, by Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup>**

<b>England</b>				<i>Numbers / Percentages</i>		
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date	Number of successful quitters	<i>Percentage who successfully quit</i>
<b>England</b>				<b>21,780</b>	<b>10,222</b>	<b>47</b>
Q30	A	E18000001	North East	1,554	594	38
Q31	B	E18000002	North West	3,956	1,649	42
Q32	D	E18000003	Yorkshire and the Humber	2,580	1,222	47
Q33	E	E18000004	East Midlands	2,758	1,712	62
Q34	F	E18000005	West Midlands	2,670	1,119	42
Q35	G	E18000006	East of England	2,079	994	48
Q36	H	E18000007	London	1,590	847	53
-	J	-	South East	2,419	1,070	44
Q37	-	E18000008	South East Coast	1,285	566	44
Q38	-	E18000009	South Central	1,134	504	44
Q39	K	E18000010	South West	2,174	1,015	47

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

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**Table 3.10 People setting a quit date and successful quitters<sup>1,2</sup>, per 100,000 of the population, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>3,4</sup>**

England			Numbers / Percentages				
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date per 100,000 population aged 16 and over <sup>5,6</sup>	Number of successful quitters per 100,000 population aged 16 and over <sup>5,6</sup>
<b>England</b>			<b>724,247</b>	<b>373,872</b>	<b>52</b>	<b>1,681</b>	<b>868</b>
<b>A</b>	<b>North East</b>		<b>53,598</b>	<b>24,954</b>	<b>47</b>	<b>2,511</b>	<b>1,169</b>
<b>Q30</b>	<b>E18000001</b>	<b>North East SHA</b>	<b>53,598</b>	<b>24,954</b>	<b>47</b>	<b>2,511</b>	<b>1,169</b>
5ND	E16000085	County Durham PCT	9,684	4,949	51	2,279	1,165
5J9	E16000041	Darlington PCT	2,091	1,121	54	2,449	1,313
5KF	E16000050	Gateshead PCT	4,630	2,042	44	2,809	1,239
5D9	E16000019	Hartlepool PCT	2,874	1,230	43	3,866	1,655
5KM	E16000053	Middlesbrough PCT	3,326	1,344	40	3,015	1,218
5D7	E16000017	Newcastle PCT	4,354	2,129	49	1,884	921
5D8	E16000018	North Tyneside PCT	3,681	1,827	50	2,224	1,104
TAC	E17000001	Northumberland Care Trust	4,986	2,232	45	1,899	850
5QR	E16000146	Redcar & Cleveland PCT	2,944	1,331	45	2,652	1,199
5KG	E16000051	South Tyneside PCT	4,071	1,862	46	3,328	1,522
5E1	E16000020	North Tees PCT	4,082	1,816	44	2,639	1,174
5KL	E16000052	Sunderland Teaching PCT	6,875	3,071	45	3,024	1,351
<b>B</b>	<b>North West</b>		<b>123,390</b>	<b>58,713</b>	<b>48</b>	<b>2,153</b>	<b>1,024</b>
<b>Q31</b>	<b>E18000002</b>	<b>North West SHA</b>	<b>123,390</b>	<b>58,713</b>	<b>48</b>	<b>2,153</b>	<b>1,024</b>
5HG	E16000032	Ashton, Leigh & Wigan PCT	6,543	3,770	58	2,534	1,460
TAP	E17000006	Blackburn with Darwen Teaching Care Trust Plus	3,130	1,286	41	2,761	1,134
5HP	E16000033	Blackpool PCT	5,904	2,145	36	5,060	1,838
5HQ	E16000148	Bolton PCT	4,504	2,121	47	2,046	964
5JX	E16000043	Bury PCT	1,306	715	55	881	482
5NP	E16000095	Central & Eastern Cheshire PCT	4,898	2,560	52	1,291	675
5NG	E16000088	Central Lancashire PCT	4,924	2,471	50	1,292	648
5NE	E16000086	Cumbria PCT	6,786	3,556	52	1,629	854
5NH	E16000089	East Lancashire PCT	6,588	3,273	50	2,148	1,067
5NM	E16000093	Halton & St. Helens PCT	4,997	2,410	48	2,045	986
5NQ	E16000096	Heywood, Middleton & Rochdale PCT	2,720	1,685	62	1,627	1,008
5J4	E16000038	Knowsley PCT	4,682	2,136	46	3,991	1,821
5NL	E16000092	Liverpool PCT	11,356	5,157	45	2,929	1,330
5NT	E16000149	Manchester PCT <sup>6</sup>	14,921	5,465	37	3,683	1,349
5NF	E16000087	North Lancashire PCT	3,798	2,301	61	1,409	854
5J5	E16000039	Oldham PCT	3,954	2,054	52	2,262	1,175
5F5	E16000025	Salford PCT	6,089	2,202	36	3,217	1,163
5NJ	E16000090	Sefton PCT	6,732	3,345	50	2,970	1,476
5F7	E16000026	Stockport PCT	3,801	1,789	47	1,654	778
5LH	E16000062	Tameside & Glossop PCT	3,331	2,107	63	1,635	1,034
5NR	E16000097	Trafford PCT	2,000	979	49	1,104	540
5J2	E16000037	Warrington PCT	1,536	1,204	78	937	734
5NN	E16000094	Western Cheshire PCT	3,622	1,799	50	1,838	913
5NK	E16000091	Wirral PCT	5,268	2,183	41	2,021	838
<b>D</b>	<b>Yorkshire &amp; Humber</b>		<b>64,626</b>	<b>34,754</b>	<b>54</b>	<b>1,506</b>	<b>810</b>
<b>Q32</b>	<b>E18000003</b>	<b>Yorkshire &amp; Humber SHA</b>	<b>64,626</b>	<b>34,754</b>	<b>54</b>	<b>1,506</b>	<b>810</b>
5JE	E16000042	Barnsley PCT	4,747	2,443	51	2,513	1,293
5NY	E16000102	Bradford & Airedale PCT	7,398	2,968	40	1,846	741
5J6	E16000040	Calderdale PCT	2,895	1,398	48	1,764	852
5N5	E16000078	Doncaster PCT	4,595	2,826	62	1,875	1,153
5NW	E16000100	East Riding of Yorkshire PCT	3,078	2,112	69	1,104	757
5NX	E16000101	Hull PCT	5,809	3,670	63	2,796	1,766
5N2	E16000075	Kirklees PCT	4,222	1,896	45	1,254	563
5N1	E16000074	Leeds PCT	5,773	4,003	69	942	653
TAN	E17000005	North East Lincolnshire Care Trust Plus	2,092	1,173	56	1,601	897
5EF	E16000021	North Lincolnshire PCT	986	630	64	741	474
5NV	E16000099	North Yorkshire & York PCT	6,008	3,095	52	905	466
5H8	E16000031	Rotherham PCT	4,348	2,169	50	2,087	1,041
5N4	E16000077	Sheffield PCT	6,536	3,477	53	1,449	771
5N3	E16000076	Wakefield District PCT	6,139	2,894	47	2,305	1,087
<b>E</b>	<b>East Midlands</b>		<b>63,654</b>	<b>36,017</b>	<b>57</b>	<b>1,721</b>	<b>974</b>
<b>Q33</b>	<b>E18000004</b>	<b>East Midlands SHA</b>	<b>63,654</b>	<b>36,017</b>	<b>57</b>	<b>1,721</b>	<b>974</b>
5ET	E16000023	Bassetlaw PCT	1,970	1,184	60	2,122	1,275
5N7	E16000080	Derby City PCT	4,273	2,290	54	2,156	1,155
5N6	E16000079	Derbyshire County PCT	7,445	4,800	64	1,226	790
5PC	E16000113	Leicester City PCT	5,156	2,743	53	1,981	1,054
5PA	E16000112	Leicestershire County & Rutland PCT	10,038	5,249	52	1,777	929
5N9	E16000082	Lincolnshire PCT	10,184	5,591	55	1,712	940
5PD	E16000114	Northampton PCT	9,825	5,247	53	1,768	944
5EM	E16000022	Nottingham City PCT	4,898	2,743	56	1,973	1,105
5N8	E16000081	Nottinghamshire County PCT	9,865	6,170	63	1,788	1,118

**Table 3.10 People setting a quit date and successful quitters<sup>1,2</sup>, per 100,000 of the population, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>3,4</sup> - Continued**

England			Numbers / Percentages				
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date per 100,000 population aged 16 and over <sup>5,6</sup>	Number of successful quitters per 100,000 population aged 16 and over <sup>5,6</sup>
<b>England</b>			<b>724,247</b>	<b>373,872</b>	<b>52</b>	<b>1,681</b>	<b>868</b>
<b>F West Midlands</b>			<b>85,099</b>	<b>42,537</b>	<b>50</b>	<b>1,885</b>	<b>942</b>
<b>Q34</b>	<b>E18000005</b>	<b>West Midlands SHA</b>	<b>85,099</b>	<b>42,537</b>	<b>50</b>	<b>1,885</b>	<b>942</b>
5PG	E16000117	Birmingham East & North PCT	6,713	3,513	52	2,099	1,098
5MD	E16000070	Coventry Teaching PCT	6,619	3,245	49	2,606	1,278
5PE	E16000115	Dudley PCT	5,002	2,746	55	1,971	1,082
5MX	E16000073	Heart of Birmingham Teaching PCT	4,799	2,291	48	2,135	1,019
5CN	E16000015	Herefordshire PCT	1,308	558	43	859	366
5PH	E16000118	North Staffordshire PCT	2,735	1,562	57	1,546	883
5PF	E16000116	Sandwell PCT	5,428	2,536	47	2,238	1,045
5M2	E16000065	Shropshire County PCT	4,529	2,420	53	1,782	952
5QW	E17000004	Solihull PCT	2,788	1,251	45	1,663	746
5M1	E16000064	South Birmingham PCT	5,661	2,905	51	1,989	1,021
5PK	E16000120	South Staffordshire PCT	8,785	4,149	47	1,704	805
5PJ	E16000119	Stoke on Trent PCT	6,051	3,523	58	2,919	1,700
5MK	E16000071	Telford & Wrekin PCT	3,597	1,842	51	2,713	1,389
5M3	E16000066	Walsall Teaching PCT	5,077	2,686	53	2,379	1,259
5PM	E16000122	Warwickshire PCT	7,348	3,432	47	1,640	766
5MV	E16000072	Wolverhampton City PCT	3,058	1,392	46	1,527	695
5PL	E16000121	Worcestershire PCT	5,601	2,486	44	1,202	533
<b>G East of England</b>			<b>78,994</b>	<b>42,385</b>	<b>54</b>	<b>1,662</b>	<b>892</b>
<b>Q35</b>	<b>E18000006</b>	<b>East of England SHA</b>	<b>78,994</b>	<b>42,385</b>	<b>54</b>	<b>1,662</b>	<b>892</b>
5P2	E16000104	Bedfordshire PCT	4,950	2,999	61	1,491	903
5PP	E16000124	Cambridgeshire PCT	7,817	3,725	48	1,534	731
5PR	E16000126	Great Yarmouth & Waveney PCT	4,217	2,221	53	2,403	1,265
5QV	E16000150	Hertfordshire PCT	14,133	7,895	56	1,578	881
5GC	E16000029	Luton PCT	2,783	1,450	52	1,775	925
5PX	E16000130	Mid Essex PCT	4,629	3,095	67	1,520	1,016
5PQ	E16000125	Norfolk PCT	7,630	3,812	50	1,202	601
5PW	E16000129	North East Essex PCT	5,555	3,308	60	2,158	1,285
5PN	E16000123	Peterborough PCT	1,878	1,330	71	1,293	916
5P1	E16000103	South East Essex PCT	6,414	2,850	44	2,269	1,008
5PY	E16000131	South West Essex PCT	7,078	3,408	48	2,186	1,052
5PT	E16000127	Suffolk PCT	8,804	4,402	50	1,755	877
5PV	E16000128	West Essex PCT	3,106	1,890	61	1,332	811
<b>H London</b>			<b>100,487</b>	<b>52,940</b>	<b>53</b>	<b>1,528</b>	<b>805</b>
<b>Q36</b>	<b>E18000007</b>	<b>London SHA</b>	<b>100,487</b>	<b>52,940</b>	<b>53</b>	<b>1,528</b>	<b>805</b>
5C2	E16000009	Barking & Dagenham PCT	2,204	1,480	67	1,591	1,069
5A9	E16000006	Barnet PCT	3,778	2,124	56	1,335	750
TAK	E17000002	Bexley Care Trust	2,529	1,462	58	1,366	789
5K5	E16000045	Brent Teaching PCT	5,429	2,378	44	2,177	954
5A7	E16000004	Bromley PCT	3,583	1,923	54	1,434	770
5K7	E16000047	Camden PCT	2,499	1,131	45	1,353	612
5C3	E16000010	City & Hackney Teaching PCT	5,705	2,214	39	2,813	1,092
5K9	E16000049	Croydon PCT	3,695	2,263	61	1,294	793
5HX	E16000035	Ealing PCT	3,882	2,064	53	1,437	764
5C1	E16000008	Enfield PCT	2,579	1,584	61	1,059	650
5A8	E16000005	Greenwich Teaching PCT	3,595	1,881	52	1,798	941
5H1	E16000030	Hammersmith & Fulham PCT	3,496	1,813	52	2,288	1,187
5C9	E16000013	Haringey Teaching PCT	3,137	1,950	62	1,541	958
5K6	E16000046	Harrow PCT	2,047	915	45	1,064	476
5A4	E16000002	Havering PCT	1,997	1,427	71	1,033	738
5AT	E16000007	Hillingdon PCT	2,730	1,554	57	1,251	712
5HY	E16000036	Hounslow PCT	3,425	1,908	56	1,685	939
5K8	E16000048	Islington PCT	4,674	2,246	48	2,694	1,295
5LA	E16000056	Kensington & Chelsea PCT	2,026	1,241	61	1,514	928
5A5	E16000003	Kingston PCT	1,152	724	63	886	557
5LD	E16000058	Lambeth PCT	5,384	2,303	43	2,157	923
5LF	E16000060	Lewisham PCT	3,906	1,803	46	1,778	821
5C5	E16000012	Newham PCT	4,120	2,242	54	1,714	933
5NA	E16000083	Redbridge PCT	2,003	1,219	61	919	559
5M6	E16000067	Richmond & Twickenham PCT	983	646	66	654	429
5LE	E16000059	Southwark PCT	3,860	1,536	40	1,640	653
5M7	E16000068	Sutton & Merton PCT	2,395	1,097	46	762	349
5C4	E16000011	Tower Hamlets PCT	6,316	3,260	52	3,071	1,585
5NC	E16000084	Waltham Forest PCT	1,691	1,306	77	827	639
5LG	E16000061	Wandsworth PCT	2,733	1,526	56	1,066	595
5LC	E16000057	Westminster PCT	2,934	1,720	59	1,571	921

**Table 3.10 People setting a quit date and successful quitters<sup>1,2</sup>, per 100,000 of the population, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>3,4</sup> - Continued**

England			Numbers / Percentages				
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Percentage who successfully quit	Number setting a quit date per 100,000 population aged 16 and over <sup>5,6</sup>	Number of successful quitters per 100,000 population aged 16 and over <sup>5,6</sup>
<b>England</b>			<b>724,247</b>	<b>373,872</b>	<b>52</b>	<b>1,681</b>	<b>868</b>
<b>J</b>	<b>South East</b>		<b>90,007</b>	<b>48,252</b>	<b>54</b>	<b>1,284</b>	<b>688</b>
<b>Q37</b>	<b>E18000008</b>	<b>South East Coast SHA</b>	<b>45,495</b>	<b>23,416</b>	<b>51</b>	<b>1,250</b>	<b>643</b>
5LQ	E16000063	Brighton & Hove City PCT	3,529	2,042	58	1,544	894
5P7	E16000109	East Sussex Downs & Weald PCT	3,252	1,538	47	1,144	541
5QA	E16000132	Eastern & Coastal Kent PCT	9,608	5,254	55	1,556	851
5P8	E16000110	Hastings & Rother PCT	3,026	1,321	44	1,991	869
5L3	E16000055	Medway PCT	4,630	2,271	49	2,191	1,075
5P5	E16000107	Surrey PCT	6,354	3,927	62	700	433
5P9	E16000111	West Kent PCT	7,150	3,158	44	1,265	559
5P6	E16000108	West Sussex PCT	7,946	3,905	49	1,197	588
<b>Q38</b>	<b>E18000009</b>	<b>South Central SHA</b>	<b>44,512</b>	<b>24,836</b>	<b>56</b>	<b>1,321</b>	<b>737</b>
5QG	E16000137	Berkshire East PCT	5,049	3,184	63	1,564	986
5QF	E16000136	Berkshire West PCT	2,317	1,481	64	623	398
5QD	E16000134	Buckinghamshire PCT	3,533	2,107	60	849	507
5QC	E16000133	Hampshire PCT	12,882	6,466	50	1,197	601
5QT	E16000147	Isle of Wight PCT	2,629	1,311	50	2,271	1,133
5CQ	E16000016	Milton Keynes PCT	3,237	1,895	59	1,628	953
5QE	E16000135	Oxford PCT	6,279	3,703	59	1,226	723
5FE	E16000027	Portsmouth City Teaching PCT	5,507	3,142	57	3,285	1,874
5L1	E16000054	Southampton City PCT	3,079	1,547	50	1,584	796
<b>K</b>	<b>South West</b>		<b>64,392</b>	<b>33,320</b>	<b>52</b>	<b>1,473</b>	<b>762</b>
<b>Q39</b>	<b>E18000010</b>	<b>South West SHA</b>	<b>64,392</b>	<b>33,320</b>	<b>52</b>	<b>1,473</b>	<b>762</b>
5FL	E16000028	Bath & North East Somerset PCT	2,005	1,121	56	1,373	768
5QN	E16000143	Bournemouth & Poole PCT	3,024	1,580	52	1,090	569
5QJ	E16000139	Bristol PCT	6,754	2,946	44	1,933	843
5QP	E16000144	Cornwall & Isles Of Scilly PCT	7,150	4,238	59	1,604	951
5QQ	E16000145	Devon PCT	6,837	3,661	54	1,095	586
5QM	E16000142	Dorset PCT	3,717	1,965	53	1,072	567
5QH	E16000138	Gloucestershire PCT	6,440	3,727	58	1,310	758
5M8	E16000069	North Somerset PCT	2,880	1,408	49	1,731	846
5F1	E16000024	Plymouth Teaching PCT	5,086	2,287	45	2,403	1,081
5QL	E16000141	Somerset PCT	7,953	3,525	44	1,819	806
5A3	E16000001	South Gloucestershire PCT	2,672	1,313	49	1,252	615
5K3	E16000044	Swindon PCT	2,569	1,522	59	1,490	883
TAL	E17000003	Torbay Care Trust	2,122	1,125	53	1,938	1,027
5QK	E16000140	Wiltshire PCT	5,183	2,902	56	1,353	757

1. May include clients who are aged 15 and under.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date. The figures presented here are based on self-report of smoking status by the client at the 4 week follow-up.

3. In 2012/13 there was a change in the way data was collected on people accessing Stop Smoking Services via their GP in Manchester PCT. It has been identified that the number of setters and the number of quitters lost to follow up within GP practices was over-reported therefore also affecting the success rate of the PCT. The reasons for this are currently being investigated. This issue affects the data for Manchester PCT, the totals for North West SHA and to a lesser extent England level figures. This issue also needs to be considered when making comparisons over time.

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

5. The rate of people who set a quit date and successfully quit at 4 weeks (based on self-report) per 100,000 population aged 16 and over uses 2011 estimated resident mid-year

6. Information on ONS Population data for Mid-2011 (2011 Census-based) is available at:

<http://www.ons.gov.uk/ons/rel/pop-estimate/population-estimates-for-england-and-wales/mid-2011--2011-census-based/index.html>

**Source:**

The Health and Social Care Information Centre, Lifestyles Statistics.

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Table 3.11 Number setting a quit date and outcome<sup>1</sup>, by gender, Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England																Numbers									
Total																Males					Females				
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>								
<b>England</b>			<b>724,247</b>	<b>373,872</b>	<b>185,603</b>	<b>164,772</b>	<b>265,140</b>	<b>347,837</b>	<b>183,837</b>	<b>84,884</b>	<b>79,116</b>	<b>131,465</b>	<b>376,410</b>	<b>190,035</b>	<b>100,719</b>	<b>85,656</b>	<b>133,675</b>								
<b>H</b>	<b>London</b>		<b>100,487</b>	<b>52,940</b>	<b>20,650</b>	<b>26,897</b>	<b>37,425</b>	<b>53,300</b>	<b>28,339</b>	<b>10,665</b>	<b>14,296</b>	<b>20,129</b>	<b>47,187</b>	<b>24,601</b>	<b>9,985</b>	<b>12,601</b>	<b>17,296</b>								
Q36	E18000007	London SHA	100,487	52,940	20,650	26,897	37,425	53,300	28,339	10,665	14,296	20,129	47,187	24,601	9,985	12,601	17,296								
5C2	E16000009	Barking & Dagenham PCT	2,204	1,480	52	672	1,262	1,017	702	25	290	599	1,187	778	27	382	663								
5A9	E16000006	Barnet PCT	3,778	2,124	718	936	1,905	2,004	1,107	404	493	989	1,774	1,017	314	443	916								
TAK	E17000002	Bexley Care Trust	2,529	1,462	855	212	1,253	1,081	651	339	91	551	1,448	811	516	121	702								
5K5	E16000045	Brent Teaching PCT	5,429	2,378	1,444	1,607	2,029	3,434	1,500	879	1,055	1,294	1,995	878	565	552	735								
5A7	E16000004	Bromley PCT	3,583	1,923	710	950	1,327	1,635	910	315	410	639	1,948	1,013	395	540	688								
5K7	E16000047	Camden PCT	2,499	1,131	484	884	1,378	640	249	489	481	1,121	491	235	395	366									
5C3	E16000010	City & Hackney Teaching PCT	5,705	2,214	737	2,754	3,014	1,186	374	1,454	1,048	2,691	1,028	363	1,300	925									
5K9	E16000049	Croydon PCT	3,695	2,263	1,007	425	1,579	1,849	1,123	495	231	763	1,846	1,140	512	194	816								
5HX	E16000035	Ealing PCT	3,882	2,064	812	1,006	1,500	2,219	1,261	415	543	938	1,663	803	397	463	562								
5C1	E16000008	Enfield PCT	2,579	1,584	0	995	813	1,194	731	0	463	400	1,385	853	0	532	413								
5A8	E16000005	Greenwich Teaching PCT	3,595	1,881	488	1,226	1,321	1,839	956	250	633	693	1,756	925	238	593	628								
5H1	E16000030	Hammersmith & Fulham PCT	3,496	1,813	1,522	161	1,319	1,873	1,000	782	91	740	1,623	813	740	70	579								
5C9	E16000013	Haringey Teaching PCT	3,137	1,950	0	1,187	968	1,562	974	0	588	489	1,575	976	0	599	479								
5K6	E16000046	Harrow PCT	2,047	915	128	1,004	781	1,154	515	68	571	450	893	400	60	433	331								
5A4	E16000002	Havering PCT	1,997	1,427	46	524	1,179	910	645	23	242	533	1,087	782	23	282	646								
5AT	E16000007	Hillingdon PCT	2,730	1,554	242	934	1,386	1,322	756	115	451	660	1,408	798	127	483	726								
5HY	E16000036	Hounslow PCT	3,425	1,908	1,183	334	1,041	1,859	1,082	608	169	608	1,566	826	575	165	433								
5K8	E16000048	Islington PCT	4,674	2,246	1,580	848	1,286	2,224	1,063	726	435	636	2,450	1,183	854	413	650								
5LA	E16000056	Kensington & Chelsea PCT	2,026	1,241	114	671	498	1,134	697	64	373	283	892	544	50	298	215								
5A5	E16000003	Kingston PCT	1,152	724	289	139	383	598	375	151	72	197	554	349	138	67	186								
5LD	E16000058	Lambeth PCT	5,384	2,303	1,756	1,325	1,508	2,913	1,262	693	850	2,471	1,041	798	632	658									
5LF	E16000060	Lewisham PCT	3,906	1,803	684	1,419	1,492	1,824	842	324	658	688	2,082	961	360	761	804								
5C5	E16000012	Newham PCT	4,120	2,242	989	889	1,248	2,474	1,361	580	533	730	1,646	881	409	356	518								
5NA	E16000083	Redbridge PCT	2,003	1,219	98	686	891	1,186	710	58	418	530	817	509	40	268	361								
5M6	E16000067	Richmond & Twickenham PCT	983	646	221	116	323	499	328	105	66	159	484	318	116	50	164								
5LE	E16000059	Southwark PCT	3,860	1,536	876	1,448	908	1,890	754	406	730	433	1,970	782	470	718	475								
5M7	E16000068	Sutton & Merton PCT	2,395	1,097	825	473	917	1,080	521	350	209	435	1,315	576	475	264	482								
5C4	E16000011	Tower Hamlets PCT	6,316	3,260	1,581	1,475	2,676	4,173	2,195	966	1,012	1,803	2,143	1,065	615	463	873								
5NC	E16000084	Waltham Forest PCT	1,691	1,306	35	350	875	849	669	18	162	441	842	637	17	188	434								
5LG	E16000061	Wandsworth PCT	2,733	1,526	375	832	1,141	1,398	811	159	428	608	1,335	715	216	404	533								
5LC	E16000057	Westminster PCT	2,934	1,720	799	415	796	1,714	1,012	459	243	461	1,220	708	340	172	335								
<b>J</b>	<b>South East</b>		<b>90,007</b>	<b>48,252</b>	<b>22,964</b>	<b>18,791</b>	<b>35,884</b>	<b>43,992</b>	<b>23,994</b>	<b>11,027</b>	<b>8,971</b>	<b>17,817</b>	<b>46,015</b>	<b>24,258</b>	<b>11,937</b>	<b>9,820</b>	<b>18,067</b>								
Q37	E18000008	South East Coast SHA	45,495	23,416	11,946	10,133	17,271	21,973	11,588	5,619	4,766	8,584	23,522	11,828	6,327	5,367	8,687								
5LQ	E16000063	Brighton & Hove City PCT	3,529	2,042	1,426	61	1,569	1,754	1,012	714	28	795	1,775	1,030	712	33	774								
5P7	E16000109	East Sussex Downs & Weald PCT	3,252	1,538	627	1,087	1,215	1,676	821	313	542	681	1,576	717	314	545	534								
5QA	E16000132	Eastern & Coastal Kent PCT	9,608	5,254	3,116	1,238	4,312	4,565	2,506	1,412	647	2,069	5,043	2,748	1,704	591	2,243								
5P8	E16000110	Hastings & Rother PCT	3,026	1,321	722	983	1,023	1,352	612	309	431	491	1,674	709	413	552	532								
5L3	E16000055	Medway PCT	4,630	2,271	1,426	933	1,426	2,228	1,107	464	657	882	2,402	1,164	469	769	925								
5P5	E16000107	Surrey PCT	6,354	3,927	1,519	908	2,015	3,254	2,072	729	453	1,038	3,100	1,855	790	455	977								
5P9	E16000111	West Kent PCT	7,150	3,158	1,834	2,158	2,358	3,348	1,579	848	921	1,190	3,802	1,579	986	1,237	1,168								
5P6	E16000108	West Sussex PCT	7,946	3,905	1,769	2,272	2,972	3,796	1,879	830	1,087	1,438	4,150	2,026	939	1,185	1,534								

