

VITA

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Current Position

Professor, Division of Epidemiology

Education

George Washington University	B.A.	1968	Psychology
Stanford University	Ph.D.	1973	Psychology (Specialty area: Personality and Psychopathology)

Positions Held

Iowa State University	Assistant Professor, Department of Psychology	9/72 - 8/77
Iowa State University	Associate Professor	9/77 - 8/81
Iowa State University	Professor	9/81 - 5/88
Oregon Research Institute	Visiting Research Scientist	9/85 - 5/86
University of Minnesota	Associate Professor, Division of Epidemiology	6/88 - 7/92
University of Minnesota	Professor, Division of Epidemiology	7/92 - present

Membership in Professional Organizations

American Psychological Association, Fellow

Member, Research Committee, Division 38, Health Psychology, 1981 - 1983

Liaison between Research Committee and Committee on Education and Training, Division 38, 1981 - 1983

Member, American Psychological Association National Institute on Drug Abuse Working Group, October, 1986 - 1987

Member, American Psychological Association Task Force on Substance Abuse, November, 1986 - 1987

Society of Psychologists in Substance Abuse

Association for the Advancement of Behavior Therapy

American Heart Association of Iowa Risk Factors Subcommittee, 1983 - 1985

American Lung Association of Iowa Smoking Education Committee, 1981 - 1988

American Lung Association of Minnesota Smoke Free 2000 Coalition

American Association for the Advancement of Science

Midwestern Behavioral Medicine Society

American Psychological Society, Fellow

Society of Behavioral Medicine, Fellow

Delta Omega Public Health Honorary

Society for Research on Nicotine and Tobacco, Secretary/Treasurer, 1996 - 1999

Society for Research on Nicotine and Tobacco, president-elect, 2001, president, 2002, past president, 2003

Member, Long-range Planning Committee, SRNT, 1996 - 1999, Chair, 2003 - 2004

Member, Awards Committee, SRNT, 2002 - 2004

Chair, SRNT Global Network Committee, 2004 - 2007

Chair, SRNT Ad Hoc Committee on Policy and Disclosure of Competing Interests, 2004

Other

Chair, National Cancer Institute Conference on the Role of the Physician in the Prevention and Cessation of Tobacco Use, Bethesda, MD, January, 26-27, 1983.

Chair, Special Study Section, Small Business Innovation Research, DRG, Crystal City, VA, March, 1986.

Co-Chair, Iowa State University/National Institute on Drug Abuse Consensus Conference on Tobacco, Ames, IA, October, 1986.

Member, Agency for Health Care Policy and Research, Smoking Cessation Guidelines Panel, 1994 - 1996.

Member, Clinical Practice Guideline Panel, Treating Tobacco Use and Dependence, 1998 - 1999.

Chair, Social and Participatory Study Section, State of California, Tobacco-Related Disease Research Program, 2000 - 2003.

Member, Youth Tobacco Cessation Advisory Group, National Cancer Institute, 2000.

Member, Department of Defense Tobacco Cessation Policy Working Group, September, 1999.

Member, Youth Tobacco Consortium, American Academy of Pediatrics, 2001 - present.

Member, Joint Canadian and U.S. working group on tobacco warning labels, October, 2000.

Member, Planning Committee, North American Quitlines Conference, Phoenix, AZ, May, 2002.

Member, Scientific Advisory Committee, Group Health Cooperative, Center for Health Promotion.

Co-author of programs for nonsmoking produced by the American Lung Association.

Freedom From Smoking in 20 Days. New York: American Lung Association, 1980.

A Lifetime of Freedom From Smoking. New York: American Lung Association, 1980.

Consulting editor, Society for Research on Nicotine and Tobacco Newsletter, 2000 - present.

Quit Smoking Action Plan. New York: American Lung Association, 1998.

Benowitz N, Grunberg N, Henningfield J, Lando H. Scientific editors (order of editorship alphabetical). The Health Consequences of Smoking: Nicotine Addiction. A report of the Surgeon General. U.S. Department of Health and Human Services. Office on Smoking and Health, 1988, (DHHS Publication No. (CDC) 88-8406).

Smoking Cessation Guideline Panel. Clinical Practice Guideline Number 18 Smoking Cessation. U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, Centers for Disease Control and Prevention, April, 1996, (AHCPR Publication No. 96-0692).

Fiore M, Bailey W, Cohen S, et al. Treating Tobacco Use and Dependence. Clinical Practice Guideline. Rockville, MD: U.S. Department of Health and Human Services. Public Health Service. June 2000.

Ad hoc member, Scientific Advisory Board, AMC Cancer Center, Denver, CO, September, 1997.

Member, Scientific Subcommittee, National Conference on Tobacco or Health, San Francisco, CA, November, 2002.

Chair, Planning Committee, Global Initiatives in Tobacco Research Pre-Conference, Society for Research on Nicotine and Tobacco, New Orleans, LA, February, 2003.

Member, Association of Schools of Public Health/American Legacy Review Committee, 2001 - present.

Advisor, World Health Organization, June, 2002.

Co-Chair, Advisory Committee, Global Tobacco Control Research Network, Johns Hopkins University Bloomberg School of Public Health and the Institute for Global Tobacco Control, 2003 - present.

Member, Steering Committee, North American Quitline Consortium, 2002 - present.

Member, Department of Defense Tobacco Reduction Committee, 2003 - present.

Member, Pfizer Pharmaceuticals National Advisory Board on Smoking Cessation

Member, Pfizer Pharmaceuticals Regional Advisory Board on Smoking Cessation

Member, Technical Expert Panel, Evidence Report on Tobacco Use: Prevention, Cessation, and Control. Agency for Healthcare Research and Quality

SRNT representative Global Partnership on Tobacco Treatment

Expert Advisor. Global Report on Tobacco Control. World Health Organization

Member Program Committee, co-chair People Track, 13th World Conference on Tobacco OR Health, 2006.

Member, Association of Schools of Public Health Scholarship, Training, and Education Program for Tobacco Use Prevention Strategic Planning

Awards Received

Certificate of Appreciation, National Institute on Drug Abuse for "Exemplary contributions in the field of tobacco science and in the treatment of tobacco dependence," October, 1986.

National Cancer Institute "Outstanding Contribution to the Extramural Research Programs of the National Cancer Institute," June, 1987.

Public Health Service "Outstanding Service as Scientific Editor of the 1987 Report of the Surgeon General."

Lynn Smith Award for Excellence in Tobacco Control, November, 2001.

SRNT award for "Outstanding Service as President of the Society for Research on Nicotine and Tobacco, 2002 - 2003."

Society for Research on Nicotine and Tobacco, 2005 Distinguished Service Award for serving as Chair, Pre-Meeting Conference, Issues and Opportunities in Global Tobacco Research

Consultant To:

SmithKline Beechum

Medical Works, Inc.

University of Rochester

Robert Wood Johnson Foundation

Thrasher Research Fund

Agency for Health Care Policy and Research

American Lung Association

Vermont Lung Center

Institute for Behavioral Research (Silver Spring, MD)

Midwest Research Institute

National Cancer Institute (Grant Reviewer)

National Cancer Institute (Site Visitor, Chair, Site Visit Team)

National Cancer Institute (Ad hoc member, Board of Scientific Counselors' Subcommittee on Behavioral Medicine, Smoking, and Pain, April, 1982)

National Cancer Institute (Ad hoc Member, Cancer Control Grant Review Committee, October, 1982, February, 1983, June, 1983)

National Cancer Institute, Member, Cancer Control Grant Review Committee, July 1, 1983 - June 30, 1987

National Heart, Lung, and Blood Institute (Proposal Development)

National Heart, Lung, and Blood Institute (Grant Reviewer)

National Heart, Lung, and Blood Institute (Site Visitor)

National Institute on Drug Abuse

National Institute of Dental and Craniofacial Research

North Karelia Project, Finland

Westinghouse Corporation

Manitoba Health Research Council

Control Data Corporation

Group Health, Inc.

Dow Chemical Corporation
American Cancer Society
Small Business Innovation Research Grant Review
State of Pennsylvania
State of Louisiana
State of Nebraska
State of California, Member of Tobacco Use Prevention, Intervention and Cessation Study
Section, Tobacco Related Disease Research Program
Fred Hutchinson Cancer Center
Social Sciences and Humanities Research Council of Canada
American Lung Association, Research Grant Review Committee, 1988 - 1989
Vipont Pharmaceuticals, Inc.
Memphis State University
Key Pharmaceutical
Lederle Pharmaceuticals
Marion Merrell Dow
Worksite Wellness
University of Nebraska
University of Kansas
Phase V
ASSIST
COMMIT
Centers for Disease Control Grant Review
American Society of Addiction Medicine
University of Kansas
Allina Systems
Allina Medical Group
HealthPartners
Blue Cross/Blue Shield of Minnesota
Park Nicollet
Minnesota Department of Health
Hong Kong Council on Smoking or Health
Hartford Hospital
U.S. Army Medical Research and Materiel Command (grant reviewer)
World Health Organization
Pfizer Pharmaceuticals

Journal Review Work

Assistant Editor:

Addiction, 2001 - present

Editorial Board:

Journal of Substance Abuse, 1988 - 1996

Journal of Applied Biobehavioral Research, 1998 - present

Public Health Reports, September/October 2006 issue, Halperin A, Lando H. Guest Editors. Tobacco Control Education and Research Training in Schools of Public Health.