Table 3.11 Number setting a quit date and outcome<sup>1</sup>, by gender, Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England																	Numbers
		Total					Males					Females					
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>
		<b>England</b>	<b>724,247</b>	<b>373,872</b>	<b>185,603</b>	<b>164,772</b>	<b>265,140</b>	<b>347,837</b>	<b>183,837</b>	<b>84,884</b>	<b>79,116</b>	<b>131,465</b>	<b>376,410</b>	<b>190,035</b>	<b>100,719</b>	<b>85,656</b>	<b>133,675</b>
<b>Q38</b>	<b>E18000009</b>	<b>South Central SHA</b>	<b>44,512</b>	<b>24,836</b>	<b>11,018</b>	<b>8,658</b>	<b>18,613</b>	<b>22,019</b>	<b>12,406</b>	<b>5,408</b>	<b>4,205</b>	<b>9,233</b>	<b>22,493</b>	<b>12,430</b>	<b>5,610</b>	<b>4,453</b>	<b>9,380</b>
5QG	E16000137	Berkshire East PCT	5,049	3,184	1,613	252	2,197	2,632	1,621	876	135	1,110	2,417	1,563	737	117	1,087
5QF	E16000136	Berkshire West PCT	2,317	1,481	475	361	1,186	1,097	700	244	153	587	1,220	781	231	208	599
5QD	E16000134	Buckinghamshire PCT	3,533	2,107	525	901	1,535	1,870	1,127	286	457	826	1,663	980	239	444	709
5QC	E16000133	Hampshire PCT	12,882	6,466	3,749	2,667	5,256	6,243	3,204	1,726	1,313	2,580	6,639	3,262	2,023	1,354	2,676
5QT	E16000147	Isle of Wight PCT	2,629	1,311	143	1,175	1,096	1,259	639	81	539	541	1,370	672	62	636	555
5CQ	E16000016	Milton Keynes PCT	3,237	1,895	649	693	1,634	1,518	903	287	328	776	1,719	992	362	365	858
5QE	E16000135	Oxford PCT	6,279	3,703	1,127	1,449	2,721	3,134	1,830	572	732	1,337	3,145	1,873	555	717	1,384
5FE	E16000027	Portsmouth City Teaching PCT	5,507	3,142	2,082	283	2,014	2,831	1,636	1,055	140	1,028	2,676	1,506	1,027	143	986
5L1	E16000054	Southampton City PCT	3,079	1,547	655	877	974	1,435	746	281	408	448	1,644	801	374	469	526
<b>K</b>		<b>South West</b>	<b>64,392</b>	<b>33,320</b>	<b>18,572</b>	<b>12,500</b>	<b>25,957</b>	<b>31,261</b>	<b>16,404</b>	<b>8,735</b>	<b>6,122</b>	<b>12,898</b>	<b>33,131</b>	<b>16,916</b>	<b>9,837</b>	<b>6,378</b>	<b>13,059</b>
<b>Q39</b>	<b>E18000010</b>	<b>South West SHA</b>	<b>64,392</b>	<b>33,320</b>	<b>18,572</b>	<b>12,500</b>	<b>25,957</b>	<b>31,261</b>	<b>16,404</b>	<b>8,735</b>	<b>6,122</b>	<b>12,898</b>	<b>33,131</b>	<b>16,916</b>	<b>9,837</b>	<b>6,378</b>	<b>13,059</b>
5FL	E16000028	Bath & North East Somerset PCT	2,005	1,121	520	364	872	920	513	229	178	396	1,085	608	291	186	476
5QN	E16000143	Bournemouth & Poole PCT	3,024	1,580	600	844	1,190	1,458	799	270	389	605	1,566	781	330	455	585
5QJ	E16000139	Bristol PCT	6,754	2,946	2,087	1,721	2,142	3,395	1,479	1,070	846	1,073	3,359	1,467	1,017	875	1,069
5QP	E16000144	Cornwall & Isles Of Scilly PCT	7,150	4,238	1,573	1,339	3,568	3,427	1,956	809	662	1,677	3,723	2,282	764	677	1,891
5QQ	E16000145	Devon PCT	6,837	3,661	2,360	816	2,749	3,438	1,847	1,155	436	1,397	3,399	1,814	1,205	380	1,352
5QM	E16000142	Dorset PCT	3,717	1,965	689	1,063	1,642	1,905	1,051	332	522	875	1,812	914	357	541	767
5QH	E16000138	Gloucestershire PCT	6,440	3,727	748	1,965	2,685	3,189	1,903	344	942	1,385	3,251	1,824	404	1,023	1,300
5M8	E16000069	North Somerset PCT	2,880	1,408	770	702	1,126	1,340	666	340	334	537	1,540	742	430	368	589
5F1	E16000024	Plymouth Teaching PCT	5,086	2,287	1,812	987	1,851	2,284	1,030	800	454	823	2,802	1,257	1,012	533	1,028
5QL	E16000141	Somerset PCT	7,953	3,525	3,713	715	3,173	3,876	1,787	1,731	358	1,620	4,077	1,738	1,982	357	1,553
5A3	E16000001	South Gloucestershire PCT	2,672	1,313	842	517	1,007	1,238	637	345	256	491	1,434	676	497	261	516
5K3	E16000044	Swindon PCT	2,569	1,522	845	202	1,157	1,228	757	379	92	567	1,341	765	466	110	590
TAL	E17000003	Torbay Care Trust	2,122	1,125	310	687	668	980	500	143	337	340	1,142	625	167	350	328
5QK	E16000140	Wiltshire PCT	5,183	2,902	1,703	578	2,127	2,583	1,479	788	316	1,112	2,600	1,423	915	262	1,015

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

Source:  
Health and Social Care Information Centre, Lifestyles Statistics.

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Table 3.12 Number setting a quit date and outcome<sup>1</sup>, by age group, Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England			under 34					35-44					45-59					60+				Numbers
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>
England			242,993	110,280	63,353	69,360	72,808	166,025	88,480	39,913	37,632	63,358	201,335	108,092	52,382	40,861	78,872	113,894	67,020	29,955	16,919	50,102
<b>Q38</b>	<b>E18000009</b>	<b>South Central SHA</b>	<b>15,783</b>	<b>7,871</b>	<b>4,111</b>	<b>3,801</b>	<b>5,611</b>	<b>10,375</b>	<b>6,023</b>	<b>2,391</b>	<b>1,961</b>	<b>4,511</b>	<b>11,989</b>	<b>6,937</b>	<b>2,967</b>	<b>2,085</b>	<b>5,315</b>	<b>6,365</b>	<b>4,005</b>	<b>1,549</b>	<b>811</b>	<b>3,176</b>
SOG	E16000137	Berkshire East PCT	2,444	1,463	882	99	985	1,151	759	332	60	532	1,054	666	321	67	476	400	296	78	26	204
SCF	E16000136	Berkshire West PCT	795	425	191	179	322	504	343	98	63	277	650	430	126	94	347	368	263	60	25	240
SOD	E16000134	Buckinghamshire PCT	1,052	587	134	331	396	836	515	119	202	370	1,004	602	159	243	445	641	403	113	125	324
SOC	E16000133	Hampshire PCT	4,151	1,710	1,206	1,235	1,233	3,060	1,617	851	612	1,319	3,669	1,967	1,093	609	1,660	1,982	1,172	599	211	1,044
SOT	E16000147	Isle of Wight PCT	859	347	35	477	280	597	304	27	266	241	758	409	47	302	352	415	251	34	130	223
SCQ	E16000016	Milton Keynes PCT	1,057	555	184	318	460	786	475	160	151	401	899	556	178	165	494	495	309	127	59	279
SQE	E16000135	Oxford PCT	2,084	1,080	383	621	827	1,468	888	240	340	648	1,740	1,084	316	340	771	987	651	188	148	475
SFE	E16000027	Ports mouth City Teaching PCT	2,187	1,180	911	96	759	1,260	774	410	76	488	1,413	806	527	80	518	647	382	234	31	249
SL1	E16000054	Southampton City PCT	1,154	524	185	445	349	693	348	154	191	235	802	417	200	185	252	430	258	116	56	138
<b>K</b>	<b>E18000010</b>	<b>South West</b>	<b>19,786</b>	<b>8,975</b>	<b>5,865</b>	<b>4,946</b>	<b>6,504</b>	<b>14,895</b>	<b>7,937</b>	<b>4,007</b>	<b>2,951</b>	<b>6,237</b>	<b>18,744</b>	<b>9,915</b>	<b>5,556</b>	<b>3,273</b>	<b>7,915</b>	<b>10,967</b>	<b>6,493</b>	<b>3,144</b>	<b>1,330</b>	<b>5,301</b>
<b>Q39</b>	<b>E18000010</b>	<b>South West SHA</b>	<b>19,786</b>	<b>8,975</b>	<b>5,865</b>	<b>4,946</b>	<b>6,504</b>	<b>14,895</b>	<b>7,937</b>	<b>4,007</b>	<b>2,951</b>	<b>6,237</b>	<b>18,744</b>	<b>9,915</b>	<b>5,556</b>	<b>3,273</b>	<b>7,915</b>	<b>10,967</b>	<b>6,493</b>	<b>3,144</b>	<b>1,330</b>	<b>5,301</b>
SFL	E16000028	Bath & North East Somerset PCT	598	314	144	140	225	476	275	114	87	215	595	334	154	107	270	336	198	108	30	162
SGN	E16000143	Bournemouth & Poole PCT	914	434	167	313	274	777	427	138	212	331	867	439	201	227	344	466	280	94	92	241
SOJ	E16000139	Bristol PCT	2,470	919	800	751	615	1,587	718	464	405	517	1,629	876	536	417	664	868	433	287	148	346
SOP	E16000144	Corwall & Isles Of Scilly PCT	1,705	918	395	392	783	1,675	1,049	302	324	873	2,183	1,243	533	407	1,047	1,587	1,028	343	216	865
SOQ	E16000145	Devon PCT	2,023	972	687	364	673	1,549	834	531	184	623	2,068	1,144	738	186	868	1,197	711	404	82	585
SOM	E16000142	Dorset PCT	1,082	504	192	386	428	837	431	134	272	357	1,088	601	191	296	503	710	429	172	109	354
SOH	E16000138	Gloucestershire PCT	2,084	1,113	226	745	727	1,478	835	169	474	608	1,851	1,097	237	517	836	1,027	682	116	229	514
SM8	E16000069	North Somerset PCT	849	352	228	269	252	724	374	171	179	308	852	416	240	196	333	455	266	131	58	233
SF1	E16000024	Plymouth Teaching PCT	1,615	647	560	408	483	1,095	497	370	228	422	1,583	722	599	262	586	793	421	283	89	360
SOL	E16000141	Somerset PCT	2,334	818	1,255	261	708	1,762	810	805	147	737	2,331	1,073	1,073	185	970	1,526	824	580	122	758
SA3	E16000001	South Gloucestershire PCT	919	406	300	213	309	627	319	169	139	238	689	351	215	123	265	437	237	158	42	195
SK3	E16000044	Swindon PCT	819	460	278	81	318	649	400	193	56	311	702	405	250	47	320	399	257	124	18	208
TAL	E17000003	Torbay Care Trust	712	301	113	298	166	433	254	58	121	163	632	351	80	201	254	345	219	59	67	85
SQK	E16000140	Wiltshire PCT	1,662	817	520	325	543	1,226	714	389	123	534	1,474	863	509	102	655	821	508	285	28	395

1. A client counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of the level of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

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Table 3.13 Pregnant women setting a quit date and outcome<sup>1</sup>, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup>

England													Numbers / Percentages	
		Numbers					Percentages							
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)	
<b>England</b>			<b>21,780</b>	<b>10,222</b>	<b>6,426</b>	<b>5,132</b>	<b>6,093</b>	<b>100</b>	<b>47</b>	<b>30</b>	<b>24</b>	<b>28</b>	<b>60</b>	
<b>A North East</b>			<b>1,554</b>	<b>594</b>	<b>463</b>	<b>497</b>	<b>372</b>	<b>100</b>	<b>38</b>	<b>30</b>	<b>32</b>	<b>24</b>	<b>63</b>	
<b>Q30</b>	<b>E18000001</b>	<b>North East SHA</b>	<b>1,554</b>	<b>594</b>	<b>463</b>	<b>497</b>	<b>372</b>	<b>100</b>	<b>38</b>	<b>30</b>	<b>32</b>	<b>24</b>	<b>63</b>	
5ND	E16000085	County Durham PCT	231	92	44	95	60	100	40	19	41	26	65	
5J9	E16000041	Darlington PCT	94	37	25	32	28	100	39	27	34	30	76	
5KF	E16000050	Gateshead PCT	45	21	9	15	14	100	47	20	33	31	67	
5D9	E16000019	Hartlepool PCT	189	57	80	52	25	100	30	42	28	13	44	
5KM	E16000053	Middlesbrough PCT	125	45	37	43	10	100	36	30	34	8	22	
5D7	E16000017	Newcastle PCT	110	54	34	22	35	100	49	31	20	32	65	
5D8	E16000018	North Tyneside PCT	66	37	21	8	22	100	56	32	12	33	59	
TAC	E17000001	Northumberland Care Trust	191	53	43	95	47	100	28	23	50	25	89	
5QR	E16000146	Redcar & Cleveland PCT	101	31	43	27	11	100	31	43	27	11	35	
5KG	E16000051	South Tyneside PCT	53	20	13	20	15	100	38	25	38	28	75	
5E1	E16000020	North Tees PCT	150	53	47	50	32	100	35	31	33	21	60	
5KL	E16000052	Sunderland Teaching PCT	199	94	67	38	73	100	47	34	19	37	78	
<b>B North West</b>			<b>3,956</b>	<b>1,649</b>	<b>1,594</b>	<b>713</b>	<b>980</b>	<b>100</b>	<b>42</b>	<b>40</b>	<b>18</b>	<b>25</b>	<b>59</b>	
<b>Q31</b>	<b>E18000002</b>	<b>North West SHA</b>	<b>3,956</b>	<b>1,649</b>	<b>1,594</b>	<b>713</b>	<b>980</b>	<b>100</b>	<b>42</b>	<b>40</b>	<b>18</b>	<b>25</b>	<b>59</b>	
5HG	E16000032	Ashton, Leigh & Wigan PCT	252	146	93	13	80	100	58	37	5	32	55	
TAP	E17000006	Blackburn with Darwen PCT	118	43	42	33	34	100	36	36	28	29	79	
5HP	E16000033	Blackpool PCT	159	45	48	66	17	100	28	30	42	11	38	
5HQ	E16000148	Bolton PCT	85	48	16	21	33	100	56	19	25	39	69	
5JX	E16000043	Bury PCT	77	35	30	12	30	100	45	39	16	39	86	
5NP	E16000095	Central & Eastern Cheshire PCT	109	48	34	27	36	100	44	31	25	33	75	
5NG	E16000088	Central Lancashire PCT	194	60	83	51	33	100	31	43	26	17	55	
5NE	E16000086	Cumbria PCT	335	139	152	44	67	100	41	45	13	20	48	
5NH	E16000089	East Lancashire PCT	190	75	86	29	58	100	39	45	15	31	77	
5NM	E16000093	Halton & St. Helens PCT	221	78	137	6	67	100	35	62	3	30	86	
5NQ	E16000096	Heywood, Middleton & Rochdale PCT	84	54	18	12	35	100	64	21	14	42	65	
5JA	E16000038	Knowsley PCT	153	60	62	31	46	100	39	41	20	30	77	
5NL	E16000092	Liverpool PCT	240	113	60	67	71	100	47	25	28	30	63	
5NT	E16000149	Manchester PCT <sup>2</sup>	425	116	193	116	34	100	27	45	27	8	29	
5NF	E16000087	North Lancashire PCT	117	55	27	35	35	100	47	23	30	30	64	
5J5	E16000039	Oldham PCT	167	60	99	8	22	100	36	59	5	13	37	
5F5	E16000025	Salford PCT	201	64	130	7	33	100	32	65	3	16	52	
5NJ	E16000090	Sefton PCT	264	116	137	11	59	100	44	52	4	22	51	
5F7	E16000026	Stockport PCT	49	42	2	5	16	100	86	4	10	33	38	
5LH	E16000062	Tameside & Glossop PCT	57	39	9	9	14	100	68	16	16	25	36	
5NR	E16000097	Trafford PCT	9	6	3	0	1	100	67	33	0	11	17	
5J2	E16000037	Warrington PCT	63	30	13	20	18	100	48	21	32	29	60	
5NN	E16000094	Western Cheshire PCT	227	108	82	37	84	100	48	36	16	37	78	
5NK	E16000091	Wirral PCT	160	69	38	53	57	100	43	24	33	36	83	



Table 3.13 Pregnant women setting a quit date and outcome<sup>1</sup>, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England													Numbers / Percentages	
		Numbers					Percentages							
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)	
<b>England</b>			<b>21,780</b>	<b>10,222</b>	<b>6,426</b>	<b>5,132</b>	<b>6,093</b>	<b>100</b>	<b>47</b>	<b>30</b>	<b>24</b>	<b>28</b>	<b>60</b>	
<b>D</b>	<b>Yorkshire &amp; Humber</b>		<b>2,580</b>	<b>1,222</b>	<b>623</b>	<b>735</b>	<b>864</b>	<b>100</b>	<b>47</b>	<b>24</b>	<b>28</b>	<b>33</b>	<b>71</b>	
<b>Q32</b>	<b>E18000003</b>	<b>Yorkshire &amp; Humber SHA</b>	<b>2,580</b>	<b>1,222</b>	<b>623</b>	<b>735</b>	<b>864</b>	<b>100</b>	<b>47</b>	<b>24</b>	<b>28</b>	<b>33</b>	<b>71</b>	
5JE	E16000042	Barnsley PCT	263	105	59	99	70	100	40	22	38	27	67	
5NY	E16000102	Bradford & Airedale PCT	353	100	46	207	31	100	28	13	59	9	31	
5J6	E16000040	Calderdale PCT	54	21	7	26	12	100	39	13	48	22	57	
5N5	E16000078	Doncaster PCT	216	112	53	51	94	100	52	25	24	44	84	
5NW	E16000100	East Riding of Yorkshire PCT	45	28	7	10	14	100	62	16	22	31	50	
5NX	E16000101	Hull PCT	246	146	62	38	106	100	59	25	15	43	73	
5N2	E16000075	Kirklees PCT	89	41	14	34	21	100	46	16	38	24	51	
5N1	E16000074	Leeds PCT	180	90	54	36	69	100	50	30	20	38	77	
TAN	E17000005	North East Lincolnshire Care Trust Plus	98	27	39	32	17	100	28	40	33	17	63	
5EF	E16000021	North Lincolnshire PCT	60	30	20	10	23	100	50	33	17	38	77	
5NV	E16000099	North Yorkshire & York PCT	253	94	93	66	72	100	37	37	26	28	77	
5H8	E16000031	Rotherham PCT	299	143	111	45	79	100	48	37	15	26	55	
5N4	E16000077	Sheffield PCT	215	175	24	16	162	100	81	11	7	75	93	
5N3	E16000076	Wakefield District PCT	209	110	34	65	94	100	53	16	31	45	85	
<b>E</b>	<b>East Midlands</b>		<b>2,758</b>	<b>1,712</b>	<b>635</b>	<b>411</b>	<b>709</b>	<b>100</b>	<b>62</b>	<b>23</b>	<b>15</b>	<b>26</b>	<b>41</b>	
<b>Q33</b>	<b>E18000004</b>	<b>East Midlands SHA</b>	<b>2,758</b>	<b>1,712</b>	<b>635</b>	<b>411</b>	<b>709</b>	<b>100</b>	<b>62</b>	<b>23</b>	<b>15</b>	<b>26</b>	<b>41</b>	
5ET	E16000023	Bassetlaw PCT	64	41	14	9	5	100	64	22	14	8	12	
5N7	E16000080	Derby City PCT	145	83	41	21	17	100	57	28	14	12	20	
5N6	E16000079	Derbyshire County PCT	321	225	81	15	101	100	70	25	5	31	45	
5PC	E16000113	Leicester City PCT	285	152	32	101	113	100	53	11	35	40	74	
5PA	E16000112	Leicestershire County & Rutland PCT	561	285	209	67	202	100	51	37	12	36	71	
5N9	E16000082	Lincolnshire PCT	431	264	76	91	188	100	61	18	21	44	71	
5PD	E16000114	Northampton PCT	172	90	67	15	45	100	52	39	9	26	50	
5EM	E16000022	Nottingham City PCT	386	320	44	22	21	100	83	11	6	5	7	
5N8	E16000081	Nottinghamshire County PCT	393	252	71	70	17	100	64	18	18	4	7	
<b>F</b>	<b>West Midlands</b>		<b>2,670</b>	<b>1,119</b>	<b>815</b>	<b>736</b>	<b>822</b>	<b>100</b>	<b>42</b>	<b>31</b>	<b>28</b>	<b>31</b>	<b>73</b>	
<b>Q34</b>	<b>E18000005</b>	<b>West Midlands SHA</b>	<b>2,670</b>	<b>1,119</b>	<b>815</b>	<b>736</b>	<b>822</b>	<b>100</b>	<b>42</b>	<b>31</b>	<b>28</b>	<b>31</b>	<b>73</b>	
5PG	E16000117	Birmingham East & North PCT	68	29	19	20	13	100	43	28	29	19	45	
5MD	E16000070	Coventry Teaching PCT	308	146	83	79	127	100	47	27	26	41	87	
5PE	E16000115	Dudley PCT	228	142	50	36	114	100	62	22	16	50	80	
5MX	E16000073	Heart of Birmingham Teaching PCT	24	9	2	13	7	100	38	8	54	29	78	
5CN	E16000015	Herefordshire PCT	31	11	13	7	10	100	35	42	23	32	91	
5PH	E16000118	North Staffordshire PCT	132	41	53	38	41	100	31	40	29	31	100	
5PF	E16000116	Sandwell PCT	77	23	8	46	16	100	30	10	60	21	70	
5M2	E16000065	Shropshire County PCT	169	71	50	48	56	100	42	30	28	33	79	
5QW	E17000004	Solihull PCT	98	39	49	10	22	100	40	50	10	22	56	
5M1	E16000064	South Birmingham PCT	88	37	22	29	22	100	42	25	33	25	59	
5PK	E16000120	South Staffordshire PCT	260	96	90	74	33	100	37	35	28	13	34	
5PJ	E16000119	Stoke on Trent PCT	147	67	33	47	55	100	46	22	32	37	82	
5MK	E16000071	Telford & Wrekin PCT	192	79	68	45	73	100	41	35	23	38	92	
5M3	E16000066	Walsall Teaching PCT	130	39	73	18	26	100	30	56	14	20	67	
5PM	E16000122	Warwickshire PCT	322	136	117	69	106	100	42	36	21	33	78	
5MV	E16000072	Wolverhampton City PCT	143	55	38	50	13	100	38	27	35	9	24	
5PL	E16000121	Worcestershire PCT	253	99	47	107	88	100	39	19	42	35	89	

Table 3.13 Pregnant women setting a quit date and outcome<sup>1</sup>, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England												Numbers / Percentages	
		Numbers					Percentages						
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)
<b>England</b>			<b>21,780</b>	<b>10,222</b>	<b>6,426</b>	<b>5,132</b>	<b>6,093</b>	<b>100</b>	<b>47</b>	<b>30</b>	<b>24</b>	<b>28</b>	<b>60</b>
<b>G</b>	<b>East of England</b>		<b>2,079</b>	<b>994</b>	<b>714</b>	<b>371</b>	<b>467</b>	<b>100</b>	<b>48</b>	<b>34</b>	<b>18</b>	<b>22</b>	<b>47</b>
<b>Q35</b>	<b>E18000006</b>	<b>East England SHA</b>	<b>2,079</b>	<b>994</b>	<b>714</b>	<b>371</b>	<b>467</b>	<b>100</b>	<b>48</b>	<b>34</b>	<b>18</b>	<b>22</b>	<b>47</b>
5P2	E16000104	Bedfordshire PCT	146	91	46	9	56	100	62	32	6	38	62
5PP	E16000124	Cambridgeshire PCT	253	93	114	46	32	100	37	45	18	13	34
5PR	E16000126	Great Yarmouth & Waveney PCT	178	69	64	45	40	100	39	36	25	22	58
5QV	E16000150	Hertfordshire PCT	235	84	55	96	49	100	36	23	41	21	58
5GC	E16000029	Luton PCT	90	52	19	19	19	100	58	21	21	21	37
5PX	E16000130	Mid Essex PCT	51	34	13	4	13	100	67	25	8	25	38
5PQ	E16000125	Norfolk PCT	156	57	67	32	27	100	37	43	21	17	47
5PW	E16000129	North East Essex PCT	259	181	69	9	48	100	70	27	3	19	27
5PN	E16000123	Peterborough PCT	53	35	10	8	19	100	66	19	15	36	54
5P1	E16000103	South East Essex PCT	129	50	38	41	29	100	39	29	32	22	58
5PY	E16000131	South West Essex PCT	224	107	114	3	57	100	48	51	1	25	53
5PT	E16000127	Suffolk PCT	244	101	89	54	46	100	41	36	22	19	46
5PV	E16000128	West Essex PCT	61	40	16	5	32	100	66	26	8	52	80
<b>H</b>	<b>London</b>		<b>1,590</b>	<b>847</b>	<b>334</b>	<b>409</b>	<b>523</b>	<b>100</b>	<b>53</b>	<b>21</b>	<b>26</b>	<b>33</b>	<b>62</b>
<b>Q36</b>	<b>E18000007</b>	<b>London SHA</b>	<b>1,590</b>	<b>847</b>	<b>334</b>	<b>409</b>	<b>523</b>	<b>100</b>	<b>53</b>	<b>21</b>	<b>26</b>	<b>33</b>	<b>62</b>
5C2	E16000009	Barking & Dagenham PCT	25	16	0	9	9	100	64	0	36	36	56
5A9	E16000006	Barnet PCT	44	26	4	14	25	100	59	9	32	57	96
TAK	E17000002	Bexley Care Trust	45	25	16	4	13	100	56	36	9	29	52
5K5	E16000045	Brent Teaching PCT	130	52	48	30	44	100	40	37	23	34	85
5A7	E16000004	Bromley PCT	65	35	9	21	24	100	54	14	32	37	69
5K7	E16000047	Camden PCT	15	9	4	2	4	100	60	27	13	27	44
5C3	E16000010	City & Hackney Teaching PCT	116	56	20	40	6	100	48	17	34	5	11
5K9	E16000049	Croydon PCT	81	50	25	6	23	100	62	31	7	28	46
5HX	E16000035	Ealing PCT	33	19	5	9	7	100	58	15	27	21	37
5C1	E16000008	Enfield PCT	62	37	0	25	14	100	60	0	40	23	38
5A8	E16000005	Greenwich Teaching PCT	109	54	22	33	49	100	50	20	30	45	91
5H1	E16000030	Hammersmith & Fulham PCT	95	44	24	27	26	100	46	25	28	27	59
5C9	E16000013	Haringey Teaching PCT	32	22	0	10	10	100	69	0	31	31	45
5K6	E16000046	Harrow PCT	18	9	1	8	6	100	50	6	44	33	67
5A4	E16000002	Havering PCT	27	17	0	10	9	100	63	0	37	33	53
5AT	E16000007	Hillingdon PCT	56	39	5	12	38	100	70	9	21	68	97
5HY	E16000036	Hounslow PCT	38	22	13	3	5	100	58	34	8	13	23
5K8	E16000048	Islington PCT	84	45	23	16	21	100	54	27	19	25	47
5LA	E16000056	Kensington & Chelsea PCT	5	3	0	2	2	100	60	0	40	40	67
5A5	E16000003	Kingston PCT	*	*	*	*	0	100	*	*	*	0	0
5LD	E16000058	Lambeth PCT	79	50	12	17	45	100	63	15	22	57	90
5LF	E16000060	Lewisham PCT	84	47	18	19	37	100	56	21	23	44	79
5C5	E16000012	Newham PCT	77	44	20	13	28	100	57	26	17	36	64
5NA	E16000083	Redbridge PCT	19	12	1	6	8	100	63	5	32	42	67
5M6	E16000067	Richmond & Twickenham PCT	*	*	*	*	0	100	*	*	*	0	0
5LE	E16000059	Southwark PCT	106	51	32	23	41	100	48	30	22	39	80
5M7	E16000068	Sutton & Merton PCT	27	11	11	5	7	100	41	41	19	26	64
5C4	E16000011	Tower Hamlets PCT	41	13	10	18	11	100	32	24	44	27	85
5NC	E16000084	Waltham Forest PCT	21	16	1	4	4	100	76	5	19	19	25
5LG	E16000061	Wandsworth PCT	30	13	5	12	7	100	43	17	40	23	54
5LC	E16000057	Westminster PCT	23	7	5	11	0	100	30	22	48	0	0

Table 3.13 Pregnant women setting a quit date and outcome<sup>1</sup>, by Primary Care Trust, Region and Strategic Health Authority, April 2012 to March 2013<sup>2</sup> - Continued

England												Numbers / Percentages	
		Numbers					Percentages						
Region, SHA & PCT Code	ONS Alpha numeric code	Region, SHA & PCT Name	Number setting a quit date	Number of successful quitters	Number who had not quit	Number not known/lost to follow up	Number who had successfully quit (self-report), confirmed by CO validation <sup>3</sup>	Percentage setting a quit date	Percentage of successful quitters	Percentage who had not quit	Percentage not known/lost to follow up	CO validated quitters as a percentage of clients setting a quit date	CO validated quitters as a percentage of successful quitters (self-report)
<b>England</b>			<b>21,780</b>	<b>10,222</b>	<b>6,426</b>	<b>5,132</b>	<b>6,093</b>	<b>100</b>	<b>47</b>	<b>30</b>	<b>24</b>	<b>28</b>	<b>60</b>
<b>J</b>	<b>South East</b>		<b>2,419</b>	<b>1,070</b>	<b>618</b>	<b>731</b>	<b>643</b>	<b>100</b>	<b>44</b>	<b>26</b>	<b>30</b>	<b>27</b>	<b>60</b>
<b>Q37</b>	<b>E18000008</b>	<b>South East Coast SHA</b>	<b>1,285</b>	<b>566</b>	<b>386</b>	<b>333</b>	<b>300</b>	<b>100</b>	<b>44</b>	<b>30</b>	<b>26</b>	<b>23</b>	<b>53</b>
5LQ	E16000063	Brighton & Hove City PCT	169	109	60	0	54	100	64	36	0	32	50
5P7	E16000109	East Sussex Downs & Weald PCT	98	40	22	36	22	100	41	22	37	22	55
5QA	E16000132	Eastern & Coastal Kent PCT	237	97	108	32	66	100	41	46	14	28	68
5P8	E16000110	Hastings & Rother PCT	176	84	39	53	47	100	48	22	30	27	56
5L3	E16000055	Medway PCT	160	54	52	54	43	100	34	33	34	27	80
5P5	E16000107	Surrey PCT	83	47	23	13	13	100	57	28	16	16	28
5P9	E16000111	West Kent PCT	69	23	14	32	12	100	33	20	46	17	52
5P6	E16000108	West Sussex PCT	293	112	68	113	43	100	38	23	39	15	38
<b>Q38</b>	<b>E18000009</b>	<b>South Central SHA</b>	<b>1,134</b>	<b>504</b>	<b>232</b>	<b>398</b>	<b>343</b>	<b>100</b>	<b>44</b>	<b>20</b>	<b>35</b>	<b>30</b>	<b>68</b>
5QG	E16000137	Berkshire East PCT	79	52	24	3	33	100	66	30	4	42	63
5QF	E16000136	Berkshire West PCT	49	29	11	9	18	100	59	22	18	37	62
5QD	E16000134	Buckinghamshire PCT	23	8	2	13	5	100	35	9	57	22	63
5QC	E16000133	Hampshire PCT	245	86	87	72	60	100	35	36	29	24	70
5QT	E16000147	Isle of Wight PCT	188	67	2	119	42	100	36	1	63	22	63
5CQ	E16000016	Milton Keynes PCT	56	21	13	22	19	100	38	23	39	34	90
5QE	E16000135	Oxford PCT	348	180	50	118	137	100	52	14	34	39	76
5FE	E16000027	Portsmouth City Teaching PCT	46	20	21	5	9	100	43	46	11	20	45
5L1	E16000054	Southampton City PCT	100	41	22	37	20	100	41	22	37	20	49
<b>K</b>	<b>South West</b>		<b>2,174</b>	<b>1,015</b>	<b>630</b>	<b>529</b>	<b>713</b>	<b>100</b>	<b>47</b>	<b>29</b>	<b>24</b>	<b>33</b>	<b>70</b>
<b>Q39</b>	<b>E18000010</b>	<b>South West SHA</b>	<b>2,174</b>	<b>1,015</b>	<b>630</b>	<b>529</b>	<b>713</b>	<b>100</b>	<b>47</b>	<b>29</b>	<b>24</b>	<b>33</b>	<b>70</b>
5FL	E16000028	Bath & North East Somerset PCT	106	62	22	22	51	100	58	21	21	48	82
5QN	E16000143	Bournemouth & Poole PCT	128	52	24	52	21	100	41	19	41	16	40
5QJ	E16000139	Bristol PCT	227	68	96	63	46	100	30	42	28	20	68
5QP	E16000144	Cornwall & Isles Of Scilly PCT	376	205	105	66	190	100	55	28	18	51	93
5QQ	E16000145	Devon PCT	98	46	35	17	16	100	47	36	17	16	35
5QM	E16000142	Dorset PCT	89	32	31	26	25	100	36	35	29	28	78
5QH	E16000138	Gloucestershire PCT	190	94	26	70	55	100	49	14	37	29	59
5M8	E16000069	North Somerset PCT	71	16	23	32	10	100	23	32	45	14	63
5F1	E16000024	Plymouth Teaching PCT	265	126	98	41	95	100	48	37	15	36	75
5QL	E16000141	Somerset PCT	162	75	41	46	53	100	46	25	28	33	71
5A3	E16000001	South Gloucestershire PCT	69	30	27	12	24	100	43	39	17	35	80
5K3	E16000044	Swindon PCT	121	73	46	2	62	100	60	38	2	51	85
TAL	E17000003	Torbay Care Trust	138	73	16	49	42	100	53	12	36	30	58
5QK	E16000140	Wiltshire PCT	134	63	40	31	23	100	47	30	23	17	37

1. A client counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

3. Carbon Monoxide (CO) validation measures the level of carbon monoxide in the bloodstream and provides an indication of use of tobacco: it is a motivational tool for clients as well as validation of their smoking status. CO validation is attempted on all clients who self-report as having successfully quit at the 4 week follow-up, except for those who were followed up by telephone.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

## 4. Treatment and Expenditure

### 4.1 Introduction

This chapter looks at the types of pharmacotherapy used with the NHS Stop Smoking Services and provides information on the costs of the services.

Three types of pharmacotherapy are prescribed by the NHS Stop Smoking Services. Nicotine Replacement Therapy (NRT) products reduce the symptoms of nicotine withdrawal by getting nicotine into the bloodstream without smoking. Bupropion (Zyban) is a drug which works by suppressing the part of the brain that gives the smoker a nicotine buzz when smoking cigarettes; it reduces the cravings as well as the usual withdrawal symptoms of anxiety, sweating and irritability. Varenicline (Champix) works by reducing the smoker's craving for nicotine by binding to nicotine receptors in the brain and reducing the symptoms of withdrawal. It also reduces the satisfaction a smoker receives when smoking a cigarette.

### 4.2 Treatment

Of the 724,247 people who set a quit date in 2012/13, 667,203 (92%) received some kind of pharmacotherapy. Among those setting a quit date 65% had received Nicotine Replacement Therapy (NRT) only, 25% had received Varenicline only, 1% Bupropion only, 2% received both NRT and Varenicline and less than 0.1% had received both NRT and Bupropion. Only 5% of people setting a quit date did not receive any pharmacotherapy and the

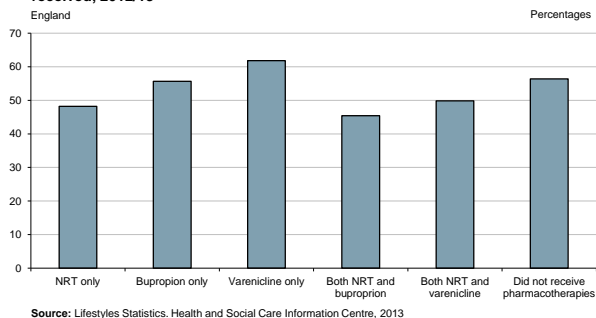
treatment option was not known for the remaining 3%.

Over nine out of ten people who set a quit date received pharmacotherapies in 2012/13

Of the 373,872 people who successfully quit in 2012/13, 346,986 (93%) received some kind of pharmacotherapy. Among the pharmacotherapies used, 60% of quitters had used NRT only, 30% had used Varenicline only, 1% had used Bupropion only, 2% used both NRT and Varenicline and less than 0.1% had received both NRT and Bupropion. Five per cent of quitters did not receive any pharmacotherapy and the treatment option was not known for a further 2% of successful quitters.

Of those who used Varenicline only, 62% successfully quit, compared with 56% of those who use Bupropion only and 48% of those who used NRT only. Over half of those (56%) who did not receive any pharmacotherapy successfully quit. These data should not be used to assess or compare the clinical effectiveness of the various pharmacotherapies as they reflect only the results obtained through the NHS Stop Smoking Services, and are not based on clinical trials. A trained stop smoking advisor discusses and agrees the treatment option with each client. (Table 4.1, Figure 4.1)

**Figure 4.1 Percentage of successful quitters by type of pharmacotherapy received, 2012/13**



### 4.2.1 Trends in treatment used

The proportion of people setting a quit date receiving NRT only increased from 75% in 2002/03 to 83% in 2006/07 but since then has decreased to 65% in 2012/13. The proportion receiving Bupropion only has fallen from 11% in 2002/03 to 1% in the years 2009/10<sup>5</sup> to 2012/13. Those receiving Varenicline only has increased from 14% in 2007/08 (when it was first introduced) to 25% in 2012/13. The proportion of people who did not receive any pharmacotherapies has fallen since 2002/03, from 8% to 5% in 2012/13. (Table 4.2)

### 4.2.2 Geographical patterns of treatment used

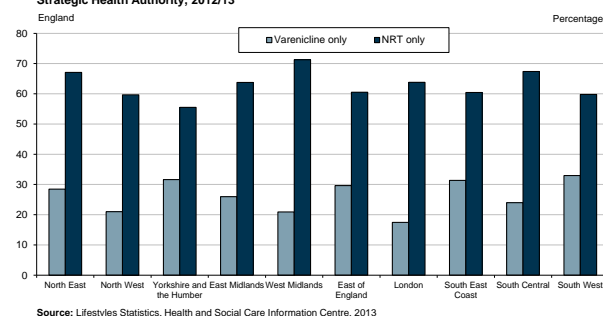
The use of different pharmacotherapies varied by Strategic Health Authority (SHA). West Midlands SHA reported the highest proportion of people setting a quit date receiving NRT only (71%), whilst Yorkshire and the Humber SHA reported the lowest (55%). South West SHA had the highest proportion receiving Varenicline only (33%), whilst London SHA reported the lowest (17%). The proportions of people receiving Bupropion

<sup>5</sup> Prescriptions for Bupropion declined after the National Institute for Health and Clinical Excellence (NICE) issued guidance in August 2007, which recommended the use of Varenicline in the NHS.

only were close to 1% in all ten SHAs. Twelve per cent of those setting a quit date in London SHA did not receive any type of pharmacotherapy compared with 2% in North East SHA.

West Midlands SHA reported the highest proportion of successful quitters receiving NRT only (68%) and Yorkshire and the Humber SHA had the lowest (51%). Thirty nine per cent of those people in South West SHA who successfully quit received Varenicline only whilst London SHA reported only 20%. Only 1% of successful quitters in the North East SHA received no pharmacotherapy, whereas in London SHA 14% received no pharmacotherapy. (Table 4.3 and Figure 4.2)

**Figure 4.2 Percentage of successful quitters who received NRT only and Varenicline only, by Strategic Health Authority, 2012/13**

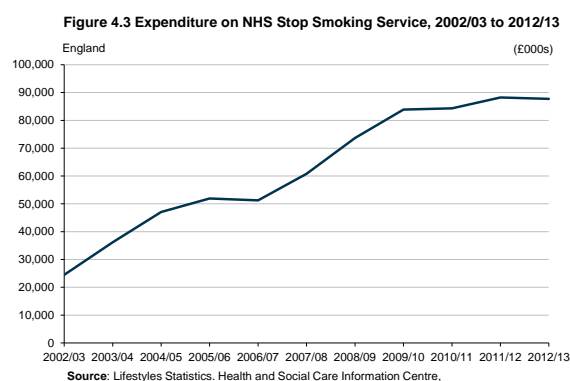


The proportion of those using pharmacotherapies who successfully quit varied between SHAs. For example, South Central SHA had the highest proportion of successful quitters for those using NRT (54%), whilst North East SHA reported the lowest (42%). East Midlands SHA reported the highest proportion of successful quitters using Varenicline only (66%) whilst North East SHA reported the lowest success rate (58%). Details for regional variations in success rates by the other pharmacotherapy options can be found in Table 4.4.

## 4.3 Expenditure on NHS Stop Smoking Services

### 4.3.1 Non pharmacotherapy costs

The total expenditure on NHS Stop Smoking Services in England in 2012/13 (excluding NRT, Bupropion and Varenicline prescriptions) was £87.7 million, £0.5 million less than in 2011/12 when expenditure was £88.2 million but £63.2 million more than in 2002/03 when it was £24.5 million.



The cost per quitter was £235 in 2012/13, 7% higher than in 2011/12 when the cost per quitter was £220. There has been an overall increase of 19% from 2002/03 when the cost per quitter was £197. (Table 4.5 and Figure 4.3)

In 2012/13, the cost per quitter was  
**£235**

Cost per quitter is also presented at Strategic Health Authority (SHA) and Primary Care Trust (PCT) level. These figures may not always be calculated on a comparable basis locally. Additional

guidance has been included since 2011 to attempt to address this. West Midlands SHA reported the highest cost per quitter at £351 and North West SHA the lowest at £181 per quitter. Figures varied at PCT level and caution should be exercised when making local level comparisons (Table 4.6).

Please note all comparisons over time are cash term comparisons and have not been adjusted for inflation.

### 4.3.1 Pharmacotherapy costs

Information on prescriptions for pharmacotherapies used to help people quit smoking is taken from PACT (Prescription Analysis and Cost) data from the Prescription Pricing Division (PPD) of the NHS Business Services Authority, accessed by the Health and Social Care Information Centre<sup>1</sup>. PACT covers all prescriptions prescribed by GPs and other non-medical prescribers (excluding dentists) in England which are dispensed within the community.

- There were just over 2.2 million prescription items to help people in England stop smoking in 2012/13. Of these, 1.3 million were for Nicotine Replacement Therapy (NRT), around 859,000 were for Varenicline and 26,000 were for Bupropion.

Further information on the changes in number of prescriptions in recent years and the Net Ingredient Cost (NIC) associated with prescription items, are available from PACT.

## 4.4 Intervention Type

In England in 2012/13 82% (591,764) of those setting a quit date did so using one to one support. Couple/Family support accounted for the lowest intervention type at less than 1% (3,492). The success rates at England level varied for the different types of intervention from 51% for one to one support to 65% for telephone support. Further information at SHA and PCT level can be found in [Table 4.7](#). These data should not be used to assess or compare the clinical effectiveness of the various intervention types as they reflect only the results obtained through the NHS Stop Smoking Services, and are not based on clinical trials. A trained stop smoking advisor discusses and agrees the intervention type with each client.

## References

1. The prescription data given in this bulletin are not routinely available. This information was obtained from the Prescribing Analysis and Cost tool (PACT) system, which covers prescriptions prescribed by GPs, nurses, pharmacists and others in England and dispensed in the community in the UK. Prescriptions written in England but dispensed outside England are included. Prescriptions written in hospitals/clinics that are dispensed in the community, prescriptions dispensed in hospitals, dental prescribing and private prescriptions are not included in PACT data. It is important to note this as some British National Formulary (BNF) sections have a high proportion of prescriptions written in hospitals that are dispensed in the community. Nicotine Replacement Therapies (NRTs) are not prescription only so the figures for this category may be an underestimate of actual use. ePACT only captures those NRTs that have been written on a prescription form so any NRTs bought over the counter or through other non-prescription routes e.g. smoking cessation clinics, will not have been captured. National prescription data may be available on request. More information is available at:

<http://www.hscic.gov.uk/primary-care/prescribing>



## Summary: Key results in 2012/13

Just over nine in ten people using NHS Stop Smoking Services received some kind of pharmacotherapy. Nicotine Replacement Therapy (NRT) was the most frequently used pharmacotherapy.

Varenicline had the highest success rate of the pharmacotherapies used to help people quit, with 62% of people using it successfully quitting.

West Midlands Strategic Health Authority (SHA) achieved the highest proportion of successful quitters for those using NRT only. South West SHA had the highest proportion receiving Varenicline only.

Twelve per cent of those setting a quit date in London SHA did not receive any type of pharmacotherapy compared with 2% in North East SHA.

The total expenditure on NHS Stop Smoking Services in England was £87.7 million. The cost per quitter was £235.

West Midlands SHA reported the highest cost per quitter at £351 and North West SHA the lowest at £181.