Editorial Consultant:

Journal of Abnormal Psychology

Addiction

Behavior Therapy

British Journal of Addiction

Journal of Consulting and Clinical Psychology

Cognitive Therapy and Research

Journal of the American Medical Association

Journal of Applied Behavior Analysis

Behavioral Assessment

Journal of Research in Personality

Canadian Journal of Behavioral Science

Behavioral Medicine

Health Psychology

Addictive Behaviors

Bulletin of the Society of Psychologists in Substance Abuse

Outcome evaluation for prevention programs: National Institute on Drug Abuse Monograph

The health consequences of smoking: A report of the Surgeon General, 1982, 1989, 1990, 1996, 1997, 2000, 2001

Journal of Behavior Therapy and Experimental Psychiatry

Review and Evaluation of Smoking Cessation Methods: The United States and Canada. 1978 - 1984: National Cancer Institute Monograph

Newsletter editor, Midwestern Behavioral Medicine Society, 1984 - 1986

Division 38, American Psychological Association

Behavior Research Methods, Instruments and Computers

Environmental Health

American Journal of Public Health

Annals of Internal Medicine

Psychological Bulletin

Public Health Reports

Journal of Behavioral Medicine

Tobacco Control

Journal of Applied Social Psychology

American Journal of Health Promotion
American Journal of Preventive Medicine
Preventive Medicine
Annals of Behavioral Medicine
Epidemiology
American Psychiatric Association, Clinical Guidelines for Smoking Cessation
Nicotine & Tobacco Research
Swiss Journal of Psychology
Psychology of Addictive Behaviors
Drug and Alcohol Dependence
Cancer Epidemiology, Biomarkers, and Prevention
Lancet
Ethnicity and Disease
Journal of the National Medical Association
Consulting Editor, Society for Research on Nicotine and Tobacco newsletter, 2000 - 2001
National Medical Journal of India

Publications

- Lando H, Tanck R. Allowing for the orienting response in GSR conditioning. *Psychonomic Science* 1968;13:213-214.
- Lando H. A comparison of excessive and rapid smoking in the modification of chronic smoking behavior. *Journal of Consulting and Clinical Psychology* 1975;43:350-355.
- Lando H. An objective check upon self-reported smoking levels: A preliminary report. *Behavior Therapy* 1975;6:547-549.
- Lando H, Davison G. Cognitive dissonance as a modifier of chronic smoking behavior: A serendipitous finding. *Journal of Consulting and Clinical Psychology* 1975;43:750.
- Hill M, Lando H. Physical attractiveness and sex-role stereotypes in impression formation. *Perceptual and Motor Skills* 1976;43:1251-1255.
- Lando H. A manual for a broad-spectrum behavioral approach to cigarette smoking. *Catalog of Selected Documents in Psychology* 1976;6:113-114.
- Lando H. Aversive conditioning and contingency management in the treatment of smoking. *Journal of Consulting and Clinical Psychology* 1976;44:312.
- Lando H. On being sane in insane places: A supplementary report. *Professional Psychology* 1976;7:47-52.
- Lando H. Self-pacing in eliminating chronic smoking: Serendipity revisited. *Behavior Therapy* 1976;7:634-640.
- Lando H. Sex differences in response to differing patterns of attack. *Personality and Social Psychology Bulletin* 1976;2:286-289.
- Lando H. A programmatic strategy for the elimination of cigarette smoking. *Scandinavian Journal of Behavior Therapy* 1977;6:89 (Supplementum 4).
- Lando H. Aversion therapy. In: Wolman B (Ed.). *International Encyclopedia of Neurology, Psychiatry and Psychoanalysis* 1977;2:267-271.

- Lando H. Successful treatment of smokers with a broad-spectrum behavioral approach. *Journal of Consulting and Clinical Psychology* 1977;45:361-366.
- Lando H. Toward effective long-term strategies in the maintenance of nonsmoking. *Behavior Therapy* 1978;9:666-668.
- Lando H, Johnson-Payne E, Gilbert L, Deutsch C. Sex differences in response to physical and non-physical instigators. *Sex Roles: A Journal of Research* 1977;3:523-535.
- Lando H. Stimulus control, rapid smoking, and contractual management in the maintenance of nonsmoking. *Behavior Therapy* 1978;9:962-963.
- Lando H, Donnerstein E. The effects of a model's success or failure on subsequent aggressive behavior. *Journal of Research in Personality* 1978;1:225-234.
- Lando H, McCullough J. Clinical application of a broad-spectrum behavioral approach to chronic smokers. *Journal of Consulting and Clinical Psychology* 1978;46:1583-1585.
- Lando H. Issues and new directions in multifaceted behavioral smoking intervention programs. In: Schwartz JL (Ed.). *Progress in Smoking Cessation*. New York: American Cancer Society, 1979.
- Lando H. Behavioral self-management for undergraduates: A review of Toward a Self-Managed Life Style. *Contemporary Psychology* 1980;25:142-143.
- Domke J, Lando H, Robinson D. A behavioral weight control program for residence hall students. *Journal of Counseling Psychology* 1981;28:365-368.
- Lando H. Behavioral treatments in the modification of smoking. In: Daitzman RJ (Ed.). *Clinical Behavior Therapy and Behavior Modification*. New York: Garland, 1981.
- Lando H. Effects of preparation, experimenter contact, and a maintained reduction alternative on a broad-spectrum program for eliminating smoking. *Addictive Behaviors* 1981;6:123-133.
- Lando H. A factorial analysis of preparation, aversion, and maintenance in the elimination of smoking. *Addictive Behaviors* 1982;7:143-154.
- Lando H. A revised manual for a broad-spectrum behavioral approach to cigarette smoking. *Catalog of Selected Documents in Psychology* 1982;12:22-23.
- Lando H. Inexpensive methods for recruiting subjects to smoking cessation programs. *Addictive Behaviors* 1982;7:79-81.
- Lando H, McGovern P. Three-year data on a behavioral treatment for smoking: A follow-up note. *Addictive Behaviors* 1982;7:177-181.
- Domke J, Lando H, Robinson D. Efficacy of follow-up booster sessions in treating obesity. *The Behavior Therapist* 1983;6:102, 117.
- Lando H. Data collection and questionnaire design: Smoking cessation in adults. In: Grabowski J, Bell CS (Eds.). *Measurement in the analysis and treatment of smoking behavior*. National Institute on Drug Abuse Research Monograph 48. DHHS Pub. No. (ADM) 83-1285. Washington, DC: Superintendent of Documents, U.S. Government Printing Office, 1983.
- Etringer B, Gregory V, Lando H. The influence of group cohesion on the behavioral treatment of smoking. *Journal of Consulting and Clinical Psychology* 1984;52:1080-1086.
- Lando H. Treatment and prevention of smoking. In: Keller PA (Ed.). *Innovations in Clinical Practice*. Vol. 3. Sarasota, FL: Professional Resource Exchange, 1984.

- Lando H. The social influences approach to smoking prevention and progress toward an integrated smoking elimination strategy: A critical commentary. In: Bell CS, Batties R (Eds.). Prevention research: Deterring drug use among children and adolescents. National Institute on Drug Abuse Research Monograph 63. DHHS Pub. No. (ADM) 85-1334. Rockville, MD: National Institute on Drug Abuse, 1985.
- Lando H, McGovern P. Nicotine fading as a non-risky alternative in a broad-spectrum treatment for eliminating smoking. Addictive Behaviors 1985;10:153-161.
- Glasgow R, Lando H, Rand C. (Eds.). Task Force V: Interventions to prevent relapse. In: Shumaker S, Grunberg N (Eds.). Proceedings of the National Working Conference on Smoking Relapse. Journal of Health Psychology 1986;5(Suppl.):53-68.
- Lando H. Individual approaches to cessation. Proceedings of the Pennsylvania Consensus Conference on Tobacco and Health Priorities, Harrisburg, PA: State of Pennsylvania, 1986.
- Lando H. Long-term modification of chronic smoking behavior: A paradigmatic approach. Bulletin of the Society of Psychologists in Addictive Behaviors 1986;5:5-17.
- Lando H. Lay facilitators as effective smoking cessation counselors. Addictive Behaviors 1987;12:69-72.
- Lando H. Long-term modification of chronic smoking behavior: A paradigmatic approach. In: Aoki M, Hisamichi S, Tominaga S (Eds.). Smoking and Health 1987. New York: Elsevier, 1988.
- Lando H, Kalb E, McGovern P. Behavioral self-help materials as an adjunct to nicotine gum. Addictive Behaviors 1988;13:181-184.
- Lando H. Treatment outcome evaluation methodology in smoking cessation: Strengths and key issues. Advances in Behavior Research and Therapy 1989;11:201-214.
- Lando H, McGovern P, Sipfle C. Public service application of an effective clinic approach to smoking cessation. Health Education Research 1989;4:103-109.
- Vogt T, Lichtenstein E, Ary D, Biglan A, Danielson R, Glasgow R, Hollis J, Hornbrook M, Lando H, Severson H, Stevens V. Integrating tobacco intervention into a health maintenance organization: The TRACC program. Health Education Research 1989;4:125-135.
- Glasgow R, Hollis J, Ary D, Lando H. Employee and organizational factors associated with participation in an incentive-based worksite smoking cessation program. Journal of Behavioral Medicine 1990;13:403-418.
- Lando H, Loken B, Howard-Pitney B, Pechacek T. Community impact of a localized smoking cessation contest. American Journal of Public Health 1990;80:601-603.
- Lando H, McGovern P, Barrios F, Etringer B. Comparative evaluation of American Cancer Society and American Lung Association smoking cessation clinics. American Journal of Public Health 1990;80:554-559.
- Gibbons F, Gerrard M, Lando H, McGovern P. Social comparison and smoking cessation: The role of the "typical smoker." Journal of Experimental Social Psychology 1991;27:239-258.
- Gibbons F, McGovern P, Lando H. Relapse and risk perception among members of a smoking cessation clinic. Health Psychology 1991;1:42-45.
- Glasgow R, Hollis J, McRae S, Lando H, LaChance P. Providing an integrated program of low-intensity tobacco cessation services in an HMO. Health Education Research 1991;6:87-99.