## List of Tables

- 4.1 People setting a quit date and successful quitters, by type of pharmacotherapy received, April 2012 to March 2013
- 4.2 People setting a quit date and type of pharmacotherapy received, 2002/03 to 2012/13
- 4.3 People setting a quit date and successful quitters and type of pharmacotherapy received, by Region and Strategic Health Authority, April 2012 to March 2013
- 4.4 Percentage of people successfully quit by type of pharmacotherapy received, Region and Strategic Health Authority, April 2012 to March 2013
- 4.5 People successfully quit, total expenditure and cost per quitter for NHS Stop Smoking Services, 2002/03 to 2012/13
- 4.6 People successfully quit, total expenditure and cost per quitter, by Strategic Health Authority and Primary Care Trust, April 2012 to March 2013
- 4.7 Number setting a quit date and successful quitters, by intervention type, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013

**Table 4.1 People setting a quit date and successful quitters<sup>1</sup>, by type of pharmacotherapy received<sup>2,3,4,5</sup> April 2012 to March 2013<sup>6</sup>**

<b>England</b>		<i>Numbers / Percentages</i>	
	Number setting a quit date	Number of successful quitters	<i>Percentage who successfully quit</i>
<b>Numbers</b>			
<b>Total</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>
Number who received NRT only	467,875	225,468	48
Number who received Bupropion (Zyban) only	4,495	2,502	56
Number who received Varenicline (Champix) only	182,985	113,134	62
Number who received both NRT and Bupropion (Zyban)	537	244	45
Number who received both NRT and Varenicline (Champix)	11,311	5,638	50
Number who did not receive pharmacotherapies	36,143	20,381	56
Number where treatment option not known <sup>7</sup>	20,901	6,505	31
<b>Percentages</b>			
<b>Total</b>	<b>100</b>	<b>100</b>	
<i>Percentage who received NRT only</i>	<i>65</i>	<i>60</i>	
<i>Percentage who received Bupropion (Zyban) only</i>	<i>1</i>	<i>1</i>	
<i>Percentage who received Varenicline (Champix) only</i>	<i>25</i>	<i>30</i>	
<i>Percentage who received both NRT and Bupropion (Zyban)</i>	<i>0</i>	<i>0</i>	
<i>Number who received both NRT and Varenicline (Champix)</i>	<i>2</i>	<i>2</i>	
<i>Percentage who did not receive pharmacotherapies</i>	<i>5</i>	<i>5</i>	
<i>Percentage where treatment option not known<sup>7</sup></i>	<i>3</i>	<i>2</i>	

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. 'Received' means obtained by prescription, purchase or supply free of charge.

3. These data should not be used to assess or compare the clinical effectiveness of the various pharmacotherapies as they reflect only the results obtained through the NHS stop smoking services, and are not based on clinical trials. A trained stop smoking advisor discusses and agrees the treatment option with each client.

4. Nicotine Replacement Therapy (NRT) became available on NHS prescription in April 2001; previously NRT was available through the Stop Smoking Services on a voucher scheme. Bupropion was first available on prescription as a Stop Smoking Services product in June 2000.

5. In the period April 2012 to March 2013, 1,318,037 prescription items of NRT products, 25,980 items of Bupropion and 859,264 items of Varenicline Tartrate were prescribed by GPs and other non-medical prescribers (excluding dentists) in England and dispensed in the community. The Net Ingredient Cost (NIC) over this time was £28.1 million for NRT products, £1.0 million for Bupropion and £29.1 million for Varenicline Tartrate - a total of £58.1 million. This information is taken from PACT (Prescription Analysis and Cost) data from the Prescription Services division of the NHS Business Services Authority accessed by the Health and Social Care Information Centre.

PACT covers all prescriptions prescribed by GPs and other non-medical prescribers (excluding dentists) in England which are dispensed in the community. The Net Ingredient Cost is the basic cost of a drug and does not take account of discounts, dispensing costs, fees or prescription charge income. PACT data only covers NRT, Bupropion and Varenicline Tartrate received on prescription. It does not include NRT obtained via other sources such as local voucher schemes, patient group direction or purchased over the counter. Bupropion and Varenicline Tartrate are usually only available on prescription but could be provided through a patient group direction.

6. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

7. A client is counted as 'treatment option not known' if he/she is lost to follow-up at 4 weeks and it is not known if they received pharmacotherapies.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

**Table 4.2 People setting a quit date and type of pharmacotherapy received<sup>1,2,3</sup> 2002/03 to 2012/13<sup>4</sup>**

England	Numbers/Percentages										
	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08 <sup>5</sup>	2008/09 <sup>6</sup>	2009/10	2010/11	2011/12	2012/13 <sup>4</sup>
<b>Numbers</b>											
<b>Number setting a quit date</b>	<b>234,858</b>	<b>361,224</b>	<b>529,567</b>	<b>602,820</b>	<b>600,410</b>	<b>680,289</b>	<b>671,259</b>	<b>757,537</b>	<b>787,527</b>	<b>816,444</b>	<b>724,247</b>
Number who received NRT only	175,674	277,041	424,509	494,105	496,932	474,311	449,876	493,459	498,399	536,801	467,875
Number who received Bupropion (Zyban) only	26,773	30,158	33,931	30,559	27,395	22,348	11,278	9,509	6,515	5,636	4,495
Number who received Varenicline (Champix) only	.	.	.	.	.	97,259	134,949	175,380	203,338	200,192	182,985
Number who received both NRT and Bupropion (Zyban)	3,487	3,791	4,182	4,036	3,810	2,747	1,022	852	699	763	537
Number who received both NRT and Varenicline (Champix)	.	.	.	.	.	.	5,915	8,022	10,087	11,875	11,311
Number who did not receive pharmacotherapies	19,784	27,623	35,472	40,306	38,617	42,647	35,774	39,222	39,932	36,185	36,143
Number where treatment option not known <sup>7</sup>	9,140	22,611	31,473	33,814	33,656	40,977	32,445	31,093	28,557	24,992	20,901
<b>Percentages</b>											
<i>Total setting a quit date</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>	<i>100</i>
<i>Percentage who received NRT only</i>	<i>75</i>	<i>77</i>	<i>80</i>	<i>82</i>	<i>83</i>	<i>70</i>	<i>67</i>	<i>65</i>	<i>63</i>	<i>66</i>	<i>65</i>
<i>Percentage who received Bupropion (Zyban) only</i>	<i>11</i>	<i>8</i>	<i>6</i>	<i>5</i>	<i>5</i>	<i>3</i>	<i>2</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>
<i>Percentage who received Varenicline (Champix) only</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>14</i>	<i>20</i>	<i>23</i>	<i>26</i>	<i>25</i>	<i>25</i>
<i>Percentage who received both NRT and Bupropion (Zyban)</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>
<i>Number who received both NRT and Varenicline (Champix)</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>.</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>2</i>
<i>Percentage who did not receive pharmacotherapies</i>	<i>8</i>	<i>8</i>	<i>7</i>	<i>7</i>	<i>6</i>	<i>6</i>	<i>5</i>	<i>5</i>	<i>5</i>	<i>4</i>	<i>5</i>
<i>Percentage where treatment option not known<sup>7</sup></i>	<i>4</i>	<i>6</i>	<i>6</i>	<i>6</i>	<i>6</i>	<i>6</i>	<i>5</i>	<i>4</i>	<i>4</i>	<i>3</i>	<i>3</i>

1. 'Receipt' means obtained by prescription, purchase or supply free of charge.

2. Nicotine Replacement Therapy (NRT) became available on NHS prescription in April 2001; previously NRT was available through the Stop Smoking Services on a voucher scheme. Bupropion was first available on prescription as a Stop Smoking Services product in June 2000.

3. In the period April 2012 to March 2013, 1,318,037 prescription items of NRT products, 25,980 items of Bupropion and 859,264 items of Varenicline Tartrate were prescribed by GPs and other non-medical prescribers (excluding dentists) in England and dispensed in the community. The Net Ingredient Cost (NIC) over this time was £28.1 million for NRT products, £1.0 million for Bupropion and £29.1 million for Varenicline Tartrate - a total of £58.1 million. This information is taken from PACT (Prescription Analysis and Cost) data from the Prescription Services division of the NHS Business Services Authority accessed by the Health and Social Care Information Centre.

PACT covers all prescriptions prescribed by GPs and other non-medical prescribers (excluding dentists) in England which are dispensed in the community. The Net Ingredient Cost is the basic cost of a drug and does not take account of discounts, dispensing costs, fees or prescription charge income. PACT data only covers NRT, Bupropion and Varenicline Tartrate received on prescription. It does not include NRT obtained via other sources such as local voucher schemes, patient group direction or purchased over the counter. Bupropion and Varenicline Tartrate are usually only available on prescription but could be provided through a patient group direction.

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

5. Varenicline (champix) was introduced in 2006 and was first collected from NHS Stop Smoking Services in the 2007/08 collection.

6. First year NRT and Varenicline together as an option.

7. A client is counted as 'treatment option not known' if he/she is lost to follow-up at 4 weeks and it is not known if they received pharmacotherapies.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 4.3 People setting a quit date and successful quitters<sup>1</sup> and type of pharmacotherapy received<sup>2,3</sup>, by Region and Strategic Health Authority, April 2012 to March 2013<sup>4</sup>**

England										Numbers / Percentages									
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number Setting a quit date/ Number successfully quit	Number who received NRT only	Number who received bupropion (Zyban) only	Number who received varenicline (Champix) only	Number who received both NRT and bupropion (Zyban)	Number who received both NRT and varenicline (Champix)	Number who did not receive pharmacother apies	Number where treatment option not known <sup>5</sup>	Percentage who received NRT only	Percentage who received bupropion (Zyban) only	Percentage who received varenicline (Champix) only	Percentage who received both NRT and bupropion (Zyban)	Percentage who received both NRT and varenicline (Champix)	Percentage who did not receive pharmacother apies	Percentage where treatment option not known <sup>5</sup>	
<b>Number setting a quit date</b>				<b>England</b>	<b>724,247</b>	<b>467,875</b>	<b>4,495</b>	<b>182,985</b>	<b>537</b>	<b>11,311</b>	<b>36,143</b>	<b>20,901</b>	<b>65</b>	<b>1</b>	<b>25</b>	<b>0</b>	<b>2</b>	<b>5</b>	<b>3</b>
Q30	A	E18000001	North East	53,598	35,950	178	15,249	20	740	832	629	67	0	28	0	1	2	1	
Q31	B	E18000002	North West	123,390	86,921	759	25,888	116	1,340	4,069	4,297	70	1	21	0	1	3	3	
Q32	D	E18000003	Yorkshire and the Humber	64,626	35,866	484	20,439	58	991	6,008	780	55	1	32	0	2	9	1	
Q33	E	E18000004	East Midlands	63,654	40,588	381	16,517	65	1,385	1,963	2,755	64	1	26	0	2	3	4	
Q34	F	E18000005	West Midlands	85,099	60,660	267	17,792	30	1,011	3,719	1,620	71	0	21	0	1	4	2	
Q35	G	E18000006	East of England	78,994	47,799	467	23,395	103	1,958	2,162	3,110	61	1	30	0	2	3	4	
Q36	H	E18000007	London	100,487	64,100	951	17,553	57	1,878	12,072	3,876	64	1	17	0	2	12	4	
-	J	-	South East	90,007	57,484	556	24,928	45	973	3,358	2,663	64	1	28	0	1	4	3	
Q37	-	E18000008	South East Coast	45,495	27,494	338	14,264	19	422	2,163	795	60	1	31	0	1	5	2	
Q38	-	E18000009	South Central	44,512	29,990	218	10,664	26	551	1,195	1,868	67	0	24	0	1	3	4	
Q39	K	E18000010	South West	64,392	38,507	452	21,224	43	1,035	1,960	1,171	60	1	33	0	2	3	2	
<b>Number of successful quitters</b>				<b>England</b>	<b>373,872</b>	<b>225,468</b>	<b>2,502</b>	<b>113,134</b>	<b>244</b>	<b>5,638</b>	<b>20,381</b>	<b>6,505</b>	<b>60</b>	<b>1</b>	<b>30</b>	<b>0</b>	<b>2</b>	<b>5</b>	<b>2</b>
Q30	A	E18000001	North East	24,954	15,155	113	8,824	9	324	345	184	61	0	35	0	1	1	1	
Q31	B	E18000002	North West	58,713	38,178	399	15,671	42	660	2,563	1,200	65	1	27	0	1	4	2	
Q32	D	E18000003	Yorkshire and the Humber	34,754	17,745	279	13,074	32	490	2,831	303	51	1	38	0	1	8	1	
Q33	E	E18000004	East Midlands	36,017	21,260	218	10,960	34	733	1,300	1,512	59	1	30	0	2	4	4	
Q34	F	E18000005	West Midlands	42,537	29,081	133	10,767	16	517	1,833	190	68	0	25	0	1	4	0	
Q35	G	E18000006	East of England	42,385	23,361	236	14,931	40	996	1,550	1,271	55	1	35	0	2	4	3	
Q36	H	E18000007	London	52,940	33,099	569	10,596	31	979	7,215	451	63	1	20	0	2	14	1	
-	J	-	South East	48,252	29,236	302	15,398	23	477	1,814	1,002	61	1	32	0	1	4	2	
Q37	-	E18000008	South East Coast	23,416	13,050	179	8,584	10	181	1,117	295	56	1	37	0	1	5	1	
Q38	-	E18000009	South Central	24,836	16,186	123	6,814	13	296	697	707	65	0	27	0	1	3	3	
Q39	K	E18000010	South West	33,320	18,353	253	12,913	17	462	930	392	55	1	39	0	1	3	1	

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. 'Received' means obtained by prescription, purchase or supply free of charge.

3. In the period April 2012 to March 2013, 1,318,037 prescription items of NRT products, 25,980 items of Bupropion and 859,264 items of Varenicline Tartrate were prescribed by GPs and other non-medical prescribers (excluding dentists) in England and dispensed in the community. The Net Ingredient Cost (NIC) over this time was £28.1 million for NRT products, £1.0 million for Bupropion and £29.1 million for Varenicline Tartrate - a total of £58.1 million. This information is taken from PACT (Prescription Analysis and Cost) data from the Prescription Services division of the NHS Business Services Authority accessed by the Health and Social Care Information Centre.

PACT covers all prescriptions prescribed by GPs and other non-medical prescribers (excluding dentists) in England which are dispensed in the community. The Net Ingredient Cost is the basic cost of a drug and does not take account of discounts, dispensing costs, fees or prescription charge income. PACT data only covers NRT, Bupropion and Varenicline Tartrate received on prescription. It does not include NRT obtained via other sources such as local voucher schemes, patient group direction or purchased over the counter. Bupropion and Varenicline Tartrate are usually only available on prescription but could be provided through a patient group direction.

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

5. A client is counted as 'treatment option not known' if he/she is lost to follow-up at 4 weeks and it is not known if they received pharmacotherapies.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 4.4 Percentage of people successfully quit<sup>1</sup> by type of pharmacotherapy received<sup>2,3</sup>, Region and Strategic Health Authority, April 2012 to March 2013<sup>4</sup>**

England				Percentages						
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Received NRT only	Received bupropion (Zyban) only	Percentage who received varenicline (Champix) only	Percentage who received both NRT and bupropion (Zyban)	Percentage who received both NRT and varenicline (Champix)	Percentage who did not receive pharmacotherapies	Percentage where treatment option not known <sup>5</sup>
<b>England</b>				<b>48</b>	<b>56</b>	<b>62</b>	<b>45</b>	<b>50</b>	<b>56</b>	<b>31</b>
Q30	A	E18000001	North East	42	63	58	45	44	41	29
Q31	B	E18000002	North West	44	53	61	36	49	63	28
Q32	D	E18000003	Yorkshire and the Humber	49	58	64	55	49	47	39
Q33	E	E18000004	East Midlands	52	57	66	52	53	66	55
Q34	F	E18000005	West Midlands	48	50	61	53	51	49	12
Q35	G	E18000006	East of England	49	51	64	39	51	72	41
Q36	H	E18000007	London	52	60	60	54	52	60	12
-	J	-	South East	51	54	62	51	49	54	38
Q37	-	E18000008	South East Coast	47	53	60	53	43	52	37
Q38	-	E18000009	South Central	54	56	64	50	54	58	38
Q39	K	E18000010	South West	48	56	61	40	45	47	33

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. 'Receipt' means obtained by prescription, purchase or supply free of charge.

3. These data should not be used to assess or compare the clinical effectiveness of the various pharmacotherapies as they reflect only the results obtained through the NHS stop smoking services, and are not based on clinical trials. A trained stop smoking advisor discusses and agrees the treatment option with each client.

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

5. A client is counted as 'treatment option not known' if he/she is lost to follow-up at 4 weeks and it is not known if they received pharmacotherapies.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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**Table 4.5 People successfully quit<sup>1</sup>, total expenditure<sup>2</sup> and cost per quitter for NHS Stop Smoking Services, 2002/03 to 2012/13**

England	Numbers /£										
	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13
Number of successful quitters	124,082	204,876	298,124	329,681	319,720	350,800	337,054	373,954	383,548	400,955	373,872
Total expenditure (£000s)	24,499	36,201	47,069	51,927	51,234	60,806	73,675	83,879	84,348	88,233	87,706
Cost per quitter (£)	197	177	158	158	160	173	219	224	220	220	235

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Total expenditure and cost per quitter excludes NRT, Bupropion (Zyban) and Varenicline (Champix) on prescription.

3. Financial figures presented do not take into account inflation and are presented in cash terms only.

4. The expenditure/cost per quitter data shown in this table is calculated by summing a single expenditure figure provided by each organisation in their return form. The return form asks organisations to provide a figure which relates to "all monies from whatever source which have been specifically allocated to, or spent on, smoking cessation services". Additionally, from 2011/12, organisations have been advised to only include monies spent on smoking cessation activity, not wider tobacco control measures. There is some evidence that in practice there may be a lack of standardisation in terms of the scope of expenditure items included in some organisation's returns, this means figures may not always be calculated on a comparable basis locally. There is on-going work to establish to what extent this guidance is followed and how to address the issue if found necessary.

**Source:**

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**Table 4.6 People successfully quit<sup>1</sup>, total expenditure<sup>2,3</sup> and cost per quitter, by Region, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013<sup>4,5</sup>**

England			Numbers / £		
Region / SHA Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit	Total expenditure (£000s)	Cost per quitter (£)
<b>England</b>			<b>373,872</b>	<b>87,706</b>	<b>235</b>
<b>A</b>		<b>North East</b>	<b>24,954</b>	<b>5,992</b>	<b>240</b>
<b>Q30</b>	<b>E18000001</b>	<b>North East</b>	<b>24,954</b>	<b>5,992</b>	<b>240</b>
5ND	E16000085	County Durham PCT	4,949	1,183	239
5J9	E16000041	Darlington PCT	1,121	216	193
5KF	E16000050	Gateshead PCT	2,042	746	365
5D9	E16000019	Hartlepool PCT	1,230	194	158
5KM	E16000053	Middlesbrough PCT	1,344	158	117
5D7	E16000017	Newcastle PCT	2,129	448	210
5D8	E16000018	North Tyneside PCT	1,827	148	81
TAC	E17000001	Northumberland Care Trust	2,232	341	153
5QR	E16000146	Redcar & Cleveland PCT	1,331	171	128
5KG	E16000051	South Tyneside PCT	1,862	786	422
5E1	E16000020	North Tees PCT	1,816	317	174
5KL	E16000052	Sunderland Teaching PCT	3,071	1,285	418
<b>B</b>		<b>North West</b>	<b>58,713</b>	<b>10,645</b>	<b>181</b>
<b>Q31</b>	<b>E18000002</b>	<b>North West</b>	<b>58,713</b>	<b>10,645</b>	<b>181</b>
5HG	E16000032	Ashton, Leigh & Wigan PCT	3,770	501	133
TAP	E17000006	Blackburn with Darwen Teaching Care Trust Plus	1,286	253	197
5HP	E16000033	Blackpool PCT	2,145	748	349
5HQ	E16000148	Bolton PCT	2,121	312	147
5JX	E16000043	Bury PCT	715	215	301
5NP	E16000095	Central & Eastern Cheshire PCT	2,560	322	126
5NG	E16000088	Central Lancashire PCT	2,471	423	171
5NE	E16000086	Cumbria PCT	3,556	570	160
5NH	E16000089	East Lancashire PCT	3,273	610	186
5NM	E16000093	Halton & St. Helens PCT	2,410	543	225
5NQ	E16000096	Heywood, Middleton & Rochdale PCT	1,685	140	83
5J4	E16000038	Knowsley PCT	2,136	546	256
5NL	E16000092	Liverpool PCT	5,157	727	141
5NT	E16000149	Manchester PCT <sup>5</sup>	5,465	605	111
5NF	E16000087	North Lancashire PCT	2,301	370	161
5J5	E16000039	Oldham PCT	2,054	384	187
5F5	E16000025	Salford PCT	2,202	771	350
5NJ	E16000090	Sefton PCT	3,345	529	158
5F7	E16000026	Stockport PCT	1,789	436	244
5LH	E16000062	Tameside & Glossop PCT	2,107	276	131
5NR	E16000097	Trafford PCT	979	215	220
5J2	E16000037	Warrington PCT	1,204	300	250
5NN	E16000094	Western Cheshire PCT	1,799	380	211
5NK	E16000091	Wirral PCT	2,183	467	214
<b>D</b>		<b>Yorkshire &amp; Humber</b>	<b>34,754</b>	<b>7,916</b>	<b>228</b>
<b>Q32</b>	<b>E18000003</b>	<b>Yorkshire and the Humber</b>	<b>34,754</b>	<b>7,916</b>	<b>228</b>
5JE	E16000042	Barnsley PCT	2,443	574	235
5NY	E16000102	Bradford & Airedale PCT	2,968	810	273
5J6	E16000040	Calderdale PCT	1,398	349	249
5N5	E16000078	Doncaster PCT	2,826	633	224
5NW	E16000100	East Riding of Yorkshire PCT	2,112	248	118
5NX	E16000101	Hull PCT	3,670	1,269	346
5N2	E16000075	Kirklees PCT	1,896	478	252
5N1	E16000074	Leeds PCT	4,003	594	148
TAN	E17000005	North East Lincolnshire Care Trust Plus	1,173	377	321
5EF	E16000021	North Lincolnshire PCT	630	231	367
5NV	E16000099	North Yorkshire & York PCT	3,095	608	196
5H8	E16000031	Rotherham PCT	2,169	424	196
5N4	E16000077	Sheffield PCT	3,477	678	195
5N3	E16000076	Wakefield District PCT	2,894	643	222



**Table 4.6 People successfully quit<sup>1</sup>, total expenditure<sup>2,3</sup> and cost per quitter, by Region, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013<sup>4,5</sup> - Continued**

England			Numbers / £		
Region / SHA Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit	Total expenditure (£000s)	Cost per quitter (£)
<b>England</b>			<b>373,872</b>	<b>87,706</b>	<b>235</b>
<b>E</b>	<b>East Midlands</b>		<b>36,017</b>	<b>6,858</b>	<b>190</b>
<b>Q33</b>	<b>E18000004</b>	<b>East Midlands</b>	<b>36,017</b>	<b>6,858</b>	<b>190</b>
5ET	E16000023	Bassetlaw PCT	1,184	40	34
5N7	E16000080	Derby City PCT	2,290	789	344
5N6	E16000079	Derbyshire County PCT	4,800	1,135	236
5PC	E16000113	Leicester City PCT	2,743	560	204
5PA	E16000112	Leicestershire County & Rutland PCT	5,249	829	158
5N9	E16000082	Lincolnshire PCT	5,591	1,408	252
5PD	E16000114	Northampton PCT	5,247	647	123
5EM	E16000022	Nottingham City PCT	2,743	661	241
5N8	E16000081	Nottinghamshire County PCT	6,170	789	128
<b>F</b>	<b>West Midlands</b>		<b>42,537</b>	<b>14,944</b>	<b>351</b>
<b>Q34</b>	<b>E18000005</b>	<b>West Midlands</b>	<b>42,537</b>	<b>14,944</b>	<b>351</b>
5PG	E16000117	Birmingham East & North PCT	3,513	860	245
5MD	E16000070	Coventry Teaching PCT	3,245	1,602	494
5PE	E16000115	Dudley PCT	2,746	1,176	428
5MX	E16000073	Heart of Birmingham Teaching PCT	2,291	854	373
5CN	E16000015	Herefordshire PCT	558	105	188
5PH	E16000118	North Staffordshire PCT	1,562	934	598
5PF	E16000116	Sandwell PCT	2,536	1,077	425
5M2	E16000065	Shropshire County PCT	2,420	829	342
5QW	E17000004	Solihull PCT	1,251	350	280
5M1	E16000064	South Birmingham PCT	2,905	822	283
5PK	E16000120	South Staffordshire PCT	4,149	1,225	295
5PJ	E16000119	Stoke on Trent PCT	3,523	1,395	396
5MK	E16000071	Telford & Wrekin PCT	1,842	876	476
5M3	E16000066	Walsall Teaching PCT	2,686	1,130	421
5PM	E16000122	Warwickshire PCT	3,432	715	208
5MV	E16000072	Wolverhampton City PCT	1,392	389	279
5PL	E16000121	Worcestershire PCT	2,486	606	244
<b>G</b>	<b>East of England</b>		<b>42,385</b>	<b>8,171</b>	<b>193</b>
<b>Q35</b>	<b>E18000006</b>	<b>East of England</b>	<b>42,385</b>	<b>8,171</b>	<b>193</b>
5P2	E16000104	Bedfordshire PCT	2,999	430	143
5PP	E16000124	Cambridgeshire PCT	3,725	895	240
5PR	E16000126	Great Yarmouth & Waveney PCT	2,221	626	282
5QV	E16000150	Hertfordshire PCT	7,895	1,333	169
5GC	E16000029	Luton PCT	1,450	420	290
5PX	E16000130	Mid Essex PCT	3,095	395	128
5PQ	E16000125	Norfolk PCT	3,812	1,065	279
5PW	E16000129	North East Essex PCT	3,308	420	127
5PN	E16000123	Peterborough PCT	1,330	311	234
5P1	E16000103	South East Essex PCT	2,850	523	183
5PY	E16000131	South West Essex PCT	3,408	556	163
5PT	E16000127	Suffolk PCT	4,402	966	219
5PV	E16000128	West Essex PCT	1,890	231	122