- Hatsukami D, McBride C, Pirie P, Hellerstedt W, Lando H. Effects of nicotine gum on prevalence and severity of withdrawal in women cigarette smokers. *Journal of Substance Abuse* 1991;3:463-476.
- Lando H. Toward a comprehensive strategy for reducing the health burden of tobacco. *British Journal of Addiction* 1991;86:649-652.
- Lando H, Bluhm J, Forster J. The ban on cigarette vending machines in Bloomington, Minnesota. *American Journal of Public Health* 1991;10:1339-1340.
- Lando H, Hellerstedt W, Pirie P, Fruetel J, Huttner P. Results of a long-term community smoking cessation contest. *American Journal of Health Promotion* 1991;5:420-425.
- Lando H, McGovern P. The influence of group cohesion on the behavioral treatment of smoking: A failure to replicate. *Addictive Behaviors* 1991;16:111-121.
- Lando H, McGovern P, Kelder S, Jeffery R, Forster J. Use of carbon monoxide in assessing smoke exposure in a worksite population. *Health Psychology* 1991;10:296-301.
- Lando H, Pirie P, Hellerstedt W, McGovern P. Survey of smoking patterns, attitudes and interest in quitting. *American Journal of Preventive Medicine* 1991;7:18-23.
- Lando H, Pirie P, McGovern P, Pechacek T, Swim J, Loken B. A comparison of self-help approaches to smoking cessation. *Addictive Behaviors* 1991;16:183-193.
- McGovern P, Lando H. Reduced nicotine exposure and abstinence outcome in two nicotine fading methods. *Addictive Behaviors* 1991;16:11-20.
- Pomrehn P, Sciandra R, Shipley R, Lynn W, Lando H. Enhancing resources for smoking cessation through community intervention: COMMIT as a prototype. *International Quarterly of Community Health Education* 1991;11:259-269.
- Johnson K, Lando H. A demonstration of staff support for smoking cessation in four urban Indian health clinics. *IHS Primary Care Provider* 1992;17:200-204.
- Lando H, Hellerstedt W, Pirie P, McGovern P. Brief supportive telephone outreach as a recruitment strategy to smoking cessation. *American Journal of Public Health* 1992;82:41-46.
- Lando H, Johnson K, McGovern P, Graham-Tomasi R, Solberg L. Smoking patterns and interest in quitting in Urban American Indians. *Public Health Reports* 1992;107:340-344.
- McGovern P, Lando H. An assessment of nicotine gum as an adjunct to Freedom From Smoking cessation clinics. *Addictive Behaviors* 1992;17:137-147.
- Pirie P, McBride C, Hellerstedt W, Jeffery R, Hatsukami D, Allen S, Lando H. Smoking cessation in women concerned about weight. *American Journal of Public Health* 1992;82:1238-1243.
- Strickland D, Graves K, Lando H. Smoking status and dietary fats. *Preventive Medicine* 1992;21:228-236.
- Folsom A, Johnson K, Lando H, McGovern P, Solberg L, Ekstrum J. Plasma fibrinogen and other cardiovascular risk factors in urban American Indian smokers. *Ethnicity & Disease* 1993;3:344-350.
- Glasgow R, Lando H, Hollis J, McRae S, La Chance P. A stop-smoking telephone helpline that nobody called. *American Journal of Public Health* 1993;83:252-253.
- Glasgow R, Mullooly J, Vogt T, Stevens V, Lichtenstein E, Hollis J, Lando H, Severson H, Pearson K, Vogt M. Biochemical validation of smoking status: Pros, cons, and data from four low-intensity intervention trials. *Addictive Behaviors* 1993;5:511-527.

- Hatsukami D, Lando H. Nicotine withdrawal therapy and behavioral treatment intervention. *Health Values* 1993;17:32-40.
- Jeffery R, Forster J, Dunn B, French S, McGovern P, Lando H. Effects of work-site health promotion on illness-related absenteeism. *Journal of Occupational Medicine* 1993;35:1142-1146.
- Jeffery R, Forster J, French S, Kelder S, Lando H, McGovern P, Jacobs D, Baxter J. The Healthy Worker Project: A work-site intervention for weight control and smoking cessation. *American Journal of Public Health* 1993;83:395-401.
- Lando H. Formal quit smoking treatments. In: Orleans CT, Slade J (Eds.). *Nicotine Addiction: Principles & Management*, New York: Oxford University Press, 1993:221-244.
- Lando H, Jeffery R, McGovern P, Forster J, Baxter J. Factors influencing participation in worksite smoking cessation and weight loss programs: The Healthy Worker Project. *American Journal of Health Promotion* 1993;8:22-24.
- Lando H, Sorensen G, McBride C. The effects of intensity of staff training on program participation in religious organizations and worksites. *American Journal of Health Promotion* 1993;8:18-21.
- Shah M, French S, Jeffery R, McGovern P, Forster J, Lando H. Correlates of high fat/calorie food intake in a worksite population: The Healthy Worker Project. *Addictive Behaviors* 1993;18:583-594.
- Sorensen G, Lando H, Pechacek T. Promoting smoking cessation at the work place: Results of a randomized controlled intervention study. *Journal of Occupational Medicine* 1993;35:121-126.
- Wagenknecht L, Manolio T, Lewis C, Perkins L, Lando H, Hulley S. Race and education in relation to stopping smoking in the United States: The CARDIA study. *Tobacco Control* 1993;2:286-292.
- Gleason-Comstock J, Lando H, McGovern P, Pirie P, Rooney B. Promotion of worksite smoking policy in two Minnesota communities. *American Journal of Health Promotion* 1994;9:24-27.
- Jeffery R, Kelder S, Forster J, French S, Lando H, Baxter J. Restrictive smoking policies in the workplace: Effects on smoking prevalence and cigarette consumption. *Preventive Medicine* 1994;23:78-82.
- Lando H, Pechacek T, Fruetel J. The Minnesota Heart Health Program community Quit and Win contests. *American Journal of Health Promotion* 1994;9:85-87.
- Lichtenstein E, Lando H, Nothwehr F. Readiness to quit as a predictor of smoking changes in the Minnesota Heart Health Program. *Health Psychology* 1994;13:393-396.
- Luepker R, Murray D, Jacobs D, Mittelmark M, Bracht N, Carlaw R, Crow R, Elmer P, Finnegan J, Folsom A, Grimm R, Hannan P, Jeffery R, Lando H, McGovern P, Mullis R, Perry C, Pechacek T, Pirie P, Sprafka J, Weisbrod R, Blackburn H. Community education for cardiovascular disease prevention: Risk factor changes in the Minnesota Heart Health Program. *American Journal of Public Health* 1994;84:1383-1393.
- McGovern P, Lando H, Roski J, Pirie P, Sprafka J. A comparison of smoking cessation clinic participants with smokers in the general population. *Tobacco Control* 1994;3:329-333.
- Pechacek T, Lando H, Nothwehr F, Lichtenstein E. Quit and Win: A community-wide approach to smoking cessation. *Tobacco Control* 1994;3:236-241.

- Bobo J, Walker R, Lando H, McIlvain H. Enhancing alcohol control with counseling on nicotine dependence: Pilot study findings and treatment implications. In: Fertig J, Allen J (Eds.). Alcohol and Tobacco: From Basic Science to Clinical Practice. NIAAA Research Monograph #30, USDHHS, NIH #95-3931, 1995.
- Gackstetter E, Fiedler E, Hermes C, Lando H. Tobacco use prevalence and attitudes of Air Force recruits. *Journal of Dental Research* 1995;74:261.
- Hennrikus D, Jeffery R, Lando H. The smoking cessation process: Longitudinal observations in a working population. *Preventive Medicine* 1995;24:235-244.
- Lando H, Pechacek T, Pirie P, Murray D, Mittelmark M, Lichtenstein E, Nothwehr F, Gray C. Changes in adult cigarette smoking in the Minnesota Heart Health Program. *American Journal of Public Health* 1995;85:201-208.
- Lando H, Pirie P, Dusich K, Elsen C, Bernards J. Community incorporation of Quit and Win contests in Bloomington, Minnesota. *American Journal of Public Health* 1995;85:263-264.
- Lando H, Sipfle C, McGovern P. A statewide public service smoking cessation clinic. *American Journal of Health Promotion* 1995;10:9-11.
- Nothwehr F, Lando H, Bobo J. Alcohol and tobacco use in the Minnesota Heart Health Program. *Addictive Behaviors* 1995;20:463-470.
- The COMMIT Research Group. Community intervention trial for smoking cessation (COMMIT): I. Cohort results from a four-year community intervention. *American Journal of Public Health* 1995;85:183-192.
- The COMMIT Research Group. Community intervention trial for smoking cessation (COMMIT): II. Changes in adult cigarette smoking prevalence. *American Journal of Public Health* 1995;85:193-200.
- Bobo K, Lando H, Walker R, McIlvain H. Predictors of tobacco quit attempts among recovering alcoholics. *Journal of Substance Abuse* 1996;8:431-444.
- Hennrikus D, Jeffery R, Lando H. Occasional smoking in a working population. *American Journal of Public Health* 1996;86:1260-1266.
- Lando H. Smoking cessation products and programs. *Alaska Medicine* 1996;38:67-70.
- Lando H, Gritz E. Smoking cessation techniques. *Journal of the American Medical Women's Association* 1996;51:31-34,47.
- Lando H, Pirie P, Roski J, McGovern P, Schmid L. Promoting abstinence among relapsed chronic smokers: The effect of telephone support. *American Journal of Public Health* 1996;86:1786-1790.
- Lichtenstein E, Glasgow R, Lando H, Ossip-Klein D. Telephone counseling for smoking cessation: Rationale and review of evidence. *Health Education Research* 1996;11:243-257.
- Oncken C, Hatsukami D, Lupo V, Lando H, Gibeau L, Hansen R. Effect of short-term nicotine gum use in pregnant smokers. *Chemical Pharmacology and Therapeutics* 1996;59:654-661.
- Roski J, Schmid L, Lando H. Long-term associations of helpful and harmful spousal behaviors with smoking cessation. *Addictive Behaviors* 1996;21:173-185.
- The Smoking Cessation Clinical Practice Guideline Panel and Staff. The Agency for Health Care Policy and Research smoking cessation clinical practice guideline. *Journal of the American Medical Association* 1996;275:1270-1280.

- Williams L, Gackstetter G, Fiedler E, Lando H, Hermes C. Prevalence of tobacco use among first-term Air Force personnel before and after basic military training. *Military Medicine* 1996;161:318-323.
- Hirsch A, Treat-Jacobson D, Lando H, Hatsukami D. The role of tobacco cessation, antiplatelet and lipid-lowering therapies in the treatment of peripheral arterial disease. *Vascular Medicine* 1997;2:243-251.
- Johnson K, Lando H, Schmid L, Solberg L. The GAINS Project: Outcome of smoking cessation in four Native American clinics. *Addictive Behaviors* 1997;22:207-218.
- Lando H, Rolnick S, Klevan D, Roski J, Cherney L, Lauger G. Telephone support as an adjunct to transdermal nicotine in smoking cessation. *American Journal of Public Health* 1997;87:1670-1674.
- Pirie P, Rooney B, Pechacek T, Lando H, Schmid L. Incorporating social support into a community-wide smoking cessation contest. *Addictive Behaviors* 1997;22:131-137.
- Rolnick S, Klevan D, Cherney L, Lando H. Nicotine replacement therapy in a group model HMO. *HMO Practice* 1997;11:34-37.
- Bobo J, McIlvain H, Lando H, Walker R, Leed-Kelly A. Effect of smoking cessation counseling on recovery from alcoholism: Findings from a randomized community intervention trial. *Addiction* 1998;93:877-887.
- Clements-Thompson M, Klesges R, Haddock C, Lando H, Talcott G. Relationships between stages of change in cigarette smokers and healthy lifestyle behaviors in a population of young military personnel during forced smoking abstinence. *Journal of Consulting and Clinical Psychology* 1998;66:1005-1011.
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Papers Presented at Professional Meetings

- Lando H. Aversive rapid smoking in the modification of chronic smoking behavior: A preliminary report. Western Psychological Association, 1972.
- Lando H. A comparison of excessive and rapid smoking in the modification of chronic smoking behavior. Midwestern Psychological Association, 1974.
- Lando H. Self-pacing in eliminating chronic smoking: Serendipity revisited? American Psychological Association, 1975.

- Lando H, Johnson-Payne E, Gilbert L, Deutsch C. Sex differences in response to physical and non-physical instigators. American Psychological Association, 1975.
- Hill M, Lando H. Physical attractiveness and sex-role stereotypes in impression formation. Midwestern Psychological Association, 1975.
- Lando H. A research strategy for the maintenance of nonsmoking. Association for Advancement of Behavior Therapy, 1976.
- Donnerstein E, Lando H. The effects of a model's success or failure upon subsequent aggressive behavior. Midwestern Psychological Association, 1976.
- Domke J, Lando H, Robinson D. A behavioral weight loss program for residence hall students. American College Personnel Association, 1977.
- Lando H. A programmatic strategy for the elimination of cigarette smoking. International Congress of Behavior Therapy, 1977.
- Domke J, Lando H, Robinson D. Efficacy of follow-up "booster" sessions in treating obesity. American Psychological Association, 1978.
- Lando H. Successful application of a broad-spectrum behavioral approach to chronic smoking. American Psychological Association, 1978.
- Lando H. Issues and new directions in multifaceted behavioral smoking intervention programs. International Conference on Smoking Cessation, American Cancer Society, 1978 (invited paper).
- Lando H. Strategies in the development and application of effective stop-smoking programs. Southeastern Psychological Association, 1979.
- Lando H. Multi-component approaches to smoking cessation and smoking risk reduction. Association for Behavior Analysis, 1979 (invited address).
- Lando H. Clinical application of a broad-spectrum behavioral treatment for smoking. Fourth World Conference on Smoking and Health, 1979.
- Lando H, Shirley R, Gregory V, McCullough J. Broad-spectrum treatment in eliminating smoking: Preparation, aversion, and maintenance. American Psychological Association, 1979.
- Lando H, Gregory V, McCormack S. A factorial analysis of preparation, aversion, and maintenance in the elimination of smoking. Southeastern Psychological Association, 1980.
- Lando H, McCormack S, McGovern P. Physiological effects of satiation, rapid, and normal smoking. American Psychological Association, 1980.
- Lando H. Current trends in smoking research. Association for the Advancement of Behavior Therapy, 1980 (invited presentation).
- Lando H, Etringer B, McCormack S, Gregory V. A comparison of nicotine fading and satiation in the elimination of smoking. Association for the Advancement of Behavior Therapy, 1981.
- Lando H, McGovern P. A study of Nicorette as an adjunct to smoking cessation using two types of patient aid programs. Conference on Nicotine Chewing Gum, Washington, DC, March, 1982 (invited presentation).
- Lando H. Notes on data collection and questionnaire design: Smoking cessation in adults. Invited paper presented at the Conference, Objective Delineation of Smoking/Tobacco Use Categories, National Cancer Institute, Bethesda, MD, 1982.

- Lando H. Paradigmatic development and application of behavioral treatments for smoking. Paper presented at the symposium on smoking cessation, Fifth World Conference on Smoking and Health, Winnipeg, Canada, July, 1983.
- Lando H, Kalb E. A study of Nicorette as an adjunct to smoking cessation using two types of patient aid programs. Paper presented at the Dow Chemical symposium on nicotine chewing gum, Fifth World Conference on Smoking and Health, Winnipeg, Canada, July, 1983 (invited presentation).
- Lando H. A review of social resistance approaches to the prevention of smoking. Paper presented at the National Institute on Drug Abuse symposium on prevention of smoking, Rockville, MD, April, 1984 (invited presentation).
- Lando H, Kalb E. Nicotine chewing gum as an aid in the treatment of the dependent smoker. Association for the Advancement of Behavior Therapy, 1984.
- Lando H. Individual approaches to the treatment of the heavy smoker. Paper presented at the National Cancer Institute workshop on smoking cessation among heavy smokers, Bethesda, MD, September, 1984 (invited presentation).
- Lando H. Progress in smoking cessation research. Midwestern Behavioral Medicine Society, Ames, IA, January, 1985 (invited address).
- McGovern P, McIntosh J, Lando H. Field application of laboratory validated smoking cessation techniques. Midwestern Behavioral Medicine Society, Ames, IA, January, 1985.
- Lando H. Nicotine and smoking relapse. National Heart, Lung, and Blood Institute Working Conference on Smoking Relapse, Bethesda, MD, July, 1985 (invited discussant).
- Lando H. Successful long-term maintenance of smoking cessation. Presented as part of the symposium entitled Smoking cessation: Predictors of long-term maintenance and late relapse. American Psychological Association, Los Angeles, CA, August, 1985.
- Lando H. Individual approaches to cessation. Pennsylvania Consensus Conference on Tobacco and Health Priorities, Indiana, PA, October, 1985 (invited presentation).
- Gregory V, Etringer B, Lando H. Preventing relapse in smokers: A comparison of treatments. American Psychological Association, August, 1986.
- Lando H. Clinical Interventions. Iowa State University/National Institute on Drug Abuse Consensus Conference on Tobacco, Ames, IA, October, 1986.
- Lando H. Treatment of the heavy smoker. Invited presentation at the conference entitled Toward the year 2000: The role of smoking control in cancer reduction, National Cancer Institute, Bethesda, MD, April, 1987.
- Lando H. Invited workshop chair, research on naturally occurring experiments. National Heart, Lung, and Blood Institute conference entitled Smoking policies in the workplace: Research needs and potential applications, Bethesda, MD, June, 1987.
- Lando H. Symposium Chair, Tobacco as a drug of abuse: Policy implications. American Psychological Association, New York, August, 1987.
- Lando H. APA policy on tobacco. Presented as part of the symposium entitled Tobacco as a drug of abuse: Policy implications. American Psychological Association, New York, August, 1987.
- Lando H. A paradigmatic research approach to smoking cessation. Sixth World Conference on Smoking and Health, Tokyo, Japan, November, 1987.
- Lando H. Development of smoking cessation clinics. International Course on Methods in Smoking Cessation. University of Kuopio, Finland, June, 1988.

- Lando H. Smoking outcome evaluation methodology. Association for Advancement of Behavior Therapy, New York, November, 1988 (invited presentation).
- Hollis JF, Lichtenstein E, Mount K, Stevens VJ, Vogt TM, Lando H, Mullooly J. Practical smoking interventions for an HMO: Minimizing demands on physicians. *Advances in Cancer Control*, March, 1989.
- Lando H, Forster J, Hourigan M, Weigum J. Legislation to eliminate cigarette vending machines in Minnesota. Seventh World Conference on Tobacco and Health, Perth, Western Australia, April, 1990.
- Lando H, McGovern P. A comparison of brand switching and nicotine reduction filters. Seventh World Conference on Tobacco and Health, Perth, Western Australia, April, 1990.
- McGovern P, Kelder S, Lando H. Carbon monoxide assessment of smoke exposure in a worksite population. *Behavioral Medicine*, April, 1990.
- Hollis J, Lichtenstein E, Mount K, Stevens VJ, Vogt TM, Lando H. Team approaches to counseling smokers in medical settings: Minimizing demands on physicians. American Public Health Association, October, 1990.
- Johnson KM, Lando H, McGovern P. The G.A.I.N.S. Intervention, Epidemiology Contributed Papers Poster Session. American Public Health Association Conference, New York, NY, October, 1990.
- Lando H. Helping your dental patients to quit smoking. American Dental Association, October, 1990.
- Lando H. Physical and psychological factors in smoking and smoking cessation. Minnesota Pharmacists Association, January, 1991.
- Lando H. Practical approaches for pharmacists in counseling patients. Minnesota Pharmacists Association, January, 1991.
- Lando H, Johnson KM, McGovern P, Solberg L. Poster session. Smoking patterns and interest in quitting in urban American Indians. First International Conference on Smokeless Tobacco and Health, Columbus, OH, 1991.
- Lando H, Johnson K. Smoking patterns and interest in quitting in urban American Indians. 4th Annual A.I.H.S. Research Conference, April, 1991.
- Lando H. Treatment and Relapse Issues. ALA/ATS International Conference. Session Title: Understanding Cigarette Smoking Addiction, May, 1991.
- Lando H, Hellerstedt W, Pirie P, McGovern P. Telephone outreach intervention for smoking cessation. 8th World Conference on Tobacco OR Health, Buenos Aires, Argentina, 1992.
- Lando H, McGovern P. Nicotine gum as an adjunct to Freedom From Smoking cessation clinics. 8th World Conference on Tobacco OR Health, Buenos Aires, Argentina, 1992.
- Pechacek T, Lando H, Pirie P. Contests promoting community wide smoking cessation: Experience from the Minnesota Heart Health Program (MHHP). 8th World Conference on Tobacco OR Health, Buenos Aires, Argentina, 1992.
- Luepker R, Jacobs D, Murray D, Pirie P, Jeffery R, Perry C, Sprafka M, Finnegan J, Bracht N, Lando H, Folsom A, Mittelmark M, Pechacek T, Mulis R, Blackburn H. Risk factor results from the Minnesota Heart Health Program (MHHP). Presented at the Annual meeting of the Society for Epidemiologic Research, Minneapolis, MN, 1992.
- Lando H. The Tobacco Component of the Minnesota Heart Health Program. International Heart Health Conference, Victoria, British Columbia, Canada, 1992.