**Table 4.6 People successfully quit<sup>1</sup>, total expenditure<sup>2,3</sup> and cost per quitter, by Region, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013<sup>4,5</sup> - Continued**

England			Numbers / £		
Region / SHA Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit	Total expenditure (£000s)	Cost per quitter (£)
<b>England</b>			<b>373,872</b>	<b>87,706</b>	<b>235</b>
<b>H</b>		<b>London</b>	<b>52,940</b>	<b>14,491</b>	<b>274</b>
<b>Q36</b>	<b>E1800007</b>	<b>London</b>	<b>52,940</b>	<b>14,491</b>	<b>274</b>
5C2	E16000009	Barking & Dagenham PCT	1,480	480	325
5A9	E16000006	Barnet PCT	2,124	329	155
TAK	E17000002	Bexley Care Trust	1,462	263	180
5K5	E16000045	Brent Teaching PCT	2,378	1,071	450
5A7	E16000004	Bromley PCT	1,923	395	205
5K7	E16000047	Camden PCT	1,131	584	517
5C3	E16000010	City & Hackney Teaching PCT	2,214	679	307
5K9	E16000049	Croydon PCT	2,263	927	410
5HX	E16000035	Ealing PCT	2,064	550	266
5C1	E16000008	Enfield PCT	1,584	248	157
5A8	E16000005	Greenwich Teaching PCT	1,881	481	256
5H1	E16000030	Hammersmith & Fulham PCT	1,813	469	259
5C9	E16000013	Haringey Teaching PCT	1,950	335	172
5K6	E16000046	Harrow PCT	915	189	206
5A4	E16000002	Havering PCT	1,427	420	294
5AT	E16000007	Hillingdon PCT	1,554	428	275
5HY	E16000036	Hounslow PCT	1,908	421	221
5K8	E16000048	Islington PCT	2,246	480	214
5LA	E16000056	Kensington & Chelsea PCT	1,241	244	197
5A5	E16000003	Kingston PCT	724	184	254
5LD	E16000058	Lambeth PCT	2,303	864	375
5LF	E16000060	Lewisham PCT	1,803	493	274
5C5	E16000012	Newham PCT	2,242	577	257
5NA	E16000083	Redbridge PCT	1,219	297	244
5M6	E16000067	Richmond & Twickenham PCT	646	202	313
5LE	E16000059	Southwark PCT	1,536	567	369
5M7	E16000068	Sutton & Merton PCT	1,097	473	431
5C4	E16000011	Tower Hamlets PCT	3,260	850	261
5NC	E16000084	Waltham Forest PCT	1,306	375	287
5LG	E16000061	Wandsworth PCT	1,526	416	272
5LC	E16000057	Westminster PCT	1,720	200	116
<b>J</b>		<b>South East</b>	<b>48,252</b>	<b>12,324</b>	<b>255</b>
<b>Q37</b>	<b>E1800008</b>	<b>South East Coast</b>	<b>23,416</b>	<b>6,319</b>	<b>270</b>
5LQ	E16000063	Brighton & Hove City PCT	2,042	552	270
5P7	E16000109	East Sussex Downs & Weald PCT	1,538	581	378
5QA	E16000132	Eastern & Coastal Kent PCT	5,254	1,588	302
5P8	E16000110	Hastings & Rother PCT	1,321	581	440
5L3	E16000055	Medway PCT	2,271	663	292
5P5	E16000107	Surrey PCT	3,927	754	192
5P9	E16000111	West Kent PCT	3,158	683	216
5P6	E16000108	West Sussex PCT	3,905	916	235
<b>Q38</b>	<b>E1800009</b>	<b>South Central</b>	<b>24,836</b>	<b>6,005</b>	<b>242</b>
5QG	E16000137	Berkshire East PCT	3,184	994	312
5QF	E16000136	Berkshire West PCT	1,481	586	395
5QD	E16000134	Buckinghamshire PCT	2,107	519	247
5QC	E16000133	Hampshire PCT	6,466	1,494	231
5QT	E16000147	Isle of Wight PCT	1,311	300	229
5CQ	E16000016	Milton Keynes PCT	1,895	276	145
5QE	E16000135	Oxford PCT	3,703	490	132
5FE	E16000027	Portsmouth City Teaching PCT	3,142	908	289
5L1	E16000054	Southampton City PCT	1,547	439	284

**Table 4.6 People successfully quit<sup>1</sup>, total expenditure<sup>2,3</sup> and cost per quitter, by Region, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013<sup>4,5</sup> - Continued**

England			Numbers / £		
Region / SHA Code	ONS Alpha numeric code	Region / SHA Name	Number successfully quit	Total expenditure (£000s)	Cost per quitter (£)
<b>England</b>			<b>373,872</b>	<b>87,706</b>	<b>235</b>
<b>K</b>	<b>South West</b>		<b>33,320</b>	<b>6,365</b>	<b>191</b>
<b>Q39</b>	<b>E18000010</b>	<b>South West</b>	<b>33,320</b>	<b>6,365</b>	<b>191</b>
5FL	E16000028	Bath & North East Somerset PCT	1,121	375	335
5QN	E16000143	Bournemouth & Poole PCT	1,580	466	295
5QJ	E16000139	Bristol PCT	2,946	806	274
5QP	E16000144	Cornwall & Isles Of Scilly PCT	4,238	702	166
5QQ	E16000145	Devon PCT	3,661	583	159
5QM	E16000142	Dorset PCT	1,965	625	318
5QH	E16000138	Gloucestershire PCT	3,727	649	174
5M8	E16000069	North Somerset PCT	1,408	299	212
5F1	E16000024	Plymouth Teaching PCT	2,287	447	195
5QL	E16000141	Somerset PCT	3,525	278	79
5A3	E16000001	South Gloucestershire PCT	1,313	230	175
5K3	E16000044	Swindon PCT	1,522	238	156
TAL	E17000003	Torbay Care Trust	1,125	262	233
5QK	E16000140	Wiltshire PCT	2,902	405	139

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

2. Total expenditure and cost per quitter excludes NRT, Bupropion (Zyban) and Varenicline (Champix) on prescription.

3. Financial figures presented do not take into account inflation and are presented in cash terms only.

4. The expenditure/cost per quitter data shown in this table is calculated by summing a single expenditure figure provided by each organisation in their return form. The return form asks organisations to provide a figure which relates to "all monies from whatever source which have been specifically allocated to, or spent on, smoking cessation services". Additionally, from 2011/12, organisations have been advised to only include monies spent on smoking cessation activity, not wider tobacco control measures. There is some evidence that in practice there may be a lack of standardisation in terms of the scope of expenditure items included in some organisation's returns, this means figures may not always be calculated on a comparable basis locally. There is on-going work to establish to what extent this guidance is followed and how to address the issue if found necessary.

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

Health and Social Care Information Centre, Lifestyles Statistics.

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Table 4.7 Number setting a quit date and successful quitters<sup>1</sup>, by intervention type<sup>2</sup>, Region, Strategic Health Authority and Primary Care Trust, April 2012 to March 2013<sup>3,4</sup> - Continued

England																							Numbers / Percentages			
Region / SHA		Number setting a quit date										Number of successful quitters								Success rate (%)						
Code	ONS Alpha numeric code	Region / SHA Name	All intervention types	Closed Group	Open (rolling) group	Drop in Clinics	One to one support	Couple/ Family	Telephone Support	Other	All intervention types	Closed Group	Open (rolling) group	Drop in Clinics	One to one support	Couple/ Family	Telephone Support	Other	All intervention types	Closed Group	Open (rolling) group	Drop in Clinics	One to one support	Couple/ Family	Telephone Support	Other
		England	724,247	10,669	21,616	78,793	591,764	3,492	14,276	3,637	373,872	6,296	12,112	42,435	299,938	1,966	9,340	1,785	52	59	56	54	51	56	65	49
K	South West		64,392	601	1,318	2,480	58,582	402	803	206	33,320	310	688	1,329	30,088	226	559	120	52	52	52	54	51	56	70	58
Q39	E18000010	South West	64,392	601	1,318	2,480	58,582	402	803	206	33,320	310	688	1,329	30,088	226	559	120	52	52	52	54	51	56	70	58
5FL	E16000028	Bath & North East Somerset PCT	2,005	46	17	217	1,668	38	19	0	1,121	34	15	116	920	20	16	0	56	74	88	53	55	53	84	-
5QN	E16000143	Bournemouth & Poole PCT	3,024	24	38	459	2,493	0	2	8	1,580	12	25	244	1,293	0	1	5	52	50	66	53	52	-	50	63
5QJ	E16000139	Bristol PCT	6,754	173	125	82	6,329	11	3	31	2,946	82	58	37	2,746	4	2	17	44	47	46	45	43	36	67	55
5QP	E16000144	Cornwall & Isles of Scilly PCT	7,150	6	0	703	5,928	0	513	0	4,238	5	0	368	3,543	0	322	0	59	83	-	52	60	-	63	-
5QQ	E16000145	Devon PCT	6,837	83	0	12	6,539	78	122	3	3,661	45	0	4	3,440	61	109	2	54	54	-	33	53	78	89	67
5QM	E16000142	Dorset PCT	3,717	0	0	96	3,496	0	2	123	1,965	0	0	50	1,846	0	1	68	53	-	-	53	-	-	50	55
5QH	E16000138	Gloucestershire PCT	6,440	15	57	17	6,303	25	9	14	3,727	11	47	10	3,627	15	5	12	58	73	82	59	58	60	56	86
5MB	E16000069	North Somerset PCT	2,880	61	174	193	2,425	10	15	2	1,408	31	74	108	1,180	7	8	0	49	51	43	56	49	70	53	0
5F1	E16000024	Plymouth Teaching PCT	5,086	0	0	0	4,989	97	0	0	2,287	0	0	0	2,251	36	0	0	45	-	-	-	45	37	-	-
5QL	E16000141	Somerset PCT	7,953	41	268	250	7,380	4	9	1	3,525	24	142	155	3,197	1	5	1	44	59	53	62	43	25	56	100
5A3	E16000001	South Gloucestershire PCT	2,672	0	41	14	2,600	7	1	9	1,313	0	26	4	1,271	6	0	6	49	-	63	29	49	86	0	67
5K3	E16000044	Swindon PCT	2,569	8	42	5	2,452	56	5	1	1,522	5	26	2	1,449	34	5	1	59	63	62	40	59	61	100	100
TAL	E17000003	Torbay Care Trust	2,122	7	0	260	1,822	24	9	0	1,125	4	0	130	973	13	5	0	53	57	-	50	53	54	56	-
5QK	E16000140	Wiltshire PCT	5,183	137	556	172	4,158	52	94	14	2,902	57	275	101	2,352	29	80	8	56	42	49	59	57	56	85	57

1. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.  
 2. Intervention type definitions: Closed group - structures, multi-session group course with pre-arranged start and finish dates and a pre-booked client group. Open groups - fluctuating membership and is ongoing. Drop-in clinic - multi-session support. One-to-one support - structured multi-session support. Couple/family - structured multi-session support for small family groups or couples. Telephone support - structured multi-session support via phone.  
 3. In 2012/13 there was a change in the way data was collected on people accessing Stop Smoking Services via their GP in Manchester PCT. It has been identified that the number of setters and the number of quitters lost to follow up within GP practices was over-reported therefore also affecting the success rate of the PCT. The reasons for this are currently being investigated. This issue affects the data for Manchester PCT, the totals for North West SHA and to a lesser extent England level figures. This issue also needs to be considered when making comparisons over time.  
 4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for

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## 5 Impact of quarterly revisions

### 5.1 Introduction

This chapter presents tables which illustrate the impact of revisions on quarterly data at England level. Quarterly stop smoking data is provisional at the time of publication for each of the three quarterly reports, and final in the annual report.

On each occasion that a Primary Care Trust (PCT) submits data for a particular quarter, they may also submit amended data in respect of previous quarters for that year. The final opportunity to do this is in the submission of Quarter 4 information, after which no further revisions may occur and data for each of the quarters in that year are considered final.

### 5.2 Impact on numbers of people setting a quit date and successful quitters

Table 5.1 shows that in 2012/13 the final figure for the number of people setting a quit date in Quarter 1 was 8.7% higher by the end of the year than when initially submitted in Quarter 1. The final figures for Quarters 2 and 3<sup>6</sup> were also higher by the end of the year than when initially

submitted, by 5.4% and 3.9% respectively.

The step change between 2006/07 and 2007/08 and 2008/09, shown in the percentage changes between provisional and final figures, is likely to be explained by a reduction in the time allocated to Strategic Health Authorities (SHA), and more recently to PCTs, to submit data to the Health and Social Care Information Centre (HSCIC) from the end of the follow-up period. This was reduced from between 5 and 7 weeks to 4 weeks in an effort to make the information more readily available to users in a more timely fashion.

Table 5.2 shows that in 2012/13 the final figure for the number of people successfully quitting in Quarter 1 was 11.5% higher by the end of the year than when initially submitted in Quarter 1. The final cumulative figures for Quarters 2 and 3 were also higher by the end of the year than when initially submitted, by 7.6% and 5.3% respectively.

As might be expected, the tables also show that as the quarterly results approach the end of the year, the size of the percentage increase between provisional and final figures decreases.

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<sup>6</sup> Please note that the data released in quarterly NHS Stop Smoking Services publications relates to all data collected to that point in the year. The quarter 1 output relates to April to June, the quarter 2 output relates to April to September, the quarter 3 output relates to April to December and the quarter 4 output relates to April to March



## 5.3 Impact on expenditure data

Table 5.3 shows that in percentage terms, quarterly revisions tend to have a much smaller effect on expenditure data than on the number of people setting a quit date and successful quitters. It also shows that final expenditure figures can also be revised downwards from the provisional figure.

As cost per quitter is affected by revisions to both the number of quitters and the expenditure data the impact of revisions can vary considerably between quarters. Therefore provisional cost per quitter estimates presented in quarters 1, 2 and 3 should be interpreted with caution.

## List of Tables

- 5.1 Impact of revisions to quarterly data on number of people setting a quit date, 2007/08 to 2012/13
- 5.2 Impact of revisions to quarterly data on number of successful quitters (self-report), 2007/08 to 2012/13
- 5.3 Impact of revisions to quarterly data on expenditure data, 2007/08 to 2012/13

**Table 5.1 Impact of revisions to quarterly data on number of people setting a quit date, 2007/08 to 2012/13<sup>1</sup>**

England	Numbers/Percentages				
	Quarter Data Relates to	Quarter Data Received			
	Q1	Q2	Q3	Q4	
07/08 Q1	152,871	161,928	164,696	171,192	12.0
07/08 (Q1+Q2)	.	327,800	338,156	350,494	6.9
07/08 (Q1+Q2+Q3)	.	.	462,690	487,265	5.3
07/08 (Q1+Q2+Q3+Q4)	.	.	.	680,289	.
08/09 Q1	134,149	141,530	145,538	149,395	11.4
08/09 (Q1+Q2)	.	273,164	284,131	293,078	7.3
08/09 (Q1+Q2+Q3)	.	.	414,208	432,698	4.5
08/09 (Q1+Q2+Q3+Q4)	.	.	.	671,259	.
09/10 Q1	163,946	179,089	182,051	185,852	13.4
09/10 (Q1+Q2)	.	329,225	344,121	353,275	7.3
09/10 (Q1+Q2+Q3)	.	.	492,166	514,331	4.5
09/10 (Q1+Q2+Q3+Q4)	.	.	.	757,537	.
10/11 Q1	166,556	183,030	186,143	190,418	14.3
10/11 (Q1+Q2)	.	341,455	356,799	368,231	7.8
10/11 (Q1+Q2+Q3)	.	.	511,697	535,822	4.7
10/11 (Q1+Q2+Q3+Q4)	.	.	.	787,527	.
11/12 Q1	188,953	204,808	208,418	212,308	12.4
11/12 (Q1+Q2)	.	378,724	393,201	402,240	6.2
11/12 (Q1+Q2+Q3)	.	.	552,602	573,622	3.8
11/12 (Q1+Q2+Q3+Q4)	.	.	.	816,444	.
12/13 Q1	176,945	186,686	188,287	192,294	8.7
12/13 (Q1+Q2)	.	341,379	350,984	359,744	5.4
12/13 (Q1+Q2+Q3)	.	.	502,917	522,519	3.9
12/13 (Q1+Q2+Q3+Q4) <sup>1</sup>	.	.	.	724,247	.

1. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

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**Table 5.2 Impact of revisions to quarterly data on number of successful quitters (self report), 2007/08 to 2012/13<sup>1</sup>**

England	Numbers/Percentages				provisional to final
	Quarter Data Relates to	Quarter Data Received			
	Q1	Q2	Q3	Q4	
07/08 Q1	76,914	81,683	82,974	86,781	12.8
07/08 (Q1+Q2)	.	164,711	169,530	176,277	7.0
07/08 (Q1+Q2+Q3)	.	.	234,060	247,794	5.9
07/08 (Q1+Q2+Q3+Q4)	.	.	.	350,800	.
08/09 Q1	65,334	69,206	71,152	73,361	12.3
08/09 (Q1+Q2)	.	133,704	138,989	144,273	7.9
08/09 (Q1+Q2+Q3)	.	.	205,810	216,119	5.0
08/09 (Q1+Q2+Q3+Q4)	.	.	.	337,054	.
09/10 Q1	79,351	85,292	86,607	89,358	12.6
09/10 (Q1+Q2)	.	156,804	163,325	169,200	7.9
09/10 (Q1+Q2+Q3)	.	.	236,735	249,162	5.2
09/10 (Q1+Q2+Q3+Q4)	.	.	.	373,954	.
10/11 Q1	78,250	85,749	87,401	89,415	14.3
10/11 (Q1+Q2)	.	162,253	169,629	174,621	7.6
10/11 (Q1+Q2+Q3)	.	.	245,664	256,662	4.5
10/11 (Q1+Q2+Q3+Q4)	.	.	.	383,548	.
11/12 Q1	88,830	96,693	98,647	101,555	14.3
11/12 (Q1+Q2)	.	178,986	186,418	192,873	7.8
11/12 (Q1+Q2+Q3)	.	.	264,795	278,089	5.0
11/12 (Q1+Q2+Q3+Q4)	.	.	.	400,955	.
12/13 Q1	86,341	91,519	92,921	96,274	11.5
12/13 (Q1+Q2)	.	168,559	174,663	181,434	7.6
12/13 (Q1+Q2+Q3)	.	.	253,174	266,696	5.3
12/13 (Q1+Q2+Q3+Q4) <sup>1</sup>	.	.	.	373,872	.

1. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

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**Table 5.3 Impact of revisions to quarterly data on expenditure data, 2007/08 to 2012/13**

<b>England</b>		<i>£ Thousands / Percentages</i>			
Quarter Data Relates to	Quarter Data Received				provisional to final
	Q1	Q2	Q3	Q4	
07/08 Q1	13,705	13,706	13,709	13,173	-3.9
07/08 (Q1+Q2)	.	26,694	26,374	26,059	-2.4
07/08 (Q1+Q2+Q3)	.	.	41,321	40,852	-1.1
07/08 (Q1+Q2+Q3+Q4)	.	.	.	60,806	.
08/09 Q1	16,008	15,655	15,631	15,739	-1.7
08/09 (Q1+Q2)	.	32,559	32,585	32,790	0.7
08/09 (Q1+Q2+Q3)	.	.	51,341	51,642	0.6
08/09 (Q1+Q2+Q3+Q4)	.	.	.	73,675	.
09/10 Q1	20,450	20,405	20,213	20,325	-0.6
09/10 (Q1+Q2)	.	39,608	39,568	40,275	1.7
09/10 (Q1+Q2+Q3)	.	.	60,577	60,748	0.3
09/10 (Q1+Q2+Q3+Q4)	.	.	.	83,879	.
10/11 Q1	21,355	20,647	20,571	20,524	-3.9
10/11 (Q1+Q2)	.	40,363	40,343	40,432	0.2
10/11 (Q1+Q2+Q3)	.	.	61,071	60,243	-1.4
10/11 (Q1+Q2+Q3+Q4)	.	.	.	84,348	.
11/12 Q1	20,483	21,043	20,827	20,982	2.4
11/12 (Q1+Q2)	.	41,425	41,004	41,296	-0.3
11/12 (Q1+Q2+Q3)	.	.	62,138	62,220	0.1
11/12 (Q1+Q2+Q3+Q4)	.	.	.	87,928	.
12/13 Q1	21,312	20,950	20,993	20,984	-1.5
12/13 (Q1+Q2)	.	42,432	42,236	41,876	-1.3
12/13 (Q1+Q2+Q3)	.	.	63,367	63,498	0.2
12/13 (Q1+Q2+Q3+Q4)	.	.	.	87,706	.

**Source:**

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## 6 Review of Experimental Statistics / Data Quality

### 6.1 Introduction

Since 2008/09, a number of data items have been collected including the number of people setting a quit date and the number who successfully quit at the 4 week follow-up by four different variables;

- socio-economic classification (NS-SEC)<sup>7</sup>,
- eligibility to receive free prescriptions<sup>8</sup>,
- intervention type<sup>9</sup>
- intervention setting<sup>10</sup>.

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<sup>7</sup> Socio economic classification has been determined by smoking cessation advisors using a methodology adapted for use in Smoking Cessation Services. Whilst this is similar to the National Statistics Socio-Economic Classification (NS-SEC) categories as defined by the Office of National Statistics (ONS) these groups may not map directly to them due to the simplified way in which the data are collected.

<sup>8</sup> Criteria for clients to qualify for free prescriptions maybe found at the following web link:  
<https://www.gov.uk/government/publications/guidance-for-providing-and-monitoring-stop-smoking-services-2011-to-2012>

<https://www.gov.uk/government/publications/stop-smoking-service-monitoring-and-guidance-update-published>

<sup>9</sup> Intervention type definitions: Closed group – a structured multi-session group course with pre-arranged start and finish dates and a pre-booked client group. Open groups - fluctuating membership that is ongoing; Drop-in clinic - multi-session support; One-to-one support - structured multi-session support; Couple/family - structured multi-session support for small family groups or couples; Telephone support - structured multi-session support via the telephone.

<sup>10</sup> Intervention settings include all main settings in which people can access the NHS Stop Services. These include amongst others: Primary Care, pharmacies, prisons, hospital wards and dental practices.

Each year since 2008/09, an assessment of the data quality of these data items has been carried out. In both 2008/09 and 2009/10, the outcome of this assessment was that all these data items would be released only at national and Strategic Health Authority (SHA) level (due to concerns over data quality at Primary Care Trust (PCT) level), and classed as experimental statistics<sup>11</sup>. In 2010/11 the data quality for 'intervention type' was determined to be sufficiently robust to be released at PCT, as well as SHA and national level and the experimental statistics status of this data, which it held in 2008/09 and 2009/10, was removed.

The outcome of the 2012/13 assessment is that the data collected for the three data items (socio-economic classification, eligibility to receive free prescriptions and intervention setting) have again been released at SHA and national level only and continue to be labelled as experimental statistics.

For the three data items that remain experimental statistics, SHA and national level data is contained within this chapter and focuses on clients setting a quit date.

### 6.2 Data quality report

Table 6.1 shows the data quality report for the socio-economic (NS-SEC) classification, intervention type and intervention setting data items. Data quality indicators for these items have

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<sup>11</sup> Experimental statistics are statistics that are undergoing evaluation. They are in the testing phase and have not yet been fully developed.

been constructed by calculating the percentage of clients where NS-SEC was recorded as 'unknown', the percentage where intervention type was recorded as 'Other' and the percentage where intervention setting was recorded as 'Other'. For both NS-SEC and intervention type, the data quality indicator has been colour coded as red, amber or green for every PCT according to the classification scheme set out.

The intervention setting data quality indicator has not been colour coded as the return forms completed by PCTs do not currently provide explicit categories for some common settings; for example, clients' homes, workplaces and mental health settings. Amendments to the return form to incorporate these additional settings are currently being finalised and are expected to be introduced for the first time in the 2014/15 monitoring return. This will then facilitate the colour coding of the intervention setting data quality indicator in the future and should serve to allow the removal of the experimental statistics badge at the earliest opportunity.

The data quality report does not include an indicator for data on the eligibility for free prescriptions as discussions are currently taking place around how best to assess and ensure the quality of data recorded on eligibility for free prescriptions.