- Jeffery R, Forster J, French S, Kelder S, Lando H, McGovern P, Jacobs D, Baxter J. Healthy Worker Project: Results of a two-year randomized trial of worksite intervention for weight control and smoking cessation. Presented at the 13th annual meeting of the Society of Behavioral Medicine, New York, 1992.
- Jeffery R, Forster J, French S, Kelder S, Lando H, McGovern P, Jacobs D, Baxter J. Healthy Worker Project: Results of a two-year randomized trial of worksite intervention for weight control and smoking cessation. Presented at the 2nd International Congress of Behavioral Medicine, Hamburg, Germany, 1992.
- Roski J, Lando H, Pirie P. Implementation, participation response, and participant evaluation of a telephone outreach intervention for smoking cessation clinic participants 3 and 9 months post-smoking cessation clinic treatment. Presented at the 4th Conference for Behavior Modification and Behavioral Medicine, Bonn, Germany, 1993.
- Luepker R, Murray D, Jacobs D, Pirie P, Jeffery R, Perry C, Sprafka J, Finnegan J, Bracht N, Lando H, Folsom A, Mittelmark M, Pechacek T, Mullis R, Blackburn H. Results from the Minnesota Heart Health Program. Presented at the 3rd International Conference on Preventive Cardiology, Oslo, Norway, 1993.
- Lando H, Murray D, Pechacek T, Mittelmark M. Smoking cessation outcomes in the Minnesota Heart Health Program. Presented at the 3rd International Conference on Preventive Cardiology, Oslo, Norway, 1993.
- Lando H. Trends in smoking cessation. Manitoba Heart and Stroke Foundation, Winnipeg, Canada, November, 1993 (invited address).
- Lando H. Smoking cessation: A 25-year perspective. University of Nebraska Medical Center, Omaha, NE, November, 1993 (invited colloquium).
- Klevan D, Rolnick S, Cherney L, Lando H. Patient evaluation of interventions in a nicotine patch study. Presented at the American Society of Addiction Medicine Conference, Atlanta, GA, December 11-14, 1993.
- Rolnick S, Klevan D, Cherney L, Lando H, Roski J. Nicotine patch intervention in an HMO setting. Presented at the Society of Behavioral Medicine Conference, Boston, MA, April 13-16, 1994.
- Bobo J, Walker R, Lando H, McIlvain H. A pilot prospective trial of the feasibility and efficacy of providing smoking cessation counseling during residential alcohol treatment. Presented at the Research Society on Alcoholism meeting, Maui, HI, June, 1994.
- Roski J, Lando H, Pirie P, Schmid L. Natürliche entwicklung des entwohnungsverhaltens über drei jahre in einer prospektiven kohorte von rauchern. Presented at Der Deutschen Arbeitsgemeinschaft für Epidemiologie, Dresden, Germany, September 21-22, 1994.
- Lando H, Pirie P, Roski J, McGovern P. Recycling of chronic smokers to sustained abstinence. Presented at the 9th World Conference on Tobacco and Health, Paris, France, October 10-14, 1994.
- Lando H, Rolnick S, Klevan D, Roski J, Cherney L. Telephone support as an adjunct to a self-managed smoking cessation program with the ProStep nicotine patch. Presented at the 9th World Conference on Tobacco and Health, Paris, France, October 10-14, 1994.
- McBride C, Curry S, Lando H, Pirie P. Project HOPP: Strategies to prevent relapse to smoking for pregnant and postpartum women. Presented at the 9th World Conference on Tobacco and Health, Paris, France, October 10-14, 1994.

- Roemhild H, Werb P, Lando H, Hatsukami D, McGovern P, Allen S. Transdermal nicotine in a corporate smoking cessation clinic. Presented at the 9th World Conference on Tobacco and Health, Paris, France, October 10-14, 1994.
- Hennrikus D, Jeffery R, Lando H. A longitudinal examination of occasional smokers in the workplace. Presented at the 16th Annual Meeting of the Society for Behavioral Medicine, San Diego, CA, March 22-25, 1995.
- Hennrikus D, Lando H, Schmid L. Self-efficacy and relapse after participation in a smoking cessation program. Presented at the 16th Annual Meeting of the Society for Behavioral Medicine, San Diego, CA, March 22-25, 1995.
- McBride C, Curry S, Lando H, Pirie P. Stress, depression and smoking cessation among pregnant women. Presented at the 16th Annual Meeting of the Society for Behavioral Medicine, San Diego, CA, March 22-25, 1995.
- Roski J, Lando H, Pirie P. Associations of stress, social support, and smoking in a longitudinal study of heavy smokers. Presented at the 16th Annual Meeting of the Society for Behavioral Medicine, San Diego, CA, March 22-25, 1995.
- McBride C, Curry S, Lando H, Pirie P. Partner's smoking status and support for smoking cessation during pregnancy. Presented at the Inaugural Scientific Conference of the Society for Research on Nicotine and Tobacco, San Diego, CA, March 24-25, 1995.
- Lando H. Behavioral treatment strategies for nicotine dependence. American Society of Addiction Medicine, Toronto, Ontario, Canada, October 13, 1995 (invited workshop).
- Lando H. Will reducing the nicotine content of tobacco over time facilitate smoking cessation in adults? Workshop on Nicotine Addiction and the Nicotine Content of Tobacco. A collaborative activity of the National Cancer Institute; National Institute on Drug Abuse; National Heart, Lung, and Blood Institute; National Institute of Child Health and Human Development, Bethesda, MD, December 7, 1995 (invited presentation).
- Gates B, Stein R, Klesges R, Haddock C, Talcott G, Lando H. Variations in risk-taking among heavy, light, and non-smoking Air Force basic military trainees. Presented at the 4th International Congress of Behavioral Medicine, Washington, DC, March 13-16, 1996.
- Hellerstedt W, Pirie P, Curry S, Grothaus L, McBride C, Lando H, Roski J. Pregnancy intention and health behaviors. Presented at the 4th International Congress of Behavioral Medicine, Washington, DC, March 13-16, 1996.
- Hennrikus D, Dunn C, Lando H, Roski J, Huebsch M, Vittum K, Foster B. Smoking cessation counseling during the hospital stay. Presented at the 4th International Congress of Behavioral Medicine, Washington, DC, March 13-16, 1996.
- Roski J, Schmid L, Lando H, Pirie P. Should spouses be encouraged to attend a smoking cessation program along with their partner? Presented at the 4th International Congress of Behavioral Medicine, Washington, DC, March 13-16, 1996.
- Schmid L, Lando H, Pirie P, Graham R, Roski J. A new coping behaviors scale predicts later smoking cessation among hard-core smokers. Presented at the 4th International Congress of Behavioral Medicine, Washington, DC, March 13-16, 1996.
- Lando H. Behavioral smoking cessation strategies. Symposium on the Agency for Health Care Policy and Research Smoking Cessation Guidelines. American Psychological Association, Toronto, Ontario, Canada, August, 1996.
- Johnson K, Lando H. Tobacco and alcohol use patterns in urban Native American Smokers. American Public Health Association, New York, November, 1996.