### **6.2.1 Socio-economic classification (NS-SEC)**

Nationally, an improvement was shown in the NS-SEC data quality indicator in each year between 2008/09 and 2011/12. This year however, the percentage of clients recorded as having unknown NS-SEC decreased from 12.8% in 2011/12 to 12.1% in 2012/13. Prior to this the

percentage of clients were recorded as having an unknown NS-SEC was 16.1% in 2010/11, 21.1% in 2009/10 and 33.9% in 2008/09.

In 2012/13, the majority (85 out of 151) of PCTs were colour coded green, as they showed a percentage of clients with an unknown NS-SEC as equal to or less than the national average. Seventeen PCTs were coded as red, with over double the England average for missing records and 49 PCTs coded amber, with the percentage up to twice the England average ([Table 6.1](#)).

Further improvements are still needed before the experimental statistics status could be removed from the NS-SEC data. This is due to concerns of possible systematic bias in the results – there is a possibility that clients in certain NS-SEC categories are more likely to be recorded in the 'unknown' category compared with other clients in other NS-SEC categories. If such a situation did exist, its impact on the national data could be considerable given that around one in eight clients setting a quit date are recorded in the 'unknown' category, and the impact could be greater still in PCTs where this proportion is much higher.

### **6.2.2 Intervention type**

In 2012/13, only 0.5% of clients setting a quit date were recorded under 'Other' for intervention type, the same as in 2011/12. The majority (124 out of 151) of PCTs were colour coded green, as they showed a percentage of clients recorded under 'Other' for intervention type as less than or equal to the national average ([Table 6.1](#)). The intervention type data therefore remains sufficiently robust for this to continue to be released at PCT, as well as

SHA and national level. This data can be found in Chapter 4 of the report. ([Table 4.7](#))

### 6.2.3 Intervention setting

In 2012/13, 4.1% of clients setting a quit date were recorded under 'Other' for intervention setting, ([Table 6.1](#)) compared with 4.2% in 2011/12, 3.7% in 2010/11, 3.4% in 2009/10 and 3.5% in 2008/09.

As explained earlier the current omission of common categories means there is no way for the HSCIC to fully assess the quality of these data, as it is not possible to distinguish between use of the 'Other' category due to the omission of these categories and use of 'Other' because these data are missing or unknown. Amendments to the return form to incorporate these additional settings are currently being finalised and are expected to be introduced for the 2014/15 monitoring return.

## 6.3 National and Strategic Health Authority data

[Table 6.2](#) contains information on the number of people setting a quit date through the NHS Stop Smoking Services, the number of successful quitters and success rates in each socio-economic category and by eligibility to receive free prescriptions in England. [Table 6.3](#) presents the number of people setting a quit date and the number of successful quitters by eligibility to receive free prescriptions at SHA level. [Table 6.4](#) presents information for each SHA, by socio-economic classification.

Information on the number of people setting a quit date in each of the NHS

Stop Smoking intervention settings in England is provided in [Table 6.5](#), with the equivalent information presented in [Table 6.6](#) for each SHA.

[Table 6.7](#) presents the number of people setting a quit date using each of the NHS Stop Smoking Services intervention types in England. Information on the number of people setting a quit date, the number of successful quitters and the success rate by intervention type in England is available within [Table 6.8](#). Similar information broken down to SHA and PCT level is available in Chapter 4 ([Table 4.7](#)) of the main body of the report as these are no longer classed as experimental statistics.



## List of Tables

- 6.1 Data quality report for NHS Stop Smoking Services, April 2012 to March 2013
- 6.2 Number setting a quit date and successful quitters, by social economic classification and eligibility to receive free prescriptions, April 2012 to March 2013
- 6.3 Number setting a quit date and successful quitters, by eligibility to receive free prescriptions, April 2012 to March 2013
- 6.4 Number setting a quit date and successful quitters, by socio-economic classification and Strategic Health Authority, April 2012 to March 2013
- 6.5 Number of people setting a quit date by intervention setting and quarter, April 2012 to March 2013
- 6.6 Number setting a quit date and successful quitters, by intervention setting and Strategic Health Authority, April 2012 to March 2013
- 6.7 Number setting a quit date by intervention type and quarter, April 2012 to March 2013
- 6.8 Number setting a quit date and successful quitters, by intervention type and setting, April 2012 to March 2013

## Experimental Statistics<sup>1</sup>

**Table 6.1 Data Quality Report for NHS Stop Smoking Services 2012/13**

Key	Green	Amber	Red
Measure 1 - % of records with missing socio-economic code	<12.1	≥12.1 and ≤24.2	>24.2
Measure 2 - Percentage point change in % of records with missing socio-economic code since 2012	N/A	N/A	N/A
Measure 3 - % of records categorised as "Other" for intervention setting <sup>2</sup>	N/A	N/A	N/A
Measure 4 - % of records categorised as "Other" for intervention type	<0.5	≥0.5 and ≤1	>1
Measure 5 - % of records categorised as "Other" for intervention type since 2012	N/A	N/A	N/A

PCT	PCT Name	Percentage of records with missing socio-economic code <sup>2</sup>	Percentage point change in % of records with missing socio-economic code since 2012 <sup>2</sup>	Percentage of records categorised as "Other" for intervention setting <sup>2</sup>	Percentage of records categorised as "Other" for intervention type	Percentage point change in % of records categorised as "Other" for intervention type since 2012
<b>PCT</b>	<b>National average</b>	<b>12.1</b>	<b>-0.7</b>	<b>4.1</b>	<b>0.5</b>	<b>0.0</b>
5HG	Ashton, Leigh and Wigan PCT	31.5	2.9	6.1	0.0	0.0
5C2	Barking and Dagenham PCT	15.1	1.5	0.2	0.0	0.0
5A9	Barnet PCT	45.5	12.2	0.0	0.0	0.0
5JE	Barnsley PCT	0.0	-2.0	3.5	0.0	0.0
5ET	Bassetlaw PCT	7.9	1.2	0.0	0.0	0.0
5FL	Bath and North East Somerset PCT	3.6	-2.1	6.2	0.0	0.0
5P2	Bedfordshire PCT	0.1	-12.5	2.3	0.5	0.5
5QG	Berkshire East PCT	5.1	-14.3	25.7	0.9	0.9
5QF	Berkshire West PCT	4.7	-4.5	7.9	1.1	1.1
TAK	Bexley Care Trust	2.3	-0.9	0.0	0.0	0.0
5PG	Birmingham East and North PCT	11.0	-7.4	0.0	0.0	0.0
TAP	Blackburn with Darwen Teaching Care Trust Plus	1.8	0.2	3.4	0.0	0.0
5HP	Blackpool PCT	6.3	1.5	0.0	0.0	0.0
5HQ	Bolton PCT	30.5	3.2	0.0	0.0	0.0
5QN	Bournemouth and Poole Teaching PCT	4.0	-1.3	0.0	0.3	-0.7
5NY	Bradford and Airedale Teaching PCT	33.3	-0.5	0.3	0.0	0.0
5K5	Brent Teaching PCT	31.4	5.4	2.6	0.0	0.0
5LQ	Brighton and Hove City PCT	20.0	4.8	0.0	0.3	0.2
5QJ	Bristol PCT	19.3	7.1	2.2	0.5	0.1
5A7	Bromley PCT	15.8	0.4	0.1	0.0	0.0
5QD	Buckinghamshire PCT	18.7	6.0	13.6	0.0	-2.1
5JX	Bury PCT	14.8	5.0	0.0	0.0	-0.1
5J6	Calderdale PCT	12.9	0.0	0.3	0.0	0.0
5PP	Cambridgeshire PCT	17.5	-2.5	0.1	0.0	0.0
5K7	Camden PCT	11.3	-1.2	0.2	0.8	0.8
5NP	Central and Eastern Cheshire PCT	0.0	-1.0	0.0	0.1	0.0
5NG	Central Lancashire PCT	4.4	0.1	2.9	0.2	-0.2
5C3	City and Hackney Teaching PCT	25.9	-2.2	8.6	0.0	0.0
5QP	Cornwall and Isles Of Scilly PCT	9.4	1.2	0.0	0.0	0.0
5ND	County Durham PCT	0.0	-0.3	0.9	0.0	0.0
5MD	Coventry Teaching PCT	6.6	-1.6	19.5	0.0	-0.4
5K9	Croydon PCT	15.3	-0.5	1.1	0.2	-9.0
5NE	Cumbria Teaching PCT	5.0	-1.5	0.2	0.0	0.0
5J9	Darlington PCT	0.0	-0.2	2.2	0.0	0.0
5N7	Derby City PCT	0.6	-2.6	7.6	0.0	0.0
5N6	Derbyshire County PCT	9.1	1.9	2.6	0.1	0.1
5QQ	Devon PCT	16.6	1.1	0.0	0.0	0.0

## Experimental Statistics<sup>1</sup>

**Table 6.1 Data Quality Report for NHS Stop Smoking Services 2012/13 - Continued**

Key	Green	Amber	Red
Measure 1 - % of records with missing socio-economic code	<12.1	≥12.1 and ≤24.2	>24.2
Measure 2 - Percentage point change in % of records with missing socio-economic code since 2012	N/A	N/A	N/A
Measure 3 - % of records categorised as "Other" for intervention setting <sup>2</sup>	N/A	N/A	N/A
Measure 4 - % of records categorised as "Other" for intervention type	<0.5	≥0.5 and ≤1	>1
Measure 5 - % of records categorised as "Other" for intervention type since 2012	N/A	N/A	N/A

PCT Name	Percentage of records with missing socio-economic code <sup>2</sup>	Percentage point change in % of records with missing socio-economic code since 2012 <sup>2</sup>	Percentage of records categorised as "Other" for intervention setting <sup>2</sup>	Percentage of records categorised as "Other" for intervention type	Percentage point change in % of records categorised as "Other" for intervention type since 2012
<b>PCT</b>	<b>National average</b>	<b>12.1</b>	<b>-0.7</b>	<b>4.1</b>	<b>0.5</b>
5N5	Doncaster PCT	4.8	1.5	0.0	-0.7
5QM	Dorset PCT	16.2	0.9	2.0	3.3
5PE	Dudley PCT	14.9	-1.5	6.1	0.0
5HX	Ealing PCT	10.0	-10.1	0.2	0.3
5NH	East Lancashire Teaching PCT	0.9	0.6	9.7	0.0
5NW	East Riding Of Yorkshire PCT	7.9	-1.1	1.9	0.3
5P7	East Sussex Downs and Weald PCT	11.0	-4.0	1.8	0.7
5QA	Eastern and Coastal Kent PCT	5.7	-2.5	1.1	0.0
5C1	Enfield PCT	14.0	-1.5	0.0	0.0
5KF	Gateshead PCT	21.0	4.6	17.0	0.0
5QH	Gloucestershire PCT	7.0	-6.1	21.4	0.2
5PR	Great Yarmouth and Waveney PCT	4.3	-0.1	0.3	0.0
5A8	Greenwich Teaching PCT	9.2	1.4	0.5	0.4
5NM	Halton and St Helens PCT	6.1	-3.5	0.0	0.0
5H1	Hammersmith and Fulham PCT	13.2	2.4	2.1	0.0
5QC	Hampshire PCT	12.3	-0.2	1.6	0.8
5C9	Haringey Teaching PCT	14.0	-1.0	0.0	0.0
5K6	Harrow PCT	24.8	-0.8	0.2	0.0
5D9	Hartlepool PCT	1.9	0.7	2.2	0.0
5P8	Hastings and Rother PCT	9.8	1.6	3.1	3.7
5A4	Havering PCT	10.7	-5.8	0.6	0.0
5MX	Heart Of Birmingham Teaching PCT	14.5	2.0	0.0	0.0
5CN	Herefordshire PCT	21.1	-3.2	6.1	0.5
5QV	Hertfordshire PCT	0.0	0.0	0.2	0.0
5NQ	Heywood, Middleton and Rochdale PCT	17.6	-2.9	2.4	1.4
5AT	Hillingdon PCT	3.4	0.0	0.0	0.0
5HY	Hounslow PCT	11.3	1.1	5.0	0.1
5NX	Hull Teaching PCT	10.5	-2.9	6.6	3.8
5QT	Isle Of Wight Nhs PCT	10.4	-1.4	14.3	0.1
5K8	Islington PCT	10.2	-8.2	0.0	0.0
5LA	Kensington and Chelsea PCT	42.2	2.5	3.3	0.0
5A5	Kingston PCT	14.0	-4.1	2.9	0.0
5N2	Kirklees PCT	8.5	-10.9	0.4	0.3
5J4	Knowsley PCT	8.7	0.9	0.1	0.3
5LD	Lambeth PCT	42.7	-11.4	4.3	0.0
5N1	Leeds PCT	9.1	-1.5	0.0	3.8
5PC	Leicester City PCT	9.1	-3.1	1.8	3.2

## Experimental Statistics<sup>1</sup>

**Table 6.1 Data Quality Report for NHS Stop Smoking Services 2012/13 - Continued**

Key	Green	Amber	Red
Measure 1 - % of records with missing socio-economic code	<12.1	≥12.1 and ≤24.2	>24.2
Measure 2 - Percentage point change in % of records with missing socio-economic code since 2012	N/A	N/A	N/A
Measure 3 - % of records categorised as "Other" for intervention setting <sup>2</sup>	N/A	N/A	N/A
Measure 4 - % of records categorised as "Other" for intervention type	<0.5	≥0.5 and ≤1	>1
Measure 5 - % of records categorised as "Other" for intervention type since 2012	N/A	N/A	N/A

PCT Name	Percentage of records with missing socio-economic code <sup>2</sup>	Percentage point change in % of records with missing socio-economic code since 2012 <sup>2</sup>	Percentage of records categorised as "Other" for intervention setting <sup>2</sup>	Percentage of records categorised as "Other" for intervention type	Percentage point change in % of records categorised as "Other" for intervention type since 2012
<b>PCT</b>	<b>National average</b>	<b>12.1</b>	<b>-0.7</b>	<b>4.1</b>	<b>0.5</b>
5PA	Leicestershire County and Rutland PCT	0.0	-0.4	2.5	5.3
5LF	Lewisham PCT	12.5	7.1	0.3	0.2
5N9	Lincolnshire Teaching PCT	0.0	0.0	0.1	0.0
5NL	Liverpool PCT	4.8	0.3	0.4	0.1
5GC	Luton PCT	16.6	5.5	0.8	0.0
5NT	Manchester PCT	29.9	0.0	0.7	0.0
5L3	Medway PCT	8.9	-1.7	2.4	0.0
5PX	Mid Essex PCT	7.4	6.4	5.2	9.2
5KM	Middlesbrough PCT	3.4	-1.0	0.0	0.0
5CQ	Milton Keynes PCT	0.0	0.0	0.0	0.0
5D7	Newcastle PCT	11.9	0.6	0.0	0.0
5C5	Newham PCT	15.7	0.5	2.1	0.0
5PQ	Norfolk PCT	9.1	0.2	7.6	0.0
5PW	North East Essex PCT	1.8	-1.1	0.0	0.0
TAN	North East Lincolnshire Care Trust Plus	3.5	-0.9	7.3	2.0
5NF	North Lancashire Teaching PCT	1.1	-8.1	0.0	0.0
5EF	North Lincolnshire PCT	8.3	5.9	3.0	1.0
5M8	North Somerset PCT	10.1	-2.5	7.0	0.1
5PH	North Staffordshire PCT	9.0	-7.7	12.4	0.0
5D8	North Tyneside PCT	14.3	2.5	0.0	0.0
5NV	North Yorkshire and York PCT	13.8	-1.0	0.3	0.0
5PD	Northamptonshire Teaching PCT	12.3	3.2	0.5	0.2
TAC	Northumberland Care Trust	2.6	0.1	0.9	0.0
5EM	Nottingham City PCT	9.1	3.1	0.7	0.6
5N8	Nottinghamshire County Teaching PCT	18.8	-4.5	1.5	0.0
5J5	Oldham PCT	0.0	-0.2	0.0	0.0
5QE	Oxfordshire PCT	11.3	-2.2	0.2	0.0
5PN	Peterborough PCT	0.0	-6.6	0.7	0.0
5F1	Plymouth Teaching PCT	18.0	-2.0	0.0	0.0
5FE	Portsmouth City Teaching PCT	5.6	-0.1	1.8	0.0
5NA	Redbridge PCT	12.7	-5.8	1.9	1.4
5QR	Redcar and Cleveland PCT	3.0	-0.9	0.0	0.0
5M6	Richmond and Twickenham PCT	23.1	4.2	0.1	0.0
5H8	Rotherham PCT	3.6	2.4	0.0	2.8
5F5	Salford PCT	25.7	4.9	2.6	0.1
5PF	Sandwell PCT	7.8	-2.2	56.6	2.7
5NJ	Sefton PCT	4.6	-0.8	0.0	3.6

## Experimental Statistics<sup>1</sup>

**Table 6.1 Data Quality Report for NHS Stop Smoking Services 2012/13 - Continued**

Key	Green	Amber	Red
Measure 1 - % of records with missing socio-economic code	<12.1	≥12.1 and ≤24.2	>24.2
Measure 2 - Percentage point change in % of records with missing socio-economic code since 2012	N/A	N/A	N/A
Measure 3 - % of records categorised as "Other" for intervention setting <sup>2</sup>	N/A	N/A	N/A
Measure 4 - % of records categorised as "Other" for intervention type	<0.5	≥0.5 and ≤1	>1
Measure 5 - % of records categorised as "Other" for intervention type since 2012	N/A	N/A	N/A

PCT	PCT Name	Percentage of records with missing socio-economic code <sup>2</sup>	Percentage point change in % of records with missing socio-economic code since 2012 <sup>2</sup>	Percentage of records categorised as "Other" for intervention setting <sup>2</sup>	Percentage of records categorised as "Other" for intervention type	Percentage point change in % of records categorised as "Other" for intervention type since 2012
<b>PCT</b>	<b>National average</b>	<b>12.1</b>	<b>-0.7</b>	<b>4.1</b>	<b>0.5</b>	<b>0.0</b>
5N4	Sheffield PCT	8.0	-2.0	6.3	1.6	-1.2
5M2	Shropshire County PCT	5.4	-2.8	17.0	0.0	0.0
5QW	Solihull PCT	12.2	-2.0	0.1	0.1	-0.8
5QL	Somerset PCT	20.0	-3.5	0.4	0.0	0.0
5M1	South Birmingham PCT	9.9	-1.9	0.0	0.0	0.0
5P1	South East Essex PCT	0.0	0.0	0.0	0.0	0.0
5A3	South Gloucestershire PCT	13.6	3.6	0.7	0.3	0.3
5PK	South Staffordshire PCT	2.4	-2.5	9.4	0.2	0.1
5KG	South Tyneside PCT	21.4	6.8	14.7	0.0	-3.6
5PY	South West Essex PCT	0.0	-4.3	3.7	0.1	0.1
5L1	Southampton City PCT	28.7	-23.1	0.3	0.0	-0.1
5LE	Southwark PCT	49.7	-1.2	11.6	0.0	0.0
5F7	Stockport PCT	32.2	1.9	0.0	0.0	0.0
5E1	Stockton-On-Tees Teaching PCT	2.9	-4.8	1.0	0.0	0.0
5PJ	Stoke On Trent PCT	13.0	0.2	30.3	0.2	-0.4
5PT	Suffolk PCT	8.3	1.3	0.3	0.0	0.0
5KL	Sunderland Teaching PCT	20.4	3.8	19.6	0.0	0.0
5P5	Surrey PCT	40.5	-4.0	0.4	0.0	-0.3
5M7	Sutton and Merton PCT	12.8	-2.1	5.5	0.0	0.0
5K3	Swindon PCT	9.9	1.6	0.7	0.0	0.0
5LH	Tameside and Glossop PCT	10.2	-3.6	2.9	0.0	0.0
5MK	Telford and Wrekin PCT	5.4	-3.3	15.7	0.0	0.0
TAL	Torbay Care Trust	14.6	-1.1	0.0	0.0	0.0
5C4	Tower Hamlets PCT	23.0	-4.8	6.7	1.5	0.2
5NR	Trafford PCT	27.3	-0.6	1.0	0.0	0.0
5N3	Wakefield District PCT	14.6	2.9	0.0	1.1	-3.6
5M3	Walsall Teaching PCT	12.8	0.5	35.5	0.5	0.5
5NC	Waltham Forest PCT	5.1	-3.9	0.2	0.1	0.1
5LG	Wandsworth PCT	17.2	-4.5	8.0	0.0	0.0
5J2	Warrington PCT	7.5	1.2	0.0	0.0	0.0
5PM	Warwickshire PCT	9.8	1.9	2.6	4.4	-0.2
5PV	West Essex PCT	36.3	0.4	0.1	0.2	0.2
5P9	West Kent PCT	21.1	-2.3	1.6	0.0	-0.2
5P6	West Sussex PCT	19.1	1.0	0.2	0.0	-0.1
5NN	Western Cheshire PCT	0.0	-2.4	0.0	0.0	0.0
5LC	Westminster PCT	14.2	-0.4	0.0	0.0	0.0

## Experimental Statistics<sup>1</sup>

**Table 6.1 Data Quality Report for NHS Stop Smoking Services 2012/13<sup>2</sup> - Continued**

Key	Green	Amber	Red
Measure 1 - % of records with missing socio-economic code	<12.1	≥12.1 and ≤24.2	>24.2
Measure 2 - Percentage point change in % of records with missing socio-economic code since 2012	N/A	N/A	N/A
Measure 3 - % of records categorised as "Other" for intervention setting <sup>2</sup>	N/A	N/A	N/A
Measure 4 - % of records categorised as "Other" for intervention type	<0.5	≥0.5 and ≤1	>1
Measure 5 - % of records categorised as "Other" for intervention type since 2012	N/A	N/A	N/A

PCT Name	Percentage of records with missing socio-economic code <sup>3</sup>	Percentage point change in % of records with missing socio-economic code since 2012 <sup>3</sup>	Percentage of records categorised as "Other" for intervention setting <sup>3</sup>	Percentage of records categorised as "Other" for intervention type	Percentage point change in % of records categorised as "Other" for intervention type since 2012
<b>PCT</b>	<b>National average</b>	<b>12.1</b>	<b>-0.7</b>	<b>4.1</b>	<b>0.5</b>
5QK	Wiltshire PCT	14.0	2.1	0.5	0.3
5NK	Wirral PCT	14.7	-0.8	15.9	0.0
5MV	Wolverhampton City PCT	10.6	0.5	0.9	0.0
5PL	Worcestershire PCT	12.2	-0.7	22.9	0.5

1. As in 2011/12, data on socio-economic classification, intervention setting and eligibility for free prescriptions have been classified as EXPERIMENTAL STATISTICS in 2012/13. For a full definition of experimental statistics please see Appendix B. The data quality for 'intervention type' continues to be deemed to be sufficiently robust for it to be released without the experimental statistic label, as it was for the first time in 2010/11. As a result, data on intervention type is available at PCT level (table 4.7) whereas data on the other variables are only available down to SHA level (tables 6.5, 6.6, and 6.8)

2. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

do not provide an explicit category for certain common settings to be recorded under. These include clients' homes, workplaces and mental health settings. Given the importance of recognising activity in priority settings, amendments to the return form to incorporate these additional settings are being considered.

### Source:

Health and Social Care Information Centre, Lifestyle Statistics.

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## Experimental Statistics<sup>1</sup>

**Table 6.2 Number setting a quit date and successful quitters<sup>2</sup>, by socio-economic classification<sup>3,4</sup> and eligibility to receive free prescriptions<sup>5</sup>, April 2012 to March 2013<sup>6</sup>**

England	Numbers / Percentages		
	Number setting a quit date	Number of successful quitters	Percentage who successfully quit
<b>Numbers</b>			
<b>Total</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>
Full time students	29,852	11,444	38
Never worked or unemployed for over 1 year	110,117	46,071	42
Retired	80,471	47,831	59
Sick/disabled and unable to return to work	45,672	20,860	46
Home carers (unpaid) <sup>7</sup>	40,899	20,025	49
Managerial and professional occupations <sup>8</sup>	81,256	48,847	60
Intermediate occupations <sup>9</sup>	56,247	32,237	57
Routine and manual occupations <sup>10</sup>	177,795	97,712	55
Prisoners	14,409	7,841	54
Unable to code	87,529	41,004	47
Eligible for free prescription	413,597	202,557	49
Not eligible for free prescription	310,650	171,315	55
<b>Percentages</b>			
<b>Total</b>	<b>100</b>	<b>100</b>	
Full time students	4	3	
Never worked or unemployed for over 1 year	15	12	
Retired	11	13	
Sick/disabled and unable to return to work	6	6	
Home carers (unpaid) <sup>7</sup>	6	5	
Managerial and professional occupations <sup>8</sup>	11	13	
Intermediate occupations <sup>9</sup>	8	9	
Routine and manual occupations <sup>10</sup>	25	26	
Prisoners	2	2	
Unable to code	12	11	
Eligible for free prescription	57	54	
Not eligible for free prescription	43	46	

1. The statistics in this table have been classified as **EXPERIMENTAL STATISTICS**. For a full definition of experimental statistics please see [Appendix B](#).