- Lando H. Session moderator. Update on the tobacco industry: Tactics and political actions. American Public Health Association, New York, November, 1996.
- Lee J, Schmid L, Jones-Webb R, McGovern P, Lando H, Jacobs D, Luepker R. Concurrent alcohol and tobacco use among African and European Americans in the Minnesota Heart Survey. American Public Health Association, New York, November, 1996.
- Lando H. Behavioral approaches to smoking cessation. Consortium for Addiction Studies, Minneapolis, MN, March, 1997.
- Johnson K, Lando H. Patterns of alcohol and tobacco consumption in American Indians. U.S. Indian Health Service Conference, Albuquerque, NM, April, 1997.
- Lando H. Keynote speaker. The Agency for Health Care Policy and Research's Clinical Practice Guideline for Smoking Cessation. Biennial Spring Cardiology Conference, Minneapolis Heart Institute Foundation, Bloomington, MN, April, 1997.
- Lando H. Public health approaches to smoking cessation. Breakfast roundtable. Society for Research on Nicotine and Tobacco, Nashville, TN, June, 1997.
- Lando H. New directions in smoking cessation research. 10th World Conference on Tobacco OR Health, Beijing, China, August, 1997.
- Lando H, Hennrikus D. Minimal intervention techniques. American Society of Addiction Medicine, Minneapolis, MN, October, 1997 (invited workshop).
- Lando H. Smoking cessation. Train-the-trainer program: How physicians can influence female patient smoking behavior through clinical practice and community involvement. American College of Obstetricians and Gynecologists and the American Medical Women's Association, Washington, DC, October, 1997 (invited presentation).
- Lando H. The AHCPH guidelines and new directions for smoking intervention. Measures that Matter: Fourth Annual Managed Care to Managed Health Conference, Minneapolis, MN, October, 1997.
- Lando H. Discussant. Symposium: Smoking cessation in the armed forces: The U.S. Air Force/Universities of Memphis/Minnesota Smoking Cessation Program. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- McBride C, Albright J, Curry S, Grothaus L, Pirie P, Lando H. Weight gain, smoking cessation and relapse in pregnancy and postpartum. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- Haddock C, Talcott G, Klesges R, Lando H. Self-initiated harm reduction among smokers. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- Klesges R, Stone E, Clements-Thompson M, Lando H, Haddock C, Talcott G. Smoking cessation in the armed forces: The U.S. Air Force/Universities of Memphis/Minnesota smoking cessation program. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- Klesges R, Zbikowski S, Lando H, Haddock C, Talcott G, Robinson L. The relationship between smoking and body weight in a population of young military personnel. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- Ward K, Klesges R, Haddock C, Talcott G, Lando H. Smoking and weight concerns in an entire population of young adult military recruits. Society of Behavioral Medicine, New Orleans, LA, March, 1998.

- Williamson J, Klesges R, Talcott G, Lando H, Haddock C. Predictors of young adults' attitudes regarding whether HIV infection is an acceptable risk for sex without a condom. Society of Behavioral Medicine, New Orleans, LA, March, 1998.
- Lando H. Keynote presentation: New Developments in Smoking Cessation. Developing a Public/Private Approach to Tobacco Addiction: Kick-Off Conference, Madison, WI, January, 1999.
- Lando H. Adolescent Smoking Cessation in Dental Practices: Research Design and Implementation. National Dental Tobacco-Free Steering Committee. Bethesda, MD, January, 1999 (invited presentation).
- Haddock C, Klesges R, Talcott G, Lando H, Peterson A. Patterns of relapse following a 6-week smoking ban and a brief smoking cessation program. Society of Behavioral Medicine, San Diego, CA, March, 1999.
- Martinson B, Boyle R, Lazovich D, Lando H. Use of incentives to recruit teens for smoking cessation. Society of Behavioral Medicine, San Diego, CA, March, 1999.
- McCarty M, Zander K, Hennrikus D, Lando H. Barriers among nurses to providing smoking cessation advice to inpatients. Society of Behavioral Medicine, San Diego, CA, March, 1999.
- Peterson A, Haddock C, Klesges R, Talcott G, Lando H. Prevalence and predictors of seat belt use among Air Force trainees. Society of Behavioral Medicine, San Diego, CA, March, 1999.
- Sherwood N, Hennrikus D, Jeffery R, Lando H, Murray D. Smokers with multiple behavioral risk factors: How are they different? Society of Behavioral Medicine, San Diego, CA, March, 1999.
- Martinson B, Boyle R, Lazovich D, Lando H. Applying behavioral economics to recruit teens for smoking cessation. Society for Research on Nicotine and Tobacco, San Diego, CA, March, 1999.
- Lando H. Behavioral interventions for smoking cessation. WHO Tobacco Cessation Conference, Rochester, MN, March, 1999 (invited presentation).
- Lando H. Recent developments in psychological and educational programs to promote smoking cessation. ALA/ATS joint symposium: New approaches to smoking cessation: The ALA Quit Smoking Action Plan: Matching pharmacotherapy and behavioral approaches with needs of individual smokers in primary care and subspecialty settings. American Thoracic Society/American Lung Association, San Diego, CA, April, 1999 (invited presentation).
- Lando H. Smoking cessation from A to Z. Air Force Worldwide Prevention Conference: Population Health, The New Millennium, San Antonio, TX, May, 1999 (invited workshop).
- Lando H. New directions in smoking intervention. Fourth Annual Social Cognitions Conference, Fort Myers, FL, November, 1999.
- Lando H. Reflections on thirty years of smoking cessation. Tobacco Addiction: New Horizons for the 21st Century, London, England, November, 1999.
- Halverson S, Treat-Jacobson D, Hatsukami D, Lando H, An L, Arveson P, Hirsch A. A descriptive study of smoking, tobacco addiction, motivation to quit smoking, and quality of life in patients with peripheral arterial disease. American College of Cardiology, Anaheim, CA, March, 2000.
- Lando H. Facilitator for initiation/progression breakout session. Tobacco Use Among Youth Investigators meeting, National Cancer Institute, Lakewood, CO, June, 2000.

- Filice G, Nelson H, Joseph A, Lando H. Differences in tobacco attitudes, experiences, and behaviors among high school students of different ethnic backgrounds. 11th World Conference on Tobacco OR Health, Chicago, IL, August, 2000.
- Joseph A, Muggli M, Lando H, Lockhart K. Promotion of tobacco products to the U.S. military and Asian-Pacific Islander-Americans: Results from the Minnesota document depository. 11th World Conference on Tobacco OR Health, Chicago, IL, August, 2000.
- Nelson H, Olson C, Lando H, Filice G. Success in the center city: The role of youth advocates in communication and coalition building to reduce tobacco use. 11th World Conference on Tobacco OR Health, Chicago, IL, August, 2000.
- Hennrikus D, An L, Boyle R, Pirie P, Lando H. The BEST for baby project: Reducing infants' exposure to environmental tobacco smoke among members of a managed care organization. The Sixth International Congress of Behavioral Medicine, Queensland, Australia, November, 2000.
- Lando H. International dissemination of effective tobacco cessation programs. World Health Organization, Geneva, Switzerland, December, 2000 (invited presentation).
- Lando H. Reflections on 30+ years in the field of smoking cessation. Colloquium presented in the Department of Behavior Sciences, University of Minnesota-Duluth, Duluth, MN, February, 2001.
- An L, Hennrikus D, Ehlinger E, Madamala K, Stanley M, Nagel D, Lando H. Comparison of internet, mail, and telephone surveys to assess tobacco use among college students. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- Haddock C, Klesges R, Lando H, Talcott G, Peterson A. Age and nicotine addiction questionnaires. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- Hennrikus D, Lando H, McCarty M, Vessey J. The effectiveness of a systems approach to smoking cessation among hospital inpatients. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- Joseph A, Mohiuddin A, Rice K, An L, Lando H. Recent quitters' interest in recycling and harm reduction. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- McCarty M, Hennrikus D, Lando H, Vessey J. Nurses' attitudes and beliefs concerning the delivery of brief cessation advice to hospitalized smokers. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- McCarty M, Hennrikus D, Lando H, Vessey J. Predictors of documented smoking cessation advice from nurses. Society for Research on Nicotine and Tobacco, Seattle, WA, March, 2001.
- Lando H. Current effective methods of producing tobacco cessation. World Health Organization, Asia-Pacific Region, Manila, Philippines, May, 2001 (invited presentation).
- Lando H. Reflections on 30 years in the field of tobacco cessation. Invited presentation. School of Public Health, University of Alabama-Birmingham, Birmingham, AL, August, 2001.
- Lee J, Wu R, Jones-Webb R, Lando H, Ando A. Alcohol and tobacco use among undergraduates at Suzhou University in China. American Public Health Association, October, 2001.
- An L, Hennrikus D, De Baker R, Ehlinger E, Lando H. Recruiting college smokers to a web-based smoking cessation resource. Society for Research on Nicotine and Tobacco, Savannah, GA, February, 2002.

- Brue V, Lando H, Hendrickson J. A novel harm reduction technology for resistant smokers. Society for Research on Nicotine and Tobacco, Savannah, GA, February, 2002.
- Lando H. Discussant. The role of dentistry in tobacco use cessation policy, research, and cessation. Symposium presented at the Society for Research on Nicotine and Tobacco, Savannah, GA, February, 2002.
- Roski J, Jeddelloh R, An L, Lando H, Hannan P, Hall C, Zhu S. The impact of financial incentives and a patient registry on health care quality: Targeting smoking cessation clinical practice patterns and patient outcomes. Society for Research on Nicotine and Tobacco, Savannah, GA, February, 2002.
- Xaverius P, Taylor J, Haddock C, Talcott G, Schmidt L, Lando H. Reducing smoking in the military: Methodological and pragmatic issues. Society for Research on Nicotine and Tobacco, Savannah, GA, February, 2002.
- Lando H. Review of smoking prevention research. Public Health Workshop, Tbilisi, Republic of Georgia, March, 2002.
- Lando H. Overview of the purpose and mission of the Society for Research on Nicotine and Tobacco. Youth Tobacco Consortium of the American Academy of Pediatrics, Chicago, IL, April, 2002.
- Lando H. Co-facilitator. Evaluation workshop. The North American Conference on Smoking Cessation Quitlines, Phoenix, AZ, May, 2002.
- Lando H. Discussant. State of the field. The North American Conference on Smoking Cessation Quitlines, Phoenix, AZ, May, 2002.
- Lando H. Review of behavioral approaches to tobacco cessation. World Health Organization conference on global tobacco cessation policy, Moscow, Russian Federation, June, 2002 (invited presentation).
- Lando H, Xaverius P, Haddock C, Poston W, Talcott G, Schmidt L. A comprehensive approach to reducing tobacco use among young adults in the military. Presidents' Symposium: Tobacco use by young adults: Challenges and opportunities for intervention. Society for Research on Nicotine and Tobacco, New Orleans, LA, February, 2003.
- Taylor J, Haddock C, Lando H, Klesges R, Peterson A, Scarinci I. Risk reduction beliefs about smoking. Society for Research on Nicotine and Tobacco, New Orleans, LA, February, 2003.
- Dornelas E, Fischer E, Oncken C, Lando H, Magnavita J. Psychosocial characteristics of low-income pregnant smokers. Society for Research on Nicotine and Tobacco, New Orleans, LA, February, 2003.
- Lando H, Hennrikus D, Lazovich D, Stafne E, Boyle R, Rindal D. Adolescent smoking cessation in dental practices. National Cancer Institute Youth Tobacco Research Meeting, Washington, DC, June, 2003.
- Taylor J, Poston W, Pyle S, Haddock C, Lando H, Talcott G. How well do health care providers document tobacco use? A review of medical and dental charts from the Air Force. 12th World Conference on Tobacco or Health, Helsinki Finland, August, 2003.
- Lando H, Haddock C, Nichter M, Nichter M, Poston W, Parker L, Hatsukami D. Building cessation capacity in India and Indonesia. 12th World Conference on Tobacco or Health, Helsinki, Finland, August, 2003.
- Lando H, Hennrikus D, Robinett J, Reynolds K, Johnson M, Kendall D. Smoking Cessation in Adults with Type 2 Diabetes. 12th World Conference on Tobacco or Health, Helsinki, Finland, August, 2003.