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. Socio economic classification has been determined by smoking cessation advisors using a methodology adapted for use in Smoking Cessation Services. Whilst this is similar to the National Statistics Socio-Economic Classification (NS-SEC) categories as defined by the Office of National Statistics (ONS) these groups may not map directly to them due to the simplified way in which the data are collected.

4. More information on the methodology used maybe found in [Appendix B](#).

5. Criteria for clients to qualify for free prescriptions maybe found at the following web link:  
[http://www.nhsbsa.nhs.uk/HealthCosts/Documents/HealthCosts/HC11\\_April\\_2012.pdf](http://www.nhsbsa.nhs.uk/HealthCosts/Documents/HealthCosts/HC11_April_2012.pdf)

6. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

7. Number of home carers - i.e. looking after children, family or home.

8. Managerial and professional occupations, examples include: Accountant, artist, civil/mechanical engineer, medical practitioner, musician, nurse, police officer (sergeant or above), physiotherapist, scientist, social worker, software engineer, solicitor, teacher, welfare officer. Those usually responsible for planning, organising and co-ordinating work for finance.

9. Intermediate occupations, examples include: Call centre agent, clerical worker, nursery auxiliary, office clerk, secretary.

10. Routine and Manual occupations, examples include: Electrician, fitter, gardener, inspector, plumber, printer, train driver, tool maker, bar staff, caretaker, catering assistant, cleaner, farm worker, HGV driver, labourer, machine operative, messenger, packer, porter, postal worker, receptionist, sales assistant, security guard, sewing machinist, van driver, waiter/waitress.

### Source:

Health and Social Care Information Centre, Lifestyles Statistics.

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## Experimental Statistics<sup>1</sup>

**Table 6.3 Number setting a quit date and successful quitters<sup>2</sup>, by eligibility to receive free prescriptions<sup>3</sup>, by Region and Strategic Health Authority, April 2012 to March 2013<sup>4</sup>**

England				Numbers / Percentages		
SHA Code	Region Code	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date	Number of successful quitters	Percentage who successfully quit
<b>England</b>				<b>413,597</b>	<b>202,557</b>	<b>49</b>
Q30	A	E18000001	North East	36,383	16,010	44
Q31	B	E18000002	North West	78,095	36,009	46
Q32	D	E18000003	Yorkshire and Humber	36,714	19,321	53
Q33	E	E18000004	East Midlands	37,729	20,077	53
Q34	F	E18000005	West Midlands	55,814	26,844	48
Q35	G	E18000006	East England	39,381	19,657	50
Q36	H	E18000007	London	47,822	24,350	51
-	J	-	South East	45,460	23,061	51
Q37	-	E18000008	South East Coast	24,301	11,742	48
Q38	-	E18000009	South Central	21,159	11,319	53
Q39	K	E18000010	South West	36,199	17,228	48

1. The statistics in this table have been classified as **EXPERIMENTAL STATISTICS**. For a full definition of experimental statistics please see [Appendix B](#).

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. Criteria for clients to qualify for free prescriptions maybe found at the following web link:

[http://www.nhsbsa.nhs.uk/HealthCosts/Documents/HealthCosts/HC11\\_April\\_2012.pdf](http://www.nhsbsa.nhs.uk/HealthCosts/Documents/HealthCosts/HC11_April_2012.pdf)

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

### Source:

Health and Social Care Information Centre, Lifestyles Statistics.

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Experimental Statistics<sup>1</sup>

Table 6.4 Number setting a quit date and successful quitters<sup>2</sup>, by socio-economic classification<sup>3,4</sup>, Region and Strategic Health Authority, April 2012 to March 2013<sup>5</sup>

England		Number setting a quit date														Number of successful quitters														Numbers / Percentages						
SHA Code	Region	ONS Alpha numeric code	Region / SHA Name	Number setting a quit date										Number of successful quitters										Success rate (%)												
				All classifications	Full time or unemployed students	Never worked or unemployed for over 1 year	Retired	Sick/disabled and unable to return to work	Home carers (unpaid) <sup>6</sup>	Managerial and professional occupations <sup>7</sup>	Intermediate occupations <sup>8</sup>	Routine and manual occupations <sup>9</sup>	Prisoners	Unable to code	All classifications	Full time or unemployed students	Never worked or unemployed for over 1 year	Retired	Sick/disabled and unable to return to work	Home carers (unpaid) <sup>6</sup>	Managerial and professional occupations <sup>7</sup>	Intermediate occupations <sup>8</sup>	Routine and manual occupations <sup>9</sup>	Prisoners	Unable to code	All classifications	Full time students	Never worked or unemployed for over 1 year	Retired	Sick/disabled and unable to return to work	Home carers (unpaid) <sup>6</sup>	Managerial and professional occupations <sup>7</sup>	Intermediate occupations <sup>8</sup>	Routine and manual occupations <sup>9</sup>	Prisoners	Unable to code
	England			724,247	29,852	110,117	80,471	45,672	40,899	81,256	56,247	177,795	14,409	87,529	373,872	11,444	46,071	47,831	20,860	20,025	49,847	32,237	97,712	7,841	41,004	52	38	42	59	46	49	60	57	55	54	47
Q30	A	E18000001	North East	53,598	2,027	11,120	6,477	3,920	3,082	4,308	3,487	13,402	983	4,792	24,954	643	4,104	3,736	1,645	1,260	2,381	1,859	6,901	395	2,030	47	32	37	58	42	41	55	53	51	40	42
Q31	B	E18000002	North West	123,390	5,191	24,987	14,299	8,794	5,066	8,323	10,354	28,855	1,753	15,768	58,713	1,799	9,636	7,798	3,710	2,383	4,889	5,694	14,882	1,070	6,852	48	35	39	55	42	47	59	55	52	61	43
Q32	D	E18000003	Yorkshire and Humber	64,626	2,556	9,138	7,371	4,512	3,789	6,763	3,512	17,541	2,084	7,360	34,754	924	3,785	4,583	2,161	1,865	4,180	2,122	10,029	1,617	3,488	54	36	41	62	48	49	62	60	57	78	47
Q33	E	E18000004	East Midlands	63,654	2,718	8,311	7,670	4,181	4,038	7,175	4,770	17,125	2,228	4,838	36,017	1,861	3,988	4,625	2,066	2,202	4,664	2,387	10,107	1,172	2,945	57	39	45	63	49	55	63	59	53	61	
Q34	F	E18000005	West Midlands	80,099	5,189	14,515	8,592	5,558	3,762	9,125	5,735	22,301	2,044	8,278	42,537	2,188	9,569	5,095	2,493	1,733	5,288	3,124	11,943	892	3,752	50	42	41	59	45	46	58	54	54	47	45
Q35	G	E18000006	East England	78,994	2,517	9,322	9,833	3,936	6,929	11,009	7,206	22,316	913	5,013	42,385	966	3,972	5,804	1,825	3,410	6,719	4,109	12,586	518	2,476	54	38	43	59	46	49	61	57	56	57	49
Q36	H	E18000007	London	100,467	4,487	16,848	9,049	5,743	4,162	16,284	6,806	15,857	976	19,955	52,340	1,963	8,163	5,456	2,768	2,247	9,723	4,019	8,802	493	9,256	53	44	48	60	48	54	59	59	56	51	46
Q37	J	E18000008	South East	90,007	3,084	8,612	9,457	5,059	5,901	11,517	7,813	23,827	2,031	12,706	48,252	1,195	3,753	5,865	2,441	2,890	7,101	4,696	13,142	1,030	6,159	54	39	43	62	48	49	62	60	55	51	48
Q38	-	E18000009	South East Coast	45,495	1,433	4,631	5,339	2,434	2,859	5,830	3,330	10,581	1,136	7,922	23,416	420	1,929	3,255	1,076	1,309	3,497	2,022	5,625	536	3,747	51	29	42	61	44	46	60	61	53	47	47
Q39	-	E18000009	South Central	44,512	1,651	3,981	4,118	2,625	3,042	5,687	4,483	13,246	895	4,784	24,836	775	1,804	2,610	1,365	1,581	3,604	2,674	7,517	484	2,412	36	47	45	63	52	52	63	60	57	55	50
Q39	K	E18000010	South West	64,392	2,083	6,664	7,723	3,969	4,190	6,462	6,964	16,571	1,397	8,819	33,320	705	2,721	4,669	1,751	2,035	3,902	3,827	9,270	694	4,046	52	34	41	60	44	49	60	55	56	43	46

1. The statistics in this table have been classified as EXPERIMENTAL STATISTICS. For a full definition of experimental statistics please see Appendix B.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. Socio-economic classification has been determined by smoking cessation advisors using a methodology adapted for use in NHS Smoking Cessation Services. Whilst this is similar to the Office for National Statistics (ONS) National Statistics Socio-Economic Classification (NS-SEC) categories these groups may not map directly to them due to the simplified way in which the data are collected.

4. More information on the methodology used may be found in Appendix B.

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

6. Number of home carers - i.e. looking after children, family or home.

7. Managerial and professional occupations, examples include: Accountant, artist, civil/mechanical engineer, medical practitioner, musician, nurse, police officer (sergeant or above), physiotherapist, scientist, social worker, software engineer, solicitor

8. Intermediate occupations, examples include: Call centre agent, clerical worker, nursery auxiliary, office clerk, secretary.

9. Routine and Manual occupations excludes any self-employed person. Examples include: Electrician, fitter, gardener, inspector, plumber, printer, train driver, tool maker, bar staff, caretaker, catering assistant, cleaner, farm worker, Heavy Goods Vehicle (HGV) driver, labourer.

Source:  
Health and Social Care Information Centre, Lifestyles Statistics.

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## Experimental Statistics<sup>1</sup>

**Table 6.5 Number of people setting a quit date by intervention setting<sup>2</sup> and quarter, April 2012 to March 2013<sup>3</sup>**

England	Numbers / Percentages				
	Q1	Q2	Q3	Q4	Annual
<b>Numbers</b>					
<b>Number of people setting a quit date</b>	<b>192,294</b>	<b>167,450</b>	<b>162,775</b>	<b>201,728</b>	<b>724,247</b>
Primary care	77,083	66,858	64,138	76,029	284,108
Stop Smoking Services	62,819	55,727	52,787	64,782	236,115
Pharmacy	38,250	32,126	32,291	46,367	149,034
Prison	3,122	3,010	2,917	3,872	12,921
Hospital ward	2,759	2,308	2,372	2,458	9,897
Military base	537	445	461	702	2,145
Dental practice	162	110	104	75	451
Other	7,562	6,866	7,705	7,443	29,576
<b>Percentages</b>					
<b>Total setting a quit date</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>
<i>Primary care</i>	<i>40</i>	<i>40</i>	<i>39</i>	<i>38</i>	<i>39</i>
<i>Stop Smoking Services</i>	<i>33</i>	<i>33</i>	<i>32</i>	<i>32</i>	<i>33</i>
<i>Pharmacy</i>	<i>20</i>	<i>19</i>	<i>20</i>	<i>23</i>	<i>21</i>
<i>Prison</i>	<i>2</i>	<i>2</i>	<i>2</i>	<i>2</i>	<i>2</i>
<i>Hospital ward</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>1</i>
<i>Military base</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>
<i>Dental practice</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>
<i>Other</i>	<i>4</i>	<i>4</i>	<i>5</i>	<i>4</i>	<i>4</i>

1. The statistics in this table have been classified as **EXPERIMENTAL STATISTICS**. For a full definition of experimental statistics please see [Appendix B](#).

2. Intervention settings include all main settings in which people can access NHS Stop Smoking Services. These include amongst others: primary care, pharmacies, prisons, hospital wards, dental practices, military bases, clients' homes, workplaces and mental health settings.

3. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

**Source:**

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Experimental Statistics<sup>1</sup>

Table 6.6 Number setting a quit date and successful quitters<sup>2</sup>, by intervention setting<sup>3</sup>, Region and Strategic Health Authority, April 2012 to March 2013<sup>4</sup>

England																									Numbers / Percentages					
Number setting a quit date											Number of Successful quitters											Success rate (%)								
SHA Code	Region Code	ONS Alpha numeric code	Region / SHAName	Stop Smoking							Stop Smoking							Stop Smoking												
				Total	Services	Pharmacy	Prison	Primary care	Hospital ward	Dental practice	Military base	Other	Total	Services	Pharmacy	Prison	Primary care	Hospital ward	Dental practice	Military base	Other	Total	Services	Pharmacy	Prison	Primary care	Hospital ward	Dental practice	Military base	Other
<b>England</b>				<b>724,247</b>	<b>236,115</b>	<b>149,034</b>	<b>12,921</b>	<b>284,108</b>	<b>9,897</b>	<b>451</b>	<b>2,145</b>	<b>29,576</b>	<b>373,872</b>	<b>131,874</b>	<b>71,631</b>	<b>7,000</b>	<b>141,499</b>	<b>5,106</b>	<b>191</b>	<b>1,168</b>	<b>15,403</b>	<b>52</b>	<b>56</b>	<b>48</b>	<b>54</b>	<b>50</b>	<b>52</b>	<b>42</b>	<b>54</b>	<b>52</b>
Q30	A	E18000001	North East	53,598	14,902	14,706	828	19,292	786	51	21	3,012	24,954	7,915	6,376	302	8,592	337	18	8	1,406	47	53	43	36	45	43	35	38	47
Q31	B	E18000002	North West	123,390	58,649	21,200	2,035	34,262	4,605	4	0	2,635	58,713	30,469	8,582	1,166	15,168	2,117	2	0	1,190	48	52	40	58	44	46	50	-	45
Q32	D	E18000003	Yorkshire and Humber	64,626	28,588	6,594	2,841	24,110	970	180	171	1,262	34,754	16,561	3,396	1,903	11,484	586	74	73	677	54	58	52	67	48	60	41	43	54
Q33	E	E18000004	East Midlands	63,854	27,651	14,232	1,594	18,868	67	8	135	1,099	36,017	17,367	7,342	892	9,776	41	4	75	520	57	63	52	56	52	61	50	56	47
Q34	F	E18000005	West Midlands	85,099	32,015	11,806	806	26,838	1,143	39	66	12,386	42,537	15,553	5,857	340	13,621	677	15	46	6,428	50	49	50	42	51	59	38	70	52
Q35	G	E18000006	East of England	78,994	16,432	18,654	921	41,088	253	25	309	1,312	42,385	9,909	9,240	533	21,647	139	8	180	729	54	60	50	58	55	32	58	56	
Q36	H	E18000007	London	100,487	17,462	36,661	912	41,663	1,020	57	49	2,663	52,940	10,675	18,613	473	21,200	573	16	38	1,352	53	61	51	52	51	56	28	78	51
-	J	-	South East	90,007	25,249	17,192	1,695	41,193	523	41	934	3,180	48,252	14,530	8,359	825	21,827	342	32	474	1,863	54	58	49	49	53	65	78	51	59
Q37	-	E18000008	South East Coast	45,495	10,945	9,655	1,225	22,792	284	14	62	518	23,416	6,292	4,690	567	11,348	203	7	49	260	51	57	49	46	50	71	50	79	50
Q38	-	E18000009	South Central	44,512	14,304	7,537	470	18,401	239	27	872	2,662	24,836	8,238	3,669	258	10,479	139	25	425	1,603	56	58	49	55	57	58	93	49	60
Q39	K	E18000010	South West	64,392	15,167	8,079	1,289	36,794	530	46	460	2,027	33,320	8,896	3,866	546	18,184	294	22	274	1,238	52	59	48	42	49	55	48	60	61

1. The statistics in this table have been classified as EXPERIMENTAL STATISTICS. For a full definition of experimental statistics please see Appendix B.

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. Intervention settings include all main settings in which people can access NHS Stop Smoking Services. These include amongst others: primary care, pharmacies, prisons, hospital wards, dental practices, military bases, clients' homes, workplaces and mental health settings.

4. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

Source:

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**Table 6.7 Number setting a quit date by intervention type<sup>1,2</sup> and quarter, April 2012 to March 2013<sup>3</sup>**

<b>England</b>	<i>Numbers / Percentages</i>				
	Q1	Q2	Q3	Q4	Annual
<b>Numbers</b>					
<b>Number of people setting a quit date</b>	<b>192,294</b>	<b>167,450</b>	<b>162,775</b>	<b>201,728</b>	<b>724,247</b>
One to one support	155,708	136,912	133,251	165,893	591,764
Drop in Clinics	22,573	17,862	17,369	20,989	78,793
Open (rolling) group	5,538	5,449	4,857	5,772	21,616
Closed Group	2,783	2,225	2,687	2,974	10,669
Telephone Support	3,673	3,399	3,301	3,903	14,276
Couple/Family	731	727	642	1,392	3,492
Other	1,288	876	668	805	3,637
<b>Percentages</b>					
<b>Total setting a quit date</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>	<b>100</b>
<i>One to one support</i>	<i>81</i>	<i>82</i>	<i>82</i>	<i>82</i>	<i>82</i>
<i>Drop in Clinics</i>	<i>12</i>	<i>11</i>	<i>11</i>	<i>10</i>	<i>11</i>
<i>Open (rolling) group</i>	<i>3</i>	<i>3</i>	<i>3</i>	<i>3</i>	<i>3</i>
<i>Closed Group</i>	<i>1</i>	<i>1</i>	<i>2</i>	<i>1</i>	<i>1</i>
<i>Telephone Support</i>	<i>2</i>	<i>2</i>	<i>2</i>	<i>2</i>	<i>2</i>
<i>Couple/Family</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>1</i>	<i>0</i>
<i>Other</i>	<i>1</i>	<i>1</i>	<i>0</i>	<i>0</i>	<i>1</i>

1. This year the data quality was sufficient for data on intervention type to be released without the experimental statistic label. PCT level data on intervention type is presented in Chapter 4, Table 4.7

2. Intervention type definitions: Closed group - structures, multi-session group course with pre-arranged start and finish dates and a pre-booked client group. Open groups - fluctuating membership and is ongoing. Drop-in clinic - multi-session support. One-to-one support - structured multi-session support. Couple/family - structured multi-session support for small family groups or couples. Telephone support - structured multi-session support via phone.

3. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

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## Experimental Statistics<sup>1</sup>

**Table 6.8 Number setting a quit date and successful quitters<sup>2</sup>, by intervention type<sup>3</sup> and setting<sup>4</sup>, April 2012 to March 2013<sup>5</sup>**

England	Numbers / Percentages		
	Number setting a quit date	Number of successful quitters	Percentage who successfully quit
<b>Intervention type</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>
Closed Group	10,669	6,296	59
Open (rolling) group	21,616	12,112	56
One to one support	591,764	299,938	51
Drop in Clinics	78,793	42,435	54
Couple/ Family	3,492	1,966	56
Telephone Support	14,276	9,340	65
Other	3,637	1,785	49
<b>Intervention setting</b>	<b>724,247</b>	<b>373,872</b>	<b>52</b>
Stop Smoking Services	236,115	131,874	56
Pharmacy	149,034	71,631	48
Prison	12,921	7,000	54
Primary care	284,108	141,499	50
Hospital ward	9,897	5,106	52
Dental practice	451	191	42
Military base	2,145	1,168	54
Other	29,576	15,403	52

1. Data intervention setting have been classified as **EXPERIMENTAL STATISTICS**. For a full definition of experimental statistics please see [Appendix B](#). This year the data quality was sufficient for data on intervention type to be released without the experimental statistic label

2. A client is counted as having successfully quit smoking at the 4 week follow-up if he/she has not smoked at all since two weeks after the quit date.

3. Intervention type definitions: Closed group - structures, multi-session group course with pre-arranged start and finish dates and a pre-booked client group. Open groups - fluctuating membership and is ongoing. Drop-in clinic - multi-session support. One-to-one support - structured multi-session support. Couple/family - structured multi-session support for small family groups or couples. Telephone support - structured multi-session support via phone.

4. Intervention settings include all main settings in which people can access NHS Stop Smoking Services. These include amongst others: primary care, pharmacies, prisons, hospital wards, dental practices, military bases, clients' homes, workplaces and mental health settings.

5. Data returned by Manchester PCT for 2012/13 have not been included in this publication due to unresolved issues with data quality. Data returned by Manchester PCT for 2011/12 have been used in the place of the 2012/13 submission as they are the most recent and reliable available and enable national reporting comparable with previous years. Please see the Data Quality statement for more information.

### Source:

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# Appendix A: Government policy and targets

## Introduction

Tobacco use remains one of the government's most significant public health challenges, and causes over 80,000 premature deaths in England each year.

The White Paper, *Healthy lives, Healthy people: Our strategy for public health in England*<sup>1</sup> sets out the Government's commitment to improving public health in communities across England. The White Paper promised a new plan for tobacco control in England.

The Government published its Tobacco Control Plan, *Healthy lives, Healthy people: A Tobacco Control Plan for England*<sup>2</sup> on 9 March 2011. An academic review of the evidence of the impact of the smokefree legislation in England<sup>3</sup> was also published alongside the Tobacco Control Plan.

The Tobacco Control Plan sets out how tobacco control will be delivered, over the next five years, in the context of the new public health system. The plan sets out three national ambitions to reduce smoking rates in England by the end of 2015:

- From 21.2% to 18.5% or less among adults;
- From 15% to 12% or less among 15 year olds; and
- From 14% to 11% or less among pregnant mothers (measured at the time they give birth).

In the Tobacco Control Plan, the Government set out key actions in the following six areas:

- stopping the promotion of tobacco;
- making tobacco less affordable;
- effective regulation of tobacco products;
- helping tobacco users to quit;
- reducing exposure to secondhand smoke; and
- effective communications for tobacco control.

The Medicines and Healthcare products Regulatory Agency (MHRA) announced on 12 June 2013<sup>4</sup> that the Government will press for a requirement for licensing of nicotine containing products (NCPs), including electronic cigarettes, as medicines, throughout Europe. This position was reached following a public consultation and further scientific and market research into the safety and quality of the unlicensed products, including how they are used. This has helped the Government conclude that by regulating electronic cigarettes and other NCPs as medicinal products, it can ensure that high-quality products can be made available to help support smokers to cut down their smoking and to quit.

To achieve this, the UK government supports the European Commission's draft Tobacco Products Directive <sup>5</sup> on the regulation of NCPs as medicines and encourages applications for medicines licenses for NCPs already on the market.

A range of tobacco control legislation has been introduced in recent years including; smokefree legislation; raising the age of sale for tobacco products from 16 to 18; increased retailer sanctions against those that sell to under aged smokers; ending tobacco advertising, promotion and sponsorship; the introduction of picture warnings on all tobacco products, making sales from vending machines illegal and ending the permanent open display of tobacco products in supermarkets (with small shops to follow in 2015). These interventions have contributed to an improvement in public health and awareness of the dangers of smoking and exposure to secondhand smoke.

## Public Commitments

Published 9 March 2011

**Reduce smoking prevalence among adults in England:** To reduce adult (aged 18 or over) smoking prevalence in England to 18.5% or less by the end of 2015 (from 21.2%) meaning around 210,000 fewer smokers a year.

**Reduce smoking prevalence among young people in England:** To reduce rates of regular smoking among 15 year olds in England to 12% or less (from 15%) by the end of 2015.

**Reduce smoking during pregnancy in England:** To reduce rates of smoking throughout pregnancy to 11% or less (from 14%) by the end of 2015 (measured at time of giving birth).

## NHS Stop Smoking Services

NHS Stop Smoking Services were first set up in 1999/2000 and rolled out across England from 2000/2001. Services provide free, tailored support to all smokers wishing to stop offering a combination of recommended stop smoking pharmacotherapies and behavioural support.

Following a change in the guidance in December 2005, Nicotine Replacement Therapy (NRT) was made available for the first time to adolescents over 12 years, pregnant or breast feeding women and patients with heart, liver and kidney disease. In September 2006, the European Commission approved Champix, generic name *Varenicline*, as a new pharmacotherapy to help adults quit smoking. The National Institute for Health and Clinical Excellence (NICE) issued guidance in, recommending the use of Champix as an aid to stopping smoking in the NHS. <sup>6</sup>

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# Appendix B: Technical Notes

## Background

NHS Stop Smoking Services (previously called Smoking Cessation Services) were launched in Health Action Zones (HAZ)<sup>12</sup> in 1999/00, and were set up in all Health Authorities (HAs) in England in 2000/01.

Monitoring of the NHS Stop Smoking Services is carried out via quarterly monitoring returns. The quarterly reports present provisional results from the monitoring of the NHS Stop Smoking Services, until the release of the annual bulletin when all quarterly figures are finalised.