- Borrelli B, Lando H. Global initiatives in tobacco research. Workshop presented at 12th World Conference on Tobacco or Health, Helsinki, Finland, August, 2003.
- Kaufman N, Lando H. Pre-conference workshop on fundamentals of grant writing for researchers from low- and middle-income countries. 12th World Conference on Tobacco or Health, Helsinki, Finland, August, 2003.
- Lando H. Invited plenary presentation. Tobacco control research: Setting the stage. U.S.-Georgia Joint Symposium. US-Georgia Biomedical Collaboration: Past Accomplishments, Current Status and Future Opportunities in the Caucasus, Tbilisi, Georgia, October, 2003.
- Lando H. Global initiatives in tobacco research: Current strategies and future directions. American Public Health Association, San Francisco, CA, November, 2003.
- Lando H, Taylor J, Haddock C, Poston W, Talcott G, Schmidt L. Comprehensive approach to reducing tobacco use among young adults in the military. American Public Health Association, San Francisco, CA, November, 2003.
- Braun B, Fowles J, Kind E, Solberg L, Hennrikus D, Lando H, Pine D. Smoking related attitudes and practices: Physicians, nurses, and medical assistants. National Conference on Tobacco OR Health, Boston, MA, December, 2003.
- An L, Lein E, Bliss R, Pallonen U, Hennrikus D, Farley D, Hertel A, Perry C, Lando H. Loss of autonomy over nicotine use among college social smokers. Society for Research on Nicotine and Tobacco, Phoenix, AZ, February, 2004.
- An L, Pallonen U, Lein E, Bliss R, Hennrikus D, Farley D, Hertel A, Perry C, Lando H. Assessment of smoking motives among college social smokers. Society for Research on Nicotine and Tobacco, Phoenix, AZ, February, 2004.
- Joseph A, Bliss R, Lando H. Spontaneous reduction in number of cigarettes smoked per day among patients with heart disease. Society for Research on Nicotine and Tobacco, Phoenix, AZ, February, 2004.
- Lando H. Global perspective on tobacco and smoking. Invited presentation. Gadjah Mada University, Yogyakarta, Indonesia, June, 2004.
- Robinett J, Anderson R, Reynolds K, Hennrikus D, Lando H, Kendall D. Clinical and behavioral characteristics of individuals with Type 2 diabetes participating in a smoking cessation intervention study. American Diabetes Association, June, 2004.
- Lando H. Chair, Fogarty International Center - Society for Research on Nicotine and Tobacco meeting, Future Directions in Global Tobacco Research. National Institutes of Health, Bethesda, MD, August 4, 2004.
- Smith E, Malone R, Haddock C, Poston W, Taylor J, Lando H. Tobacco industry and the military: Conflict, cooperation, and cooptation. American Public Health Association, Washington, DC, November, 2004.
- Lando H. Global tobacco epidemic: Role of cessation. Invited presentation. Achutha Menon Centre for Health Sciences, Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, India, January, 2005.
- Lando H. Tobacco cessation as a means of reducing the global death toll. Invited presentation. American Heart Association. Second International Conference on women, Heart, Disease & Stroke, Orlando, FL, February, 2005.

- Franks S, Lando H. Session Moderators. Are nonpharmacological approaches in cardiovascular medicine equally feasible and effective in both sexes? American Heart Association. Second International Conference on women, Heart, Disease & Stroke, Orlando, FL, February, 2005.
- Lando H. Invited Discussant, National Institute on Drug Abuse, Developing a Research Agenda to Improve the Impact of Tobacco Use Quitlines, Rockville, MD, February, 2005.
- Lando H. Pre-conference chair. Issues and Opportunities for Global Tobacco Research, Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Maziak W, Wipfl H, Bachir E, Israel R, Lando H, Samet J. Research assistance matching (RAM) project. Pre-meeting conference, Issues and Opportunities in Global Tobacco Research. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Mohan S, Kunar P, Thresia C, Thankappan K, Poston W, Pinston M, Muramoto M, Nichter M, Nichter M, Lando H. Prevalence and patterns of smoking among health professionals in Kerala, India. Pre-meeting conference, Issues and Opportunities in Global Tobacco Research. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Haddock C, Pyle S, Lando H, Klesges R, Vander Weg M, Peterson A. The Pierce Susceptibility Questionnaire and its usefulness for United States Air Force recruits. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Joseph A, Hecht S, Murphy S, Gross M, Lando H, Bliss R, Le C, Hatsukami D. A randomized controlled trial of smoking reduction in heart disease patients. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Oncken C, Cooney J, Lando H, Feinn R, Kranzler H. Transdermal nicotine for smoking cessation in postmenopausal women. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Prabandari Y, Padmawati S, Ng N, Nichter M, Nichter M, Lando H. Cigarette advertisements in Yogyakarta, Indonesia: Challenge for tobacco control. Society for Research on Nicotine and Tobacco, Prague, Czech Republic, March, 2005.
- Lando H. Invited synthesis. Second University of Southern California East-West Conference on Tobacco and Alcohol: Culture, Environment, and Genes, Pasadena, CA, April, 2005.
- Morasco B, Dornelas E, Fischer E, Oncken C, Lando H. Spontaneous smoking cessation during pregnancy among ethnic minority women: A pilot study. Society of Behavioral Medicine, Boston, MA, April, 2005.
- Lando H. Case Studies of Schools of Public Health that have Impacted Policy in the Area of Tobacco Control. Invited Plenary Session. OSI Seminar on Public Health Education Varna, Bulgaria, June, 2005.
- Lando H, Haddock CK, Crawford R, Bray R. California active duty tobacco use. Invited panel discussion for the Priority Populations (Special Studies) Press Conference and Summit, Tobacco Control Section, Cancer Control Branch, Division of Chronic Disease and Injury Control, California Department of Health Services, Sacramento, CA, September, 2005.
- Lando H. Smoking as a chronic relapsing condition and challenges in maintaining abstinence. Invited presentation. Tobacco Control in Minnesota: What works? Minnesota Partnership for Action Against Tobacco, September, 2005.

- Mohan S, Pradeepkumar A, Thresia C, Thankappan K, Poston C, Haddock K, Pinkston M, Muramoto M, Nichter M, Nichter M, Lando H. Tobacco use among medical professionals in Kerala, India: The need for enhanced tobacco cessation and control efforts. The 37th Annual Conference of the Asia-Pacific Academic Consortium for Public Health, Taipei, Taiwan, November, 2005.
- Lando H. Reducing the global burden of tobacco: India, Indonesia and beyond. Invited presentation. Alaska Native statewide tobacco conference, Anchorage, AK, February, 2006.
- Lando H. Recommendations for reducing the global burden of tobacco. Invited presentation. Centers for Disease Control and Prevention, Office on Smoking and Health, March, 2006.
- Lando H. Treatments to quit smoking: New drugs and anti-smoking support groups. 2nd Latin American Conference on Lung Cancer, Cancun, Mexico, April, 2006.
- Hellerstedt SL, Hennrikus D, Pirie P, Lando H, Dunn C. Pregnancy feelings and attitudes: Are they associated with attitudes about perinatal smoking? American Public Health Association 134th Annual Meeting, Boston MA, November 7, 2006.
- Hennrikus D, Tiede L, Hilgers D, Madsen RJ, Lando H. Feasibility of promoting smoking cessation in small worksites: An exploratory study. American Public Health Association 134th Annual Meeting, Boston MA, November 7, 2006.
- Mohan S, Pradeepkumar AS, Thresia CU, Thankappan KR, Haddock CK, Lando HA. Patient Perceptions of Physician Tobacco Interventions in Kerala, India: Findings from Outpatient Exit Interviews. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Mohan S, Pradeepkumar AS, Thresia CU, Thankappan KR, Haddock CK, Lando HA. Tobacco Use among Medical Professionals in Kerala, India: The Need for Enhanced Tobacco Cessation and Control Efforts. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Mohan S, Thankappan KR, Pradeepkumar AS, Thresia CU, Muramoto ML, Haddock CK, Lando HA. Need for Incorporating Tobacco Education into Indian Medical School Curriculum for Effective Tobacco Control. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Ng N, Prabandari YS, Padmawati RS, Haddock CK, Nichter M, Lando H. Motivating patients to attend smoking cessation sessions: Experiences from a randomized trial in Indonesia. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Pradeepkumar AS, Mohan S, Thresia CU, Thankappan KR, Nichter M, Nichter M, Haddock CK, Lando H. Physicians' approach toward tobacco cessation in Kerala, India. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Thankappan KR, Thresia CU, Pradeepkumar AS, Mohan S, Haddock CK, Nichter M, Lando H. Feasibility of Tobacco Cessation Intervention in the Clinical Settings: A Pilot Study in the Diabetic Clinic of Medical College Trivandrum, India. 13th World Conference on Tobacco OR Health, Washington DC, July 12-15, 2006.
- Fan D, Harwood E, Lando H, Ernste T. Why web surveys work: Insights from "essay surveys" designed to reveal rare ideas held by the public. Midwest Association for Public Opinion Research Conference, Chicago IL, November 17-18, 2006.