In March 2011, updated guidance for NHS Stop Smoking Services was published. This guidance is intended for everyone involved in managing, commissioning or delivering NHS Stop Smoking Services. It was developed by means of collaboration with representatives from Strategic Health Authorities (SHAs), Primary Care Trusts (PCTs), the Health and Social Care Information Centre (HSCIC) and academics from the field of smoking cessation. The guidance is available from the link below:

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_125389](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_125389)

In September 2012 an update to this guidance was published. This document lists the key developments and changes made since March 2011. This update does not supersede the previous guidance but, rather, should be read in conjunction with it.

<https://www.gov.uk/government/publications/stop-smoking-service-monitoring-and-guidance-update-published>

## Collection of NHS Stop Smoking Service Data

From April 2013 responsibility for commissioning NHS Stop Smoking Services moved from PCTs to Local Authorities (LAs) therefore data will be collected and reported at LA level rather than by PCT and SHA. The 2012/13 report covers the period from April 2012 to March 2013 when PCTs were still in existence, so the data in this report is presented by

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<sup>12</sup> Due to the ending of the HAZ initiative in 2003, data are no longer presented by HAZ. Information at HAZ level is published in previous editions of this bulletin. Available from: [http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/StatisticalWorkAreas/Statisticalpublichealth/DH\\_4083852](http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/StatisticalWorkAreas/Statisticalpublichealth/DH_4083852)

PCT. Further information can be found on page 5 of the updated guidance document above.

From 2008/09 to 2012/13, all data was collected at a PCT level directly from PCTs using a web-based tool. By collecting PCT level information we were able to provide much more detailed figures for use by PCTs enabling them to put their own performance in a national context without adding to the burden of current collection, indeed we also anticipated this also reduce the burden for SHAs. The HSCIC was responsible for the collection of the data from PCTs including chasing any late returns, informing PCTs of developments and key dates and validating the data. SHAs can access information for PCTs in their area using the web-based tool.

The following data items are also collected as part of the current collection. These include:

- Intervention types and settings;
- Socio-economic groups;
- Number who received Nicotine Replacement Therapy (NRT) and Varenicline (Champix) consecutively;
- Free Prescription eligibility.

The reasons for collecting this new data are expanded upon below.

- **Intervention type and setting data**

The report 'No ifs, no buts'<sup>13</sup> by the then Healthcare Commission (HC) (now known as the Care Quality Commission (CQC)) identified that there are unacceptable levels of variation in data collection and data management practices relating to stop smoking services, thus making it difficult to assess performance and compare services meaningfully. The Department of Health (DH) have identified that this issue needed to be addressed.

Collecting information on the number of people setting a quit date and number of successful quitters by intervention type and setting enables the CQC and DH to monitor performance and identify best practice. It also assists SHAs in monitoring the performance of their PCTs more effectively. Additionally it helps PCTs identify which treatment settings and intervention types are consistently getting the best results and helps inform the person making the stop smoking attempt which settings are available to them in that area and what the relative success rate of these are.

- **Free Prescription Eligibility and Socio-Economic data**

Smoking is the single most preventable cause of death and ill health in England. Half of all smokers will die prematurely as a result of smoking. Smoking disproportionately

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<sup>13</sup> No ifs, no buts Improving services for tobacco control, Healthcare Commission, 2007

affects the poorest members of society, owing to differences in culture and lifestyle, and is therefore a primary cause of inequalities in health.

In order to effectively monitor the provision of NHS Stop Smoking Services at a national level to the poorest members of society, particularly the routine and manual group, data on the occupational status of clients will be collected using a modified version of the Office for National Statistics (ONS) National Statistics-Socio Economic Classification. Data on eligibility for free prescriptions will also be collected as an indicator to assess how effectively the NHS Stop Smoking Services is reaching disadvantaged populations.

A minor addition was introduced from 2009/10 onwards. An additional category – ‘Number in prison’ was added to the socio-economic classification so that clients setting a quit date and those who successfully quit through services run in prisons can be recorded under this category.

- **Number who received NRT and Champix (Varenicline) consecutively**

This is a new combination of smoking cessation aids being used to assist people in successfully quitting. This data is needed to identify how successful this treatment option is and how popular it is in order to assist in monitoring and performance of best practice amongst the services.

Prior to 2008/09, detailed monitoring information was collected by PCTs and submitted to the SHAs: the SHAs were responsible for checking the data they received. The HSCIC then carried out further validation checks on the data submitted by the SHAs in order to check consistency, identify any errors, and resolve queries, so that the data were as accurate as possible.

## Enhancements to monitoring ethnicity

In light of the 2001 Census, DH policy was amended to collect information on ethnicity based on 16+1 categories rather than 5+1 categories used in previous years. In 2003/04 the monitoring return included the option of either 5+1 or 16+1 categories as a transitional period; from 2004/05 onwards the collection of 16+1 categories has been mandatory.

Up to 2003/04, the following ‘5+1’ categories were used:

- White
- Mixed
- Asian
- Black
- Other

- Not stated

For 2003/04 onwards, the following '16+1' categories were used:

#### White

- British
- Irish
- Any other white background

#### Mixed

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed background

#### Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background

#### Black or Black British

- Caribbean
- African
- Any other Black background

#### Other ethnic groups

- Chinese
- Any other ethnic group

#### Not stated

Further information on ethnicity category data is available from:

[http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh\\_5319155](http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/browsable/dh_5319155)

## Experimental Statistics

Experimental statistics are statistics that are in the testing phase and have not yet been fully developed. Three of the four new data items added to the collection in 2008/09 have been released as experimental statistics as they are still being evaluated and the subject to further testing. These are people setting a quit date and the number who successfully quit at the 4 week follow-up categorised by:

- socio economic classification
- eligibility to receive free prescriptions
- intervention setting<sup>14</sup>

From 2010/11 data on intervention type are no longer labelled as experimental statistics and have been published at PCT level.

## ONS coding and naming policy

On 1st January 2011 the ONS implemented a new coding and naming policy for statistical geographies. This nine digit code has been developed to ensure consistencies when comparing geographical areas as the geographical area covered by an NHS organisation is susceptible to change. From this publication onwards this unique marker has been added to the PCT, SHA and National Tables. Further information on the Coding and Naming for Statistical Geographies is available at;

<http://www.ons.gov.uk/ons/guide-method/geography/geographic-policy/coding-and-naming-for-statistical-geographies/index.html>

## Suppression

Some data are suppressed to ensure confidentiality is maintained. Where the 'Number Setting a Quit Date' (the denominator) equals the number who had, or had not, quit smoking (the numerator) suppression of data would take place to ensure the data are not disclosive. Where the number of successful quitters is zero, but the 'Number Setting a Quit Date' does not equal zero then these are also suppressed. On occasions secondary suppression may be applied to additional PCT(s) in the same SHA to ensure suppressed cells cannot be calculated.

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<sup>14</sup> Intervention setting refers to the location of the service used by the client, and includes stop smoking service, primary care and pharmacy settings. Intervention type alternatives include closed groups, open groups, one to one support and drop-in clinics.

## Metadata

### Bupropion (Zyban)

This drug works by suppressing the part of the brain that gives the smoker a nicotine buzz when smoking a cigarette. It reduces the cravings as well as the usual withdrawal symptoms of anxiety, sweating and irritability.

### Carbon Monoxide (CO) validation

CO monitoring is normally carried out with all clients of the NHS Stop Smoking Services who self-report as not having smoked since two weeks after the quit date, at the four week follow-up. CO monitoring would not be undertaken where follow-up was carried out by telephone.

### Follow-up

The four week follow-up (and Carbon Monoxide (CO) validation, if appropriate) must be completed within six weeks of the quit date. Persons not contacted within this time are treated as lost to follow-up for evaluation purposes. The reasons for using a four week follow-up rather than a longer period of time are outlined on page 34 of the Local Stop Smoking Services: Service Delivery and Monitoring Guidance 2011/12, which the Department of Health publish:

<https://www.gov.uk/government/publications/guidance-for-providing-and-monitoring-stop-smoking-services-2011-to-2012>

### Nicotine Replacement Therapy (NRT)

**Patches:** these work by releasing a steady dose of nicotine into the blood stream, via the skin. Some patches are intended to be worn during the day only and other '24-hour' patches are designed for 24-hour use in order to help stave off early morning cravings.

**Gum:** this should be chewed gently and then 'parked' in the cheek so that nicotine is absorbed through the lining of the mouth.

**Nasal spray:** this is the strongest form of NRT and is a small bottle of nicotine solution, which is sprayed directly into the nose. Absorbed faster than any other kind of NRT, this can help heavier smokers, especially where other forms of NRT have failed.

**Microtab:** a small white tablet put underneath the tongue and left. It works by being absorbed into the lining of the mouth.

**Inhaler:** this resembles a cigarette. Nicotine cartridges are inserted into it, and inhaled in an action similar to smoking. It is particularly suitable to those people who miss the hand-to-mouth movements of smoking.

### Nicotine Replacement Therapy (NRT) and bupropion (Zyban)

Prior to April 2001, Nicotine Replacement Therapy (NRT) was available through NHS Smoking Services on a voucher scheme, and only a few NRT products were available on prescription. All NRT products became available on NHS prescription from April 2001. Bupropion (Zyban) was made available on NHS prescription in June 2000. For more information about NRT products and bupropion generally, see the following website:

[gosmokefree.nhs.uk/what-suits-me/patches-gum-and-more/](http://gosmokefree.nhs.uk/what-suits-me/patches-gum-and-more/)

### Prescriptions dispensed

The prescription data available in this bulletin are not routinely available. This information was obtained from the Prescribing Analysis and Cost tool (PACT) system, which covers prescriptions prescribed by GPs, nurses, pharmacists and others in England and dispensed in the community in the UK. Prescriptions written in England but dispensed outside England are included. Prescriptions written in hospitals/clinics that are dispensed in the community, prescriptions dispensed in hospitals, dental prescribing and private prescriptions are not included in PACT data. It is important to note this as some British National Formulary (BNF) sections have a high proportion of prescriptions written in hospitals that are dispensed in the community. Nicotine Replacement Therapies (NRTs) are not prescription only so the figures for this category may be an underestimate of actual use. ePACT only captures those NRTs that have been written on a prescription form so any NRTs bought over the counter or through other non-prescription routes e.g. smoking cessation clinics, will not have been captured. National prescription data may be available on request. More information is available at:

<http://www.hscic.gov.uk/prescribing>

Prescriptions are written on a prescription form known as a FP10. Each single item written on the form is counted as a prescription item. Net Ingredient Cost (NIC) is the basic cost of a drug. It does not take account of discounts, dispensing costs, fees or prescription charges income.

### Quit date

It is recognised that in certain cases some time may need to be spent with clients before they are ready to set a quit date. However, only actual quit attempts are counted for national monitoring.

### Services monitored

Stop Smoking Co-ordinators are required to monitor all NHS Stop Smoking Services in England. Brief interventions by GPs, health professionals and other relevant practitioners are provided in the normal course of the professional's duties rather than comprising a 'new' service, and monitoring information about clients in receipt of such interventions is not therefore required centrally.

## Support

Advisers normally offer weekly support for at least the first four weeks of a quit attempt: this may be by telephone where appropriate.

## Varenicline (Champix)

Champix, generic name varenicline, is a prescription pill designed to help smokers stop smoking. Varenicline works primarily in two ways. Firstly, it reduces the smoker's craving for nicotine by binding to nicotine receptors in the brain and reduces the symptoms of withdrawal. Secondly, it reduces the satisfaction a smoker receives when smoking a cigarette. It is taken orally.

The European Commission approved varenicline on 29 September 2006 as a pharmacology to help adults quit smoking, based on the results from clinical trials. In trials, 44% of the group treated with varenicline had stopped smoking after being treated for 12 weeks, as opposed to 11% of smokers taking the placebo. Over the same duration, it was also shown to be twice as effective as Bupropion (Zyban), the other main pharmacology to help people quit smoking. The National Institute for Health and Clinical Excellence (NICE) issued guidance in August 2007, which recommended the use of varenicline in the NHS.

## When has a client successfully quit smoking?

On the basis that the clinical viewpoint tends to be that a client should not be counted as a 'failure' if he/she has smoked in the difficult first days after the quit date, a client is counted as having successfully quit smoking if he/she has not smoked at all since two weeks after the quit date.



## Appendix C: Editorial Notes

For the purpose of clarity, figures in the bulletin are shown in accordance with the Health and Social Care Information Centre publication conventions.

These are as follows:

- not applicable
- \* number suppressed (see Appendix B for further information)

## Appendix D: Further Information

This annual bulletin draws together statistics on NHS Stop Smoking Services for the year 2012/13. The next annual bulletin will be published in 2014. Provisional publication dates for 2013/14 publications are listed below:

- Statistics on NHS Stop Smoking Services, April 2013 to June 2013 (Q1) – October 2013;
- Statistics on NHS Stop Smoking Services, July 2013 to September 2013 (Q2) – January 2014;
- Statistics on NHS Stop Smoking Services, October 2013 to December 2013 (Q3) – April 2014;
- Statistics on NHS Stop Smoking Services, April 2013 to March 2014 (Annual) – August 2014.

Constructive comments on this report would be welcomed. Questions concerning any data in this publication, or requests for further information, should be addressed to:

The Contact Centre  
Health and Social Care Information Centre  
1 Trevelyan Square  
Boar Lane  
Leeds  
West Yorkshire  
LS1 6AE

Telephone: 0845 300 6016

Email: [enquiries@hscic.gov.uk](mailto:enquiries@hscic.gov.uk)

Previous NHS Stop Smoking Services bulletins, also published by the Health and Social Care Information Centre can be found at:

<http://www.hscic.gov.uk/stopsmoking>

Editions prior to that were published by the Department of Health. Information about their statistics and surveys is available on the Department of Health's website at:

[http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/StatisticalWorkAreas/Statisticalpublichealth/DH\\_4032542](http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/StatisticalWorkAreas/Statisticalpublichealth/DH_4032542)

# Appendix E: Statistical return form 2012/13

ROCR ref: ROCR/OR/0028/006MAND

## The NHS Information Centre: Stop Smoking Services Quarterly Monitoring Return 2012/13

This quarterly return should be completed for each Primary Care Trust. The returns should be completed on a responsible PCT basis (see note on the basis for data collection below). It is important that this return is submitted to The Information Centre within the deadline specified.

This return has been approved by the Review of Central Returns Steering Committee (ROCR).

### The basis for data collection

Data should normally be collected on a responsible PCT basis. This should be determined by the PCT to which a client's GP practice belongs. If a client is not registered with a GP, then the collection should be on the basis of the PCT in which the client resides.

The only exception to this general rule is where clients receive a cessation service at or near their workplace, which may be some distance from their home. For example, a cessation service might be provided for commuters at their workplace in a large city. In such circumstances it is likely that clients will be drawn from a range of places in the surrounding area e.g. commuters to London who live all around the south-east of England.

Where a service is judged to meet these criteria, the pragmatic solution to monitoring this activity is that the PCT providing (and often paying for) the service should include these clients in their monitoring returns. Such activity will therefore count towards their local targets. We would expect local target-setting to take this factor into account as far as possible.

Further information on the NHS smoking cessation services programme and the monitoring scheme can be found from:

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_096886](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_096886)

Quarter to which this return relates

1 April to 30 June 2012	<input checked="" type="checkbox"/>	1 October to 31 December 2012	<input type="checkbox"/>
1 July to 30 September 2012	<input type="checkbox"/>	1 January to 31 March 2013	<input type="checkbox"/>

Primary Care Trust

Name of coordinator

Telephone

Fax

E-mail address

If you have any queries regarding this form please contact:  
Populations - Omnibus Team  
Health and Social Care Information Centre, 2 South  
1 Trevelyan Square, Boar Lane, Leeds LS1 6AE  
E-mail: [surveyteam@ic.nhs.uk](mailto:surveyteam@ic.nhs.uk)

### NOTES FOR COMPLETION:

1. Cells which initially display a zero, contain formula to calculate totals automatically: these cells are locked and should NOT be overwritten
2. Scroll to the right of the return to see the validation checks. If a figure you have entered does not validate successfully you will see a warning: Check!..... Please check the figures in the cells referred to in the warnings. Please note that the validation here only includes basic checks (eg. total persons equalling sum of males and females). More detailed validation, from which additional queries may be raised, will be carried out centrally.
3. Total figures in section 1 parts B,E,F,G and H should match the corresponding total figure displayed in section 1A.
4. Pregnant women should be included in all sections of the form, only being separately identified in section 1C.
5. If a person sets more than one quit date in the quarter, the details of each attempt should be recorded on the form
6. The criteria for a successful quit attempt can be found in the latest NHS Stop Smoking service and monitoring guidance
7. Please note all prisoners using NHS Stop Smoking Services should be coded under the "Number in prison" socio-economic category in Part 1E, and not according to their socio-economic classification prior to imprisonment.

**Part 1 - Summary data for individual clients**

**Part 1A Number of people setting a quit date and successful quitters by ethnic category and gender**

	(1)	(2)	(3)	(4)	(5)	(6)
Ethnic category and gender	Males setting a quit date	Females setting a quit date	Total persons setting a quit date	Males successfully quit	Females successfully quit	Total persons successfully quit
<b>a White</b>						
01 British			0			0
02 Irish			0			0
03 Any other White background			0			0
04 <b>Sub-total</b>	0	0	0	0	0	0
<b>b Mixed</b>						
05 White and Black Caribbean			0			0
06 White and Black African			0			0
07 White and Asian			0			0
08 Any other mixed background			0			0
09 <b>Sub-total</b>	0	0	0	0	0	0
<b>c Asian or Asian British</b>						
10 Indian			0			0
11 Pakistani			0			0
12 Bangladeshi			0			0
13 Any other Asian background			0			0
14 <b>Sub-total</b>	0	0	0	0	0	0
<b>d Black or Black British</b>						
15 Caribbean			0			0
16 African			0			0
17 Any other Black background			0			0
18 <b>Sub-total</b>	0	0	0	0	0	0
<b>e Other ethnic groups</b>						
19 Chinese			0			0
20 Any other ethnic group			0			0
21 <b>Sub-total</b>	0	0	0	0	0	0
<b>f Not Stated</b>						
22 Not Stated			0			0
23 <b>Total</b>	0	0	0	0	0	0

Notes:

1. In 2010/11 ethnic category must be collected using the 16+1 categories.

**Part 1B: Number of people setting a quit date by age, gender and outcome at 4 week follow-up**

	(7) All ages	(8) Under 18	(9) 18-34	(10) 35-44	(11) 45-59	(12) 60 and over
<b>Males</b>						
24 Total number setting a quit date in the quarter	0	0	0	0	0	0
25 Number who had successfully quit (self-report)	0					
26 Number who had not quit (self-report)	0					
27 Number not known/lost to follow-up	0					
28 Number who had successfully quit (self-report), where non-smoking status <b>confirmed</b> by CO validation	0					

	(13) All ages	(14) Under 18	(15) 18-34	(16) 35-44	(17) 45-59	(18) 60 and over
<b>Females</b>						
29 Total number setting a quit date in the quarter	0	0	0	0	0	0
30 Number who had successfully quit (self-report)	0					
31 Number who had not quit (self-report)	0					
32 Number not known/lost to follow-up	0					
33 Number who had successfully quit (self-report), where non-smoking status <b>confirmed</b> by CO validation	0					

Notes:

1. Age group should be based on age at quit date.
2. Number not known/lost to follow-up should include all clients whom it has not been possible successfully to follow-up during the period four to six weeks from the quit date.
3. "Confirmed by CO validation" means a CO reading of less than 10 ppm.

**Part 1C: Number of pregnant women setting a quit date and outcome at 4 week follow-up**

(19)

	Number
--	--------

34	Total number setting a quit date in the quarter	0
35	Number who had successfully quit (self-report)	
36	Number who had not quit (self-report)	
37	Number not known/lost to follow-up	

38	Number who had successfully quit (self-report), where non-smoking status <b>confirmed</b> by CO validation	
----	------------------------------------------------------------------------------------------------------------	--

Notes:

1. This table should include all women who are pregnant at the time of the quit date.
2. Number not known/lost to follow-up should include all clients whom it has not been possible successfully to follow-up during the period four to six weeks from the quit date.
3. "Confirmed by CO validation" means a CO reading of less than 10 ppm.

**Part 1D Number of people setting a quit date and successful quitters receiving free prescriptions**

(20)

(21)

	Number setting a quit date	Number successfully quit
--	----------------------------	--------------------------

39	Number eligible who received free prescriptions	
----	-------------------------------------------------	--

**Part 1E: Number of people setting a quit date and successful quitters by socio-economic classification**

(22) (23)

	Number setting a quit date	Number successfully quit
40		
41		
42		
43		
44		
45		
46		
47		
48		
49		
50	0	0

Notes:

1. Number of home carers - i.e. looking after children, family or home.

2. Managerial and professional occupations, examples include: Accountant, artist, civil/mechanical engineer, medical practitioner, musician, nurse, police officer (sergeant or above), physiotherapist, scientist, social worker, software engineer, solicitor, teacher, welfare officer. Those usually responsible for planning, organising and co-ordinating work for finance.

3. Intermediate occupations, examples include: Call centre agent, clerical worker, nursery auxiliary, office clerk, secretary.

4. Routine and Manual occupations, examples include: Electrician, fitter, gardener, inspector, plumber, printer, train driver, tool maker, bar staff, caretaker, catering assistant, cleaner, farm worker, HGV driver, labourer, machine operative, messenger, packer, porter, postal worker, receptionist, sales assistant, security guard, sewing machinist, van driver, waiter/waitress.

**Part 1F: Number of people setting a quit date and successful quitters by pharmacotherapy treatment received**

	(24) Number setting a quit date	(25) Number successfully quit
51	Number who received NRT only	
52	Number who received bupropion (Zyban) only	
53	Number who received Champix (varenicline) only	
54	Number who received both NRT and bupropion (Zyban) either concurrently or consecutively	
55	Number who received NRT and Champix (Varenicline) consecutively	
56	Number who did not receive NRT or bupropion (Zyban) or Champix (varenicline)	
57	Number where treatment option not known	
58	Total number of people setting a quit date and successful quitters during the quarter	<b>0</b>

Notes:

1. 'Received' means obtained by prescription, purchase or supply free of charge.
2. If a client is lost to follow-up at 4 weeks and it is not known if they received NRT and/or bupropion (Zyban), or Champix (varenicline) then they should be included at "Number where treatment option not known".



**Part 1G: Number of people setting a quit date and successful quitters by intervention type**

	(26)	(27)	(28)
	Number setting a quit date	Number successfully quit	Reason for exception
59	Number who attended closed groups (Structured, multi-session group courses with pre-arranged start and finish dates and a pre booked client group)		
60	Number who attended open groups (sometimes called rolling groups) that have fluctuating membership and are ongoing		
61	Number who attended drop-in clinics (multi-session support)		
62	Number who attended one to ones (structured, multi-session support)		
63	Number who attended family/ couples groups (structured, multi-session support for small family groups or couples)		
64	Number dealt with through telephone support sessions		
<b>Other (please describe)</b>			
65			
66			
67			
68	0	0	
Total number of people setting a quit date and successful quitters during the quarter			

**Notes:**

1. If there is an intervention type that is not on the list, please fill in the blank box.
2. If the success rate of the intervention setting is 35% or below, or 70% and above please give a reason in the exception reporting box.

**Part 1H: Number of people setting a quit date and successful quitters by intervention setting**

	(29)	(30)	(31)
	Number setting a quit date	Number successfully quit	Reason for exception
69	Number using Stop Smoking Services setting		
70	Number using pharmacy setting		
71	Number using prison setting		
72	Number using primary care setting		
73	Number using hospital ward setting		
74	Number using dental practice setting		
75	Number using military base setting		
<b>Other (please describe)</b>			
76			
77			
78			
79	Total number of people setting a quit date and successful quitters during the quarter	0	0

Notes:

1. If there is an intervention setting that is not on the list, please fill in the blank box.
2. If the success rate of the intervention setting is 35% or below, or 70% and above please give a reason in the exception reporting box.

**Part 2: Summary financial information on smoking cessation services**

**Part 2A: Financial allocations for the year**

(32)

Type of allocation	£
--------------------	---

80	PCT allocation for smoking cessation for year	
81	Other monies allocated to smoking cessation, including any underspend carried over from the previous year	
82	<b>Total allocation</b>	£ -

**Part 2B: Cumulative total spend on smoking cessation services in the year up to the end of the quarter (£)**

(33)

83

Notes:

- Parts 2A and 2B should include any costs of running the stop smoking service including, the cost of training, sub-contracting, salaries and overheads. You should also include any money spent on marketing, or the appropriate part of any marketing **or other spend** where the intended outcome is increased attendance at local services. Please do **do not** include the cost of pharmacotherapy associated with delivery of services.
- Figures should be to the nearest pound.

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**Responsible Statistician**

Paul Eastwood, Lifestyle Statistics Section Head

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