Taylor J, Poston WSC, Haddock CK, Jitnarin N, Booth K, Berkel L, Hoffman K, Peterson A, Lando H. Eating disordered behaviors among active duty military members. Ninth International Congress of Behavioral Medicine, Bangkok, Thailand, November 29-December 2, 2006.

Mohan S, Thankappan KR, Pradeepkumar AS, Thresia CU, Muramoto ML, Lando HA. Tobacco education in Indian medical school training: baseline survey findings. Society for Research on Nicotine and Tobacco (SRNT), 13th Annual Meeting, 2007, Austin TX, February 21-24, 2007.

Hennrikus D, Pirie P, Steele J, Dunn C, Hellerstedt W, Lando H. Mobilizing social support for smoking cessation during pregnancy. The Society of Behavioral Medicine's 28th Annual Meeting and Scientific Sessions, Washington DC, March 22, 2007.

Grants Received

Lando H. Research on the elimination of chronic smoking. Summer Research Salary Grant, Iowa State University, \$500 (6/76)

Lando H. Research on the elimination of chronic smoking. Foreign travel grant to present a paper at the International Congress of Behavior Therapy, Uppsala, Sweden, Iowa State University, \$665 (8/77)

Lando H. Long-term elimination of chronic smoking behavior. National Cancer Institute, Department of Health, Education, and Welfare, Grant #R01 CA22102, \$99,924 (9/77 - 8/79)

Lando H. Long-term elimination of chronic smoking behavior. National Institute on Drug Abuse, Department of Health, Education, and Welfare, Grant #R01 DA02358, \$128,827 (9/79 - 8/81)

Lando H. A study of Nicorette as an adjunct to smoking cessation using two types of patient aid programs. Dow Chemical Corporation, \$42,097 (5/82 - 8/83)

Lando H. Long-term modification of chronic smoking behavior. American Lung Association of Iowa, \$49,500 (9/81 - 6/86)

Lando H. Long-term modification of chronic smoking behavior. Iowa State University Graduate Assistantship Support, \$13,724 (9/81 - 8/82)

Lando H. Long-term modification of chronic smoking behavior. American Cancer Society, Grant #PBR-7, \$136,286 (1/84 - 12/85)

Lando H. An assessment of the "Phaseout" smoking cessation program. Patient Monitoring systems (subsidiary of Dow Chemical Corporation), \$20,950 (4/84 - 3/85)

Lando H. Long-term modification of chronic smoking behavior. American Heart Association of Iowa, \$5,850 (8/84 - 7/85)

Lando H. A study of Nicorette as an adjunct to the American Lung Association clinic smoking cessation program. Dow Chemical Corporation, \$48,945 (9/84 - 8/86)

Lando H. Social learning analysis of smoking cessation clinics. National Institute on Drug Abuse, Department of Health and Human Services, Grant #R01 DA03950, \$469,788 (7/85 - 6/88)

(co-investigator) Koehler K. Parametric survival analysis for smoking cessation data. National Cancer Institute, Grant #R03 CA44020, \$35,000 (9/86 - 8/87)

- (co-investigator) Spoth R. Applying a cost-effective community self-health model to teen pregnancy, eating disorders, and general health risk reduction. Mid-Iowa Health Foundation, \$40,000 (1/86 - 12/87)
- Lando H. Long-term modification of chronic smoking behavior. American Cancer Society, Grant #PBR-7B, \$72,196 (1/86 - 12/86)
- Lando H. Public service smoking cessation programs. American Lung Association of Iowa, \$17,500 (7/86 - 6/87)
- Lando H. Consensus Conference on Tobacco, Ames, Iowa. Merrell Dow Pharmaceuticals. Conference support, \$5,000.
- Lando H. Social learning analysis of smoking cessation clinics. National Institute on Drug Abuse, Department of Health and Human Services, Grant #R01 DA03950, supplemental award, \$55,296 (2/87 - 6/87)
- (co-investigator) Wallace R. Community intervention trial for smoking cessation. National Cancer Institute. Approximately \$3.2 million in total funding for the period 9/30/86 - 3/31/95.
- (co-investigator) Vogt T. Tobacco reduction in an HMO: A model for cancer control. National Cancer Institute, Grant #P01 CA44648, approximate award \$8.8 million (5/1/87 - 4/30/91)
- (co-investigator) Aikman L. Nicotine Faders: Improved method for quitting cigarettes. National Institute on Drug Abuse, Grant #R43 DA04571, \$49,996 (10/87 - 3/88)
- (co-investigator) Blackburn H. Minnesota Heart Health Program. Grant #R01 HL25523, \$4,358,567 (7/1/88 - 6/30/89)
- (co-investigator) Jeffery R. Worksite Health Incentives Program. Grant #R18 HL34740, \$589,533.00 (4/1/87 - 9/30/91)
- (co-investigator) Hatsukami D. Treatment of Smokeless Tobacco Users. Grant #R01 DA05013, \$479,988 (10/1/89 - 8/31/91)
- (co-investigator) Johnson K. Smoking Cessation Strategies for Minorities. Grant #R01 HL43615, \$762,759 (9/1/89 - 8/31/92)
- (co-investigator) Flack J. Study of Coronary Heart Disease Risk Factors in Young Adults (CARDIA). Grant #N01 HV487048, \$3,031,139 (2/89 - 11/93)
- (co-investigator) Luepker R. Minnesota Heart Health Program. Grant #2-R01 HL25523, \$2,211,344 (7/1/90 - 6/30/93)
- (co-investigator) Hatsukami D. Treatment of Smokeless Tobacco Users. Grant #R01 DA05013, \$245,660 (4/1/92 - 3/31/95)
- Lando H. Recycling of Chronic Smokers to Sustained Abstinence. Grant #R01 HL44992-01, \$727,577 (7/1/90 - 6/30/95)
- Lando H. (Principal Investigator of Minnesota Site) Relapse Prevention Following Prenatal Smoking Cessation. Grant #1-R01 HL48121, \$2,199,971 (6/1/92 - 5/31/97)
- (co-investigator) Jeffery R. Improving Participation in Worksite Smoking Programs. Grant #1-R01 HL52909, \$2,768,600 (4/1/95 - 3/31/99)
- (co-investigator) Klesges R. A Population-Wide Smoking Cessation/Prevention Program. Grant #1-R01 HL53478, \$1,984,103 (2/1/95 - 1/30/98)
- Lando H. Promoting Smoking Cessation in Hospital Patients. Grant #1-R18 HL54132, \$2,500,712 (5/1/96 - 4/30/00)

(co-investigator) Lazovich D. Smoking Prevention and Cessation Among Older Adolescents. Grant #R01 CA74536, \$663,094 (5/1/97 - 4/30/01)

Lando H. Adolescent Smoking Cessation in Dental Practices. Grant #R01 DE12677-01, \$1,659,552 (1/1/98 - 12/31/01)

(co-investigator) Martinson B. Use of Incentives to Recruit Teens for Smoking Cessation. Grant #R03 CA78183 (5/1/98 - 11/30/98)

(co-principal investigator) Klesges R. A Comprehensive Tobacco Control Program. Grant #R01 HL55347, \$1,961,000 (2/1/99 - 1/31/02)

(co-investigator) Jeffery R. Theory-Based Interventions for Smoking and Obesity. Grant #R01 NS38441, \$1,785,529 (1/1/99 - 12/31/02)

(co-investigator) Hatsukami D. Tobacco Exposure Reduction, National Institute on Drug Abuse, approximately \$7.5 million (9/30/99 - 9/29/04)

Lando H. (Principal Investigator shared with Deborah Hennrikus) Smoking Cessation in Adults with Type 2 Diabetes, Minnesota Partnership for Action Against Tobacco, \$449,619 (10/1/00 - 9/30/04)

Lando H. A Model DoD Systems Approach for Tobacco Cessation, U.S. Army, \$2,714,350 (10/1/00 - 10/31/07)

(co-investigator) An Larry. A Web-Based Expert System to Reduce College Tobacco Use, Minnesota Partnership for Action Against Tobacco, \$477,927 (5/1/02 - 5/31/05)

Lando H. Cessation Research and Training in India and Indonesia, Fogarty International Center, \$1,775,000 (7/1/02 - 6/30/07)

(co-investigator) Muramoto M. Community-Based Training Model for Tobacco Cessation, National Cancer Institute, approximately \$3.8 million (9/26/02 - 8/31/07)

(co-investigator) al' Absi M. Psychobiological Mechanisms of Stress and Smoking, National Institute on Drug Abuse (1/1/04 - 12/31/07)

Lando H. Reducing Tobacco Harm in Minnesota Vietnamese, Minnesota Partnership for Action Against Tobacco \$112,000 (7/1/04 - 12/31/05)

(co-investigator) Hatsukami D. Tobacco Exposure Reduction, National Institute on Drug Abuse, \$1,299,570 annual budget (9/30/04 - 9/29/09)

(co-investigator) Malone R. Tobacco Industry Influence on the US Military, National Cancer Institute (8/12/04 - 6/30/09)

(co-investigator) Hennrikus D. A County-Wide Approach to Worksite Smoking Cessation, Minnesota Partnership for Action Against Tobacco (7/15/04 - 12/31/05)

(co-investigator) Hennrikus D. The Influence of Health Confidantes on Smoking and Environmental Tobacco Smoke Exposure in Pregnancy and Postpartum, Robert Wood Johnson Foundation (9/1/04 - 8/31/06)

Lando H. Smoking Cessation in Patients with Peripheral Artery Disease. Minnesota Partnership for Action Against Tobacco (9/1/05 - 8/31/08